

# Superflex Academy

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Here at the Superflex Academy  
We're working on a super set of strategies.  
When you train your brain to do  
what's expected  
Your body will follow and stay connected.

Let's start thinking about what you can do.  
Superflex your brain, the power's in you.

Listen with your body  
Think with your eyes  
Calm yourself  
Strategize.

Share your thoughts  
Ask some questions,  
Learn to give  
And take suggestions.

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A people file is your memory,  
Organize your thoughts  
Of who and what you'll see.

Think about others  
They'll think about you,  
A Superflex strategy  
To help you through.

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