







Title			Samurai cuisine from 500 years ago – a very unique cooking class at a special venue			Region: Mihara City, Hiroshima Prefecture		
Overview	Get acquainted with a type of cuisine served to <i>samurai</i> 500 years ago with this cooking class			Available Languages	Available Languages	■ Japanese ■ English □ Chinese □ Other		
	<p>“Gozen” cuisine was served to exclusive guests by <i>samurai</i> families around 500 years ago. This type of cuisine was considered the top level of “omotenashi”, or Japanese hospitality. Try your hand at it by helping recreating some of these dishes in today’s cooking class taking place at a temple in the small town of Mihara.</p>				Support material available in foreign languages	■ Yes / □ No		
Guide/Interpreter					■ Yes / □ No			
Unique Selling Points					I .Recreate the taste from 500 years ago		General information	Guide information
	The type of “gozen” cuisine served by the Mihara feudal lords has been studied by a researcher at Hiroshima University and can be recreated during today’s class. This can be a way to understand history through food.	Participation requirements	•Participants must be able to walk for a few hours					
Unique Selling Points	II .Walking tour through the history of Mihara town		Cancellation policy	•Up to 10 days before tour: 10% -Up to 4 days before tour: 30% -Day before tour: 100%				
	For a better understanding of the “gozen” cuisine, start off with a walking tour of some of the most meaningful historical remains of the town of Mihara.		Notes	Depending on the weather, the actual itinerary may change.				
Unique Selling Points	III .A unique way to experience a local temple		In case of bad weather, emergency, delay or no show	•In case of no show, the tour wil automatically be cancelled with full cancellation charge after 15 minutes from the planned starting time •In case the tour must be cancelled because of force majeure events, guests will be contacted by the morning of the day the tour is scheduled				
	A local temple will especially be open for your visit. After the cooking class, have lunch within the temple for an exquisite occasion to experience this unique venue.		Insurance included	■ Yes / □ No				
Itinerary	<p>①10:00 Meet at JR Mihara station ②10:00～10:30 Walking tour through Mihara’s history ③10:30～12:00 Cooking class at Gokuraku-ji temple ④12:00～13:00 Lunch at the temple. Local sake tasting. ⑤13:00～13:30 Return to JR Mihara station</p>		Inventory	■ Yes / □ No				
			Contact and booking information	KOTOYA・mint inc/090-4804-7477				
Reservation Information	■Tour availability	■Starting times	Support hours	9: 00～18: 00				
	Year-round	Daily, 10:00am	Email address	sokoiko@mintinc.co.jp				
	■Tour duraton	■Min/Max participants	Pricing information	Price, nett – incl. consumption tax	Contact us for pricing			
3.5 hours	2-6 participants	Options						
<Meeting point and access>	■Access			The above price includes:	Guide fee, cooking ingredients, cooking class, lunch, insurance			
	31 min shinkansen ride from JR Hiroshima Station			The above price does NOT include:				
<Meeting point and access>	■Meeting Place							
	JR Mihara Station							