	[April to November only]Enjoy the island of food and art in the Se	to Inland Seal Te	shima Cycling Tour	
Title		to initiand dea: Te		Region : Teshima, Kagawa Prefecture
	Pay a visit to cutting-edge contemporary art. A trip to refine your senses on an island rich in nature.		Languages Available	■ Japanese ■ English ■ Chinese □ Other
Overview	Teshima, located in the calm Seto Inland Sea, is an island full of charm stemming from the concept of "food and art". In the past, agriculture and rice cultivation flourished on the island, taking advantage of the abundant water resources. The slopes overlooking the sea are covered with lush terraced rice paddies, and the rice,	Language Support	Language completion tools	■Yes/□No
	vegetables, and fruits grown here can be enjoyed as island delicacies. What has made Teshima famous in recent years are the many artworks present on the island. The Setouchi International Art Festival, one of the largest contemporary art festivals in Japan, has made Teshima an island that attracts attention not only from Japan but also the world. Our tour will take you on a cycling journey through the natural beauty of Teshima, where you will visit some of the most creative and sophisticated spots for food and art.		Interpreter available	■Yes/□No
	Take a break from the hustle and bustle, and go on an idyllic island trip. A surprising and moving experience that will awaken your dormant senses awaits you.		Guide information	1 multilingual tour guide staff (Japanese, English, Chinese), who has passed an independent assessment
	I .Enjoy island cycling through the rich nature of Teshima.			
Unique Selling Points	Cycling on a nature-rich island in the calm Seto Inland Sea is truly an experience that will make you forget your daily life. The bicycles are equipped with electric power assist, so anyone can enjoy cycling without any difficulty. On the way, you will visit a spectacular spot where you can see the blue sea and lush green terraced rice fields. The spectacular view from here is a must-see!		Participant Requirements	None
Unique Selling Points	II.Visit numerous contemporary artworks spread across the island.		Cancellation Policy	Free cancellation up to 48 hours before
	With the Setouchi International Art Festival, many contemporary artworks have been created on the islands of the Seto Inland Sea, Teshima included. Based on the theme of "using the most of what is there and creating what is not there," visitors to Teshima can enjoy unique and innovative artworks that make the most of the lifestyle and way of being of the islanders in the past.		Precautionary considerations	 This is a cycle tour around the island. Please note that children who cannot yet ride bicycles and wheelchair users cannot participate in this tour. We apologise for the inconvenience. Please wear appropriate clothing and shoes for cycling. Please note that if any locations are temporarily closed, they may be changed to a different location. Please note that three will not be any explanation while viewing the artworks so as not to inconvenience the other visitors. We appreciate your understanding. When viewing the artworks, we kindly request you to be quiet and do not disturb other visitors.
Unique Selling Points	III.Savour a local lunch made with fresh ingredients from the island.			
	One of the major attractions of Teshima that should not be overlooked is the island's gourmet cuisine. With its abundant water resources, Teshima has long been a central point of agriculture and rice cultivation. The creative local gourmet food made from the rice, vegetables, and fruits grown locally is best enjoyed on the island. One of the recommended ways to fully enjoy this island is to discuss the unique artwork you' ve just experienced over a delicious lunch.		In case of bad weather, emergency, delay or no show	 In the event of bad weather on the day of the tour, the means of transportation, destinations, and routes may be changed. If you miss the meet up time, due to the transportation system used, we may not be able to provide you with the expected tour experience. Please be careful not to be late. If you do not arrive at the departure point within 60 minutes of the agreed time, it will be treated as a no-show.
