



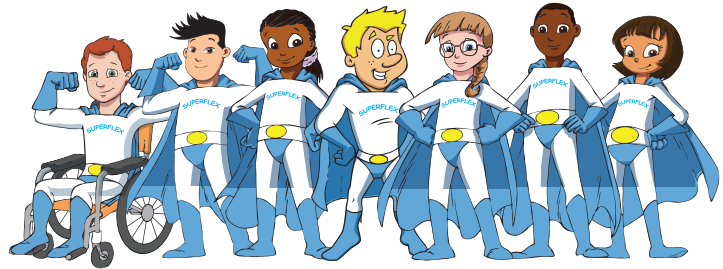
Superflex is Me!

I am Superflex



(your name)

You may have heard of Superheroes who can fly, freeze, or become invisible! But have you heard about being able to become one yourself? It's true! You can transform yourself into a social Superflex hero! We all have Superflexible powers inside, but we must learn how to use them.



The Superflex Academy is where you can learn to be a Super Observer—even better than x-ray vision! You will learn to think about others and notice what is happening around you. You will also develop the power to use strategies to help you stay calm and focused during most difficult moments!

All these superpowers will take some learning, practicing, and hard (but fun) work. Together, with your team (your family, teachers, and friends), you can do it!

We always like to start with knowing which flexible powers you already have. Please write one or more ways that you are already using flexible thinking.

1.

2.

3.

