

**Letter of Medical Necessity**

**Date:** \_\_\_\_\_  
**To:** \_\_\_\_\_  
**From:** \_\_\_\_\_

**Subject: Request for coverage of Kate Farms® Glucose Support 1.2 Vanilla**

I am requesting insurance coverage and reimbursement for my patient, \_\_\_\_\_, \_\_\_\_\_, for whom I have prescribed the use of Kate Farms® Glucose Support 1.2. Based on this patient’s clinical history, and diagnosis of \_\_\_\_\_, I have determined that the formula indicated above is medically necessary.

My patient’s current measurements are:

Weight: \_\_\_\_\_  
Height: \_\_\_\_\_  
BMI/BMI Percentile: \_\_\_\_\_  
Weight History:

---

Pertinent Labs and/or Medications (if applicable):

---

The potential health of this patient will decline if this formula is not covered and could result in

---

The unique formulation of Kate Farms® Glucose Support 1.2 may be the *sole source of nutrition or supplemental* for this patient to be taken orally or via a feeding tube.

Kate Farms® Glucose Support 1.2 contains a plant-based protein, a unique blend of soluble and insoluble fibers, and carbohydrates designed to help support blood sugar management as part of a balanced diet. Kate Farms® Glucose Support 1.2 provides a balanced macronutrient profile and has a low glycemic index. This product has been designed to provide nutritional support for patients with glucose intolerance and/or need for lower carbohydrate

diets compared to standard formulas. Glucose Support 1.2 has a glycemic index of 18 +/- 2, which is in the “low” range. The formula has naturally occurring arginine, providing 5.6g/L; Arginine is known to support nutritional needs of those with wounds. Kate Farms® Glucose Support 1.2 contains organic agave inulin as a source of prebiotic fiber for gut microbiome support. The formula is recognized by the Centers for Medicare and Medicaid Services (CMS) as “Enteral formula, nutritionally complete, for special metabolic needs, excludes inherited disease of metabolism, includes altered composition of proteins, fats, carbohydrates, vitamins and/or minerals, may include fiber, administered through an enteral feeding tube, 100 calories = 1 unit” found in the HCPCS Category B4154.

Clinical malnutrition is becoming a growing problem in our country, and more than 50% of those adults who are hospitalized are estimated to be malnourished.<sup>1</sup> Estimations for pediatric malnutrition have been reported to be between 6-51%. It is known that with the diagnosis of malnutrition in pediatric patients, comes a three-fold increase in overall hospital cost. With malnutrition comes a two-and-a-half time increase in hospital length of stay, increase in comorbidities, and 3.5-fold increase in home care needs following discharge.<sup>2</sup>

Since Kate Farms® Glucose Support 1.2 can be taken orally or via a feeding tube, it can support the nutrition of patients with malnutrition and chronic conditions and may help decrease overall health care costs. Literature on the use of nutritional supplements in adult hospitalized patients has displayed an overall decrease in readmission (6.7%), overall episode cost (21.6% decrease), and in length of stay (21% decrease).<sup>3</sup>

In addition to the above, to date, my patient has *failed* to tolerate other products including: \_\_\_\_\_ as evidenced by:

- Failure to meet weight gain goals
- Nausea and/or vomiting
- Diarrhea
- Constipation
- Heartburn/GERD
- Excessive gas and/or bloating
- Abdominal pain/cramps
- Increased mucus production
- Early Satiety
- Hyperglycemia or uncontrolled blood glucose
- Abnormal Labs
- Add additional symptoms, if applicable: \_\_\_\_\_
- Add additional symptoms, if applicable: \_\_\_\_\_

The composition of Kate Farms® Glucose Support 1.2 is made without the top 9 allergens including milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soybeans, and sesame and is gluten free. Kate Farms medical products contain all nine essential amino acids from pea protein with additional L-Cysteine and L-Tryptophan to provide a Protein Digestibility Corrected Amino Acid Score (PDCAAS) of 1.0. The formula includes organic ingredients as well as an organic phytonutrient blend designed to improve markers of oxidative stress in adults.<sup>4</sup>

For the above-outlined medical reasons, I am prescribing the following:

- Kate Farms®** Glucose Support 1.2 Vanilla

Based on my patient's current medical condition, I am prescribing \_\_\_\_\_ calories or \_\_\_\_\_ ounces per day, which equates to \_\_\_\_\_% of daily caloric needs. This equates to \_\_\_\_\_ Tetra pack cartons daily.

Your approval of this request for assistance with medical care and reimbursement of the formula would have a significant positive impact on this patient's nutrition.

Sincerely,

---

*Signature of prescribing provider*

---

*Date*

---

*Printed Name of prescribing provider*

---

*Title*

---

*Title – Center/Hospital/Institution/Practice*

Encouraged Enclosures to be attached: Current Growth Chart, Letter of Dictation, Reports, Prescriptions, etc.

*Kate Farms, Inc. is providing this template to assist medical providers in communicating with insurance companies when a medical provider determines that Kate Farms' products should be part of a patient's care. Kate Farms, Inc. does not evaluate individual patients and does not participate in the determination of what constitutes proper care. Health Care providers should evaluate each of their patients to determine the best treatment plan for the patient's condition, which may include prescribing Kate Farms' products.*

- 1 Robinson, MK., Trujillo, EB., Mogensen, KM., Rounds, J., McManus K., Jacobs, DO. (2003). Improving nutritional screening of hospitalized patients: the role of prealbumin. *Journal of Parenteral and Enteral Nutrition*;27(6):389-395.
- 2 Abdelhadi, R., Bouma, S., Bairdain, S., Wolff, J., Legro, A., et al. (2016). Characteristics of Hospitalized Children with a Diagnosis of Malnutrition. *J Parenteral and Enteral Nutr*;40(5):623-635.
- 3 Bauer, JD., Isenring, E., Torma, J., Horsely, P., Martineau, J. (2007). Nutritional Status of patients who have fallen in an acute care setting. *J Human Nutrition and Dietetics*;20(6):558-564.
- 4 Nemzer, B., Chang, T., Xie, Z., Pietrzkowski, Z., Reyes, T., & Ou, B. (2014). Decrease of free radical concentrations in humans following

consumption of a high antioxidant capacity natural product. *Food Science & Nutrition*, 2(6), 647–654. <http://doi.org/10.1002/fsn3.146>