Kinerary	Meet up and explanation: Takamatsu Port, in front of the ticket office waiting room 1 - Takamatsu Port (ticket office for high-speed boats to Teshima) 20 min. 2 - Akeda Oii (bicycle rental port) 10 min. 3 - Tanada View Point 10 min. 4 - Teshima Art Museum 40 min. 5 - Les Archives du Cœur 30 min. 6 - Shima Kitchen 50 min. 7 - Storm House 20 min. 9 - Strawberry House 20 min. 10 - Jeura Port 20 min. 11 - Liminal Air - core = 20 min. [Outline of each spot]	Other Plan Information		
	Takamatsu Port (ticket office for high-speed boats to Teshima): A red brick building in Takamatsu Port with a ticket office and waiting room. Buy a ticket for the high-speed boat to Teshima here, and enjoy a 35-minute boat ride to leura Port, the gateway to Teshima. Akeda Oil (bicycle rental port): This is one of the many bike rental ports on Teshima Island. Rent an electric bicycle here and start cycling Teshima right away. Tanada Viewpoint: The most spectacular view point on the island. The lush green terraced rice paddies are often bathed in the warm orange sun and the contrast between the lush green from the rice paddies and the bright blue from the sea below resembles a work of art woven by			
	nature. With this breathtaking view in the background, it is the ideal place to take a great picture. Teshima Art Museum: This museum itself is Teshima's representative work of art, combining nature, art and architecture. The museum exhibits a unique artwork, titled "Mother Shape," which is integrated in the architecture of the building. The unique exterior, with its water droplets motifs, and the structure designed to let in the surrounding wind, sound, and light, creates a mysterious space. Les Archives du Cœur. A small museum built along the coast of Teshima, where people's "heartbeats" collected from around the world can be heard, and are permanently stored here. If you wish, you can also record your own heartbeat here and have it become part of the work. Shima Kitchen: A popular restaurant in Teshima, built from an abandoned house. The restaurant itself became a work of art at the Setouchi International Art Festival. Here, you can enjoy creative lunches prepared by the island's women, affectionately known as "Teshima Mothers,"		Insurance Support	■Yes/□No
	Teshima Yokoo-kan: Exhibiting works created by the artist on the theme of "life and death", this exhibition space, created by renovating an old private house, consists of a main house, a storehouse, and a bar, and takes advantage of the layout of the original building. Red coloured glass is used in various parts of the building, and the light coming through seems to alter the way the works are seen. Strawberry House: This is a strawberry specialty store belonging to a local strawberry farmer. The original sweets made with plenty of fresh strawberries are not only delicious but also unique in appearance, making them "food art". It is recommended to order different kinds of sweets for a group and share them with each other.			
	Ieura Port: From here you will take a ferry back to Takamatsu Port. While waiting for the boat, check out the market for some Teshima souvenirs! Liminal Air -core-: Two colourful poles that tower over the seashore of Takamatsu Port. Originally a part of the Setouchi International Art Festival, this is now one of the most famous landscapes in Takamatsu. Take your time to appreciate this mysterious work of art and its atmosphere that changes slightly depending on the angle you look at it from and the time of day.			

Reservation Information	Operation hours	■Number of tours		Inventory Management	□Yes∕∎No
	All year round (except New Year holidays), Monday, Wednesday through Sunday	Dependent on number of requests		Contact Information	otomo corporation ∕ 03-6876-6003 3F Mitomi Building, 3-13-3 Hongo, Bunkyo-ku, Tokyo 113-0033, Japan
	Duration and start time	■Number of people		Support hours	10:00~19:00
	Duration : 7hours Start time : 8:30am	1 to 6 people		Inquiry email address	notice_partner-reservation@otomo-travel.com
Meeting point and access	Access via public transport Takamatsu Port <in for<="" front="" of="" office="" room="" td="" the="" ticket="" waiting=""> the high-speed boat to Shodoshima, Naoshima, and Teshima></in>	Takanatas Par Takanatas Par Takana	Package Information	Price (Tax included)	Contact us for pricing
	5 mins walk from JR Takamatsu Station Address of meeting place			Options/Price	
	T. Juni de Dud			What's Included	Guide fee, guide expenses, insurance
	Takamatsu Port Sunport 8, Takamatsu, Kagawa 760-0019 Japan			What's Not Included	Transportation, entrance fees, meals, souvenirs and experiences (Recommended minimum cash amount: 9,400 yen/person)