

10 TOP TIPS

FOR STARTING SECONDARY SCHOOL

1. BE ORGANISED WITH HOMEWORK

MAKE A PLAN OF WHEN YOU ARE GOING TO GET EACH SUBJECT'S HOMEWORK DONE, AND WHERE POSSIBLE GET IT DONE THE NIGHT IT'S SET!

2. BE ORGANISED WITH EQUIPMENT

STICK A COPY OF YOUR TIMETABLE ON THE FRIDGE - ORGANISE UNIFORM & BAG THE NIGHT BEFORE - PLAN AHEAD FOR THE DAYS YOU NEED PE KIT OR SPECIAL EQUIPMENT

3. EVERYONE IS NERVOUS

REMEMBER THAT EVERYONE IS IN THE SAME POSITION AND WANTS TO MAKE FRIENDS TOO - BE KIND TO EVERYONE - THERE ARE NO SILLY QUESTIONS BECAUSE EVERYONE IS PROBABLY THINKING THEM.

4. MEET NEW PEOPLE

TALK TO LOTS OF DIFFERENT PEOPLE - MEET NEW PEOPLE AND DON'T STICK WITH PEOPLE YOU KNOW - JOIN CLUBS - FIND PEOPLE WITH SIMILAR INTERESTS AND HOBBIES

5. LEARN THE RULES

FIND OUT THE SCHOOL RULES ON PHONES, UNIFORM, BAGS ETC. - MAKE SURE YOU STICK TO THE RULES - ASK IF YOU ARE UNSURE



6. STAY INFORMED

CHECK THE SCHOOL WEBSITE - CHECK SOCIAL MEDIA - JOIN VIRTUAL TRANSITION DAY - KEEP UP TO DATE

7. COMMUNICATE

ASK QUESTIONS IF YOU ARE CONFUSED OR UNSURE - REMEMBER THAT ALL THE ADULTS WANT TO HELP YOU - SHARE WITH PARENTS OR TEACHERS IF YOU ARE STRUGGLING

8. LOOK AFTER YOURSELF

MAKE SURE TO GET ENOUGH SLEEP - EAT BREAKFAST BEFORE SCHOOL - TALK TO PEOPLE ABOUT HOW YOU ARE FINDING SCHOOL - FIND WAYS TO RELAX AND UNWIND

9. KEEP GOING

IT MIGHT FEEL HARD TO START WITH BUT KEEP GOING - IT'S OKAY TO GET LOST AND GET THINGS WRONG - IT WILL GET EASIER AS YOU GET USED TO IT - THIS IS A GREAT OPPORTUNITY TO LEARN AND GROW

10. ENJOY IT!

BE CONFIDENT - BE YOURSELF - ENJOY IT!

