

# Day 8

## #FaceTheNumbers with Tally - My Spending Habits

After printing out your credit card and bank statements, sort each expense as either “essential” or “non-essential.” Then note if it was a one-time or recurring expense.



Essential Expense Does it fulfill a basic need?	Type One-time or recurring expense	Non-Essential Expense Does it bring you joy?	Type One-time or recurring expense