

Social Smarts and Science Smarts

We all have many different types of intelligences or “smarts” in our brains. At school and home we spend a lot of time building up our **science smarts** - which is a good thing. But did you know that there are other **smarts** that are just as important? **Social smarts** are something we've all got to work on building, but sometimes we don't pay enough attention to how we can learn them.

It feels good to all of us to know information about the world (**science smarts**), but figuring out how to share that information with other people involves our **social smarts**!

Here are a few examples of the difference between the two types of smarts. We've started the list but there are so many more. What other things can you think of that involve your science smarts or your social smarts?

Science Smarts	Social Smarts
<ol style="list-style-type: none"> 1. Learning to use or program a computer 2. Playing video games 3. Learning more about Math 4. Learning all about Science: evolution, biology, physics, etc 5. Remembering information about how things work. 6. Figuring out new ways to create things 7. 8. 9. 10. 11. 12. 	<ol style="list-style-type: none"> 1. Figuring out how someone thinks or feels. 2. Figuring out how you think or feel. 3. Making guesses about what people are doing 4. Figuring out how you are supposed to behave 5. Apologizing when people may have thought you did something wrong. 6. Knowing how to stay calm in a difficult situation. 7. Figuring out what people are planning to do 8. 10. 11. 12.

Your job is to continue to build BOTH your **science** and **social** smarts at home and school!

For Discussion: How could you use **social smarts** in the following places?

1. At dinner with your family.
2. In the car driving with your family or others.
3. Sitting in a classroom at school.
4. Walking in the halls.
5. Playing or hanging out with someone during recess or lunch?