



# IBU Coach Education Basic Course

November 2023

## Context

To support National Federations and their Coaches the IBU offers the IBU Academy Coach Education Programme consisting of 4 levels (basic, first, second and third level). The Basic Course consists of 90 hours and will be held online and in-person during one 6-days camp in April 2024.

## Participants

A maximum of 20 motivated candidates with basic biathlon knowledge, PE teachers, and former athletes nominated by the National Federation.

## Lectures

Theoretical and practical lessons in the fields of skiing, shooting, exercise physiology, coaches' soft skills, equipment, applied training science, biathlon performance, and the business of sport will be provided by well-known experts and coaches in the fields of winter sports and sports science.

## Place & Date

Place: Sports Centre Salzburg-Rif, Austria ([www.ulsz-rif.at](http://www.ulsz-rif.at)) and biathlon venue Ruhpolding, Germany

Date: 20 - 25 April 2024 (Saturday - Thursday)

## Costs & Funding:

€ 1,500 per person, excluding travel and accommodation costs. The NF can apply for financial support from the IBU development support for a maximum of two candidates (1 male, and 1 female) to cover the fee, accommodation, and travel costs.

### Application Deadline:

31 January 2024

### Application:

via IBU Scope

[IBU Knowledgebase](https://www.ibu-scope.com)

([ibu-scope.com](https://www.ibu-scope.com))

### Further information

on terms and conditions:

[International Biathlon Union - IBU Academy](https://www.internationalbiathlonunion.com)

### Contact Person:

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