

YOUR STEP UP

MY GOAL FOR THE YEAR

**3 THINGS I'M EXCITED
ABOUT**

1. _____

2. _____

3. _____

**3 THINGS I'M WORRIED
ABOUT**

1. _____

2. _____

3. _____

**QUESTIONS I HAVE
BEFORE STEP UP**

TOP TIPS!!

- BE YOURSELF AND BE FRIENDLY
- TRY NEW THINGS AND TAKE EVERY OPPORTUNITY
- BE ORGANISED
- DON'T BE AFRAID TO ASK QUESTIONS

EMOTIONS I FEEL...