Sign up for myoRRS

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- See an overview of your pension
- Use the Retirement Planner tool
- Change your survivor information
- Review or update your contact details
- Go paperless to receive electronic communications
- And more!





Register for an account. All you need is your email address or phone number and date of birth.



Use a personal email address rather than a work email so that you still receive updates from OMERS once you retire.

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Call us at +1 416.369.2444 or toll-free at +1 800.387.0813 Monday to Friday, 8 a.m. to 5 p.m. ET





Watch this video on how to register