

# ON YOUR MARKS



Teacher guide



# Introduction

**This workshop is the first in a series of 3 workshops, which provide year 6 students with an opportunity to think through the excitements and worries of the transition process, and prepare them with helpful tools for the coming year.**

This video is 20 minutes long, with opportunities to pause the video and complete activities. Each student will need a pencil and a copy of the On Your Marks booklet (page x). Activities are designed to be done in small groups of 4-6 students. Due to current circumstances, we understand that this may not be possible so have offered alternative suggestions throughout.

## Activity 1: How do you feel?

A number of questions will appear on the screen and children can hold up a number of fingers to indicate how they feel about each issue.

- 1 - Extremely worried
- 2 - A Bit worried
- 3 - Both / not sure
- 4 - A bit excited
- 5 - Extremely excited

For each question, once the children have held up their fingers, you can pause the video and ask a few people why they have chosen the number they have.

## The 3 Rs

When the screen appears with the "Three things to grow in this year", pause the video and give children the opportunity to write them down on the first page of their booklet.



# Activity 2: You've got Talent

This can either be done on tables in groups, or as a whole class, and can be done without and speaking. If done in groups, each group will have to pick someone to go first. If done as a class, select 2 or 3 people to ensure everyone has a turn. Have children turn to page 2 of their booklet, and write talents in or around the person outline.

When the first talent – singing – appears on screen, the first people selected can decide to write it down themselves if they are good at it, or point at someone else, who can write it down. Any children who is not pointed at can also add it if they believe they have that talent.

The turn then moves to the next person around the group / classroom for the next talent. The video can be paused at each talent to give children time to write it down. At the end there is a chance to add anything else that hasn't been mentioned.

# Activity 3: Priorities

After watching the demonstration with the vase about priorities, pause the video and allow children to fill in the pyramid on page 3 with examples for each category.

- Top: Sleeping, eating, going to school
- Middle: Hobbies, clubs, seeing family and friends (encourage them to be specific)
- Watching TV, social media, X-box etc.

# Activity 4: Thinking about secondary school

This game can be done individually and children will need to turn to page 4 of their booklet. They will be shown a number of features that different secondary schools might have, and each one is worth a certain number of coins. They will then be shown the list again, and you can pause the video at each one, for children to decide if they would like to buy this feature.

If they wish to buy something they need to write it down, write the price and cross off the number of coins they've used. They have 20 coins at the top of their page, and once they have used them all they cannot buy anything else.







We hope that you enjoyed this workshop, and found it workshop useful and accessible.

Please let us know your thoughts by completing our short feedback form:

<http://bit.ly/Phase-teacher-feedback>

**We hope you have a great start to the term  
and we hope we are able to come back and  
see you soon!**

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Choosing your secondary school

£1	£1	£1	£1	£1	£1	£1
£1	£1	£1	£1	£1	£1	£1
£1	£1	£1	£1	£1	£1	£1

Item 1 \_\_\_\_\_ Cost: \_\_\_\_\_

Item 2 \_\_\_\_\_ Cost: \_\_\_\_\_

Item 3 \_\_\_\_\_ Cost: \_\_\_\_\_

Item 4 \_\_\_\_\_ Cost: \_\_\_\_\_

Item 5 \_\_\_\_\_ Cost: \_\_\_\_\_

Item 6 \_\_\_\_\_ Cost: \_\_\_\_\_



Name \_\_\_\_\_

3 key things to develop in year 6

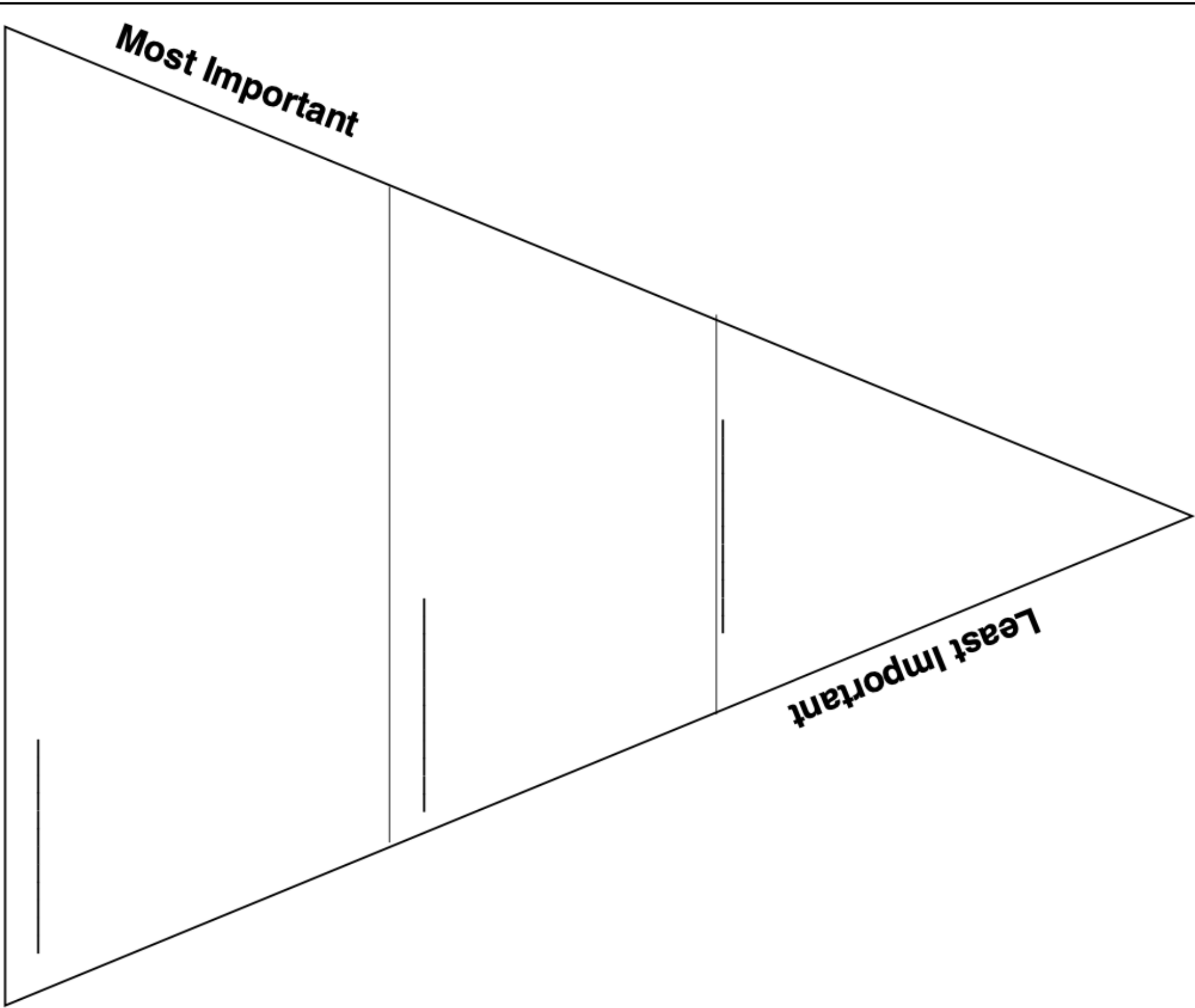
- 1.
- 2.
- 3.

# Me and My Talents



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# Choosing your Priorities



**Having our priorities right helps us to be at our best. If your foundation is good, it is easier to build upon.**

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