



IBU-IOC
SUMMER CAMP 2025
29 JUNE - 05 JULY | LILLEHAMMER NOR



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ABOUT THE CAMP

For many years, the International Biathlon Union (IBU), with support from Olympic Solidarity, has organized the **IBU-IOC Camps** to help developing countries grow in biathlon. These camps give athletes and coaches a chance to learn more about the sport, both in theory and practice. The goal is to help them improve their skills and get ready for future international competitions.

The **IBU-IOC Summer Camp 2025** will take place in **Lillehammer, Norway**, from **June 29 to July 5, 2025**, and will be led by IBU Head Coach **Knut Kuvås Brevik**. Each invited National Federation can send **four athletes** (two women and two men) and **one coach**.

Every individual sent to participate in the IBU-IOC Camp on behalf of the invited National Federation must be affiliated to such National Federation and registered in IBU Scope.

Athletes participating in the IBU-IOC Camp should be at least fifteen (15) years old and no more than twenty-one (21) years old.

We highly recommend sending **young coaches under 35 years old**, if possible, or coaches who participate in the **IBU Coach Education** (Basic or First Level Course) so they can fulfill their required practical hours at the camp.

Participants of the IBU-IOC Camp must be proficient in both written and spoken English as it will be the only language used by the instructors and speakers during the IBU-IOC Camp.

Participants of the IBU-IOC Camp shall have completed the mandatory online safety course before arriving at the camp. Participants who do not complete the course will not be allowed to participate in the IBU-IOC Camp. Participants of the IBU-IOC Camp must have signed the IBU Declaration of Obligations.

RESPONSIBLE COACH

Each National Federation being invited to participate in the IBU-IOC Camp shall bring to the camp a coach that will be responsible for the Athletes participating in the IBU-IOC Camp (the Responsible Coach). The Responsible Coach must be affiliated with the respective National Federation.

The Responsible Coach will be responsible for the safety, behaviour and supervision of the Athletes of its National Federation for the duration of the IBU-IOC Camp.

The Responsible Coach will be accountable ensuring Athletes of its National Federation are punctual, well-behaved, and understand assignments and instructions from IBU coaches.

The Responsible Coach will be responsible for ensuring its Athletes safety during all training sessions, including rifle safety, shooting, dry-firing, and any other activities. Additionally, the Coach will be responsible for any incidents involving third parties caused by its Athletes, including but not limited to accidental shootings or injuries.

IBU CONTACTS



IBU-IOC DEVELOPMENT PROJECTS COORDINATOR

Ilario Maddalin

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IBU HEAD COACH



KNUT KUVÅS BREVIK

Knut is a highly experienced biathlon coach from Norway, currently serving as the Head of Coach Development and Education at the Norwegian Biathlon Association. He has worked with athletes at both the national and international levels, with a strong focus on athlete development and performance. Knut is also a key educator within the IBU Academy, where he contributes to coach education. He will help create a positive learning environment at the IBU-IOC Camps, together with the rest of the instructors

IBU SUPPORTING COACHES

HÅVARD BOGETVEIT

Håvard is a former professional biathlete from Norway who transitioned into coaching after a successful athletic career. Known for his attention to detail and technical knowledge, Håvard brings firsthand competition experience and a practical coaching style that supports athlete development across all levels. He completed the IBU Academy 2nd level course and is now coach for a private team in Lillehammer.

KRISTINA DALE SKJEVDAL

Kristina is an up-and-coming Norwegian coach with a strong background in cross-country skiing and biathlon. With experience both as an athlete and a coach, she brings energy, adaptability, and a strong connection to the athlete pathway. Kristina is currently a coach with the Norwegian Biathlon Federation and is also involved in the IBU Coach Education Program, supporting athletes in developing strong fundamentals.

ANDERS ØVERBY

Anders is a skilled biathlon coach with a background in Biathlon, x-country skiing, and various other sports. Based in Norway, he has worked with both club and junior national athletes, focusing on technical development and physical conditioning. His coaching philosophy emphasizes long-term athlete development and holistic training. Currently he working with the Norwegian B-Team and is part of the L3 IBU Coach Education program.

ANDRINE OVERLAND

Andrine is a former competitive biathlete with 13 years of experience in the sport. In parallel with her athletic career, she completed a Bachelor's degree in Sports Science, specializing in health and exercise physiology. She has also pursued additional studies in coaching and sports psychology at the Norwegian School of Sport Sciences. Andrine has worked as a personal trainer and, in 2024, she joined the Norwegian Biathlon Association as an Activity Consultant.

ATHLETE ROLE MODEL - TBC

As always, we will invite an Athlete Role Model to our camp. A local and inspiring athlete who will share their journey, offer valuable insights, and motivate the next generation. Their presence is a unique opportunity for young athletes to learn, connect, and be inspired by someone who has walked the path they aspire to follow.

ACTIVITIES AND EXPERTS



KNUT KUVÅS BREVIK
Long-Term Athlete Development



Lillehammer Olympic
Legacy Sports Centre

LILLEHAMMER OLYMPIC LEGACY SPORTS CENTRE
Olympic values and sustainability

PROGRAMME

- **6-nights accommodation at [Birkebeineren Hotel & Apartments](#) in 2-bed / 4-bed rooms with full board**
- **Varied training sessions including**
 - Roller skiing
 - Shooting
 - Strength training
 - Running
- **Camp lead by experienced IBU Head Coaches and Coaches**
- **Seminars**
- **Fun activity**

SCHEDULE TBC

SUNDAY, 29 JUNE 2025	
Latest by 17:00	Arrival
18:30 – 19:30	Dinner
19:30 – 21:00	Get to know each other
FROM MONDAY, 30 JUNE 2025 UNTIL FRIDAY, 04 JULY 2025	
08:30 – 11:30	Morning session
12:00 – 13:00	Lunch
14:00 – 17:00	Afternoon session
18:30 – 19:30	Dinner
19:30 – 20:00	Coaches meeting
20:00 – 21:00	Evening activities / Social time
SATURDAY, 05 JULY 2025	
08:00 – 09:00	Breakfast
Whole day	Departure

OTHER INFORMATION

EQUIPMENT

The following equipment is required for the varied training sessions:

- **Roller skis skating**
- **Skating boots**
- **Helmets**
- **Poles** (1x pair for Roller skiing and 1x pair for run/Hiking + spare)
- **Running shoes**
- **Biathlon rifle** (small-bore)
- **Equipment gym**
- **Appropriate clothing for training**
- **Bad weather clothing** (rain jackets etc.)
- **Scope with tripod** (coaches)
- **Clipboard for shooting** (coaches)

WITHDRAWALS AND REPLACEMENT OF PARTICIPANTS

The Responsible Coach may be replaced by another coach fitting the requirements outlined in Section 3 no later than two (2 weeks before the first day of the IBU-IOC Camp, upon approval of the IBU. The IBU reserves the right to waive the two-week period in exceptional circumstances.

An Athlete can be replaced by another Athlete from the same NF that has the same gender no later than two (2 weeks before the first day of the IBU-IOC Camp.

The replacement should meet the key requirements set in Section 2 in order to be considered for participation in the IBU – IOC Camp. The IBU will approve on a case-by-case basis the replacement.

In case of late cancellation or a withdrawal during the IBU-IOC Camp, the NF has to cover the total costs that would have been engaged should the participant had not withdrawn from the IBU-IOC Camp.

The IBU reserves the right to withdraw a Participant from the IBU-IOC Camp in the event that such Participant is suspected of having breached the IBU Integrity Code.

TRAVEL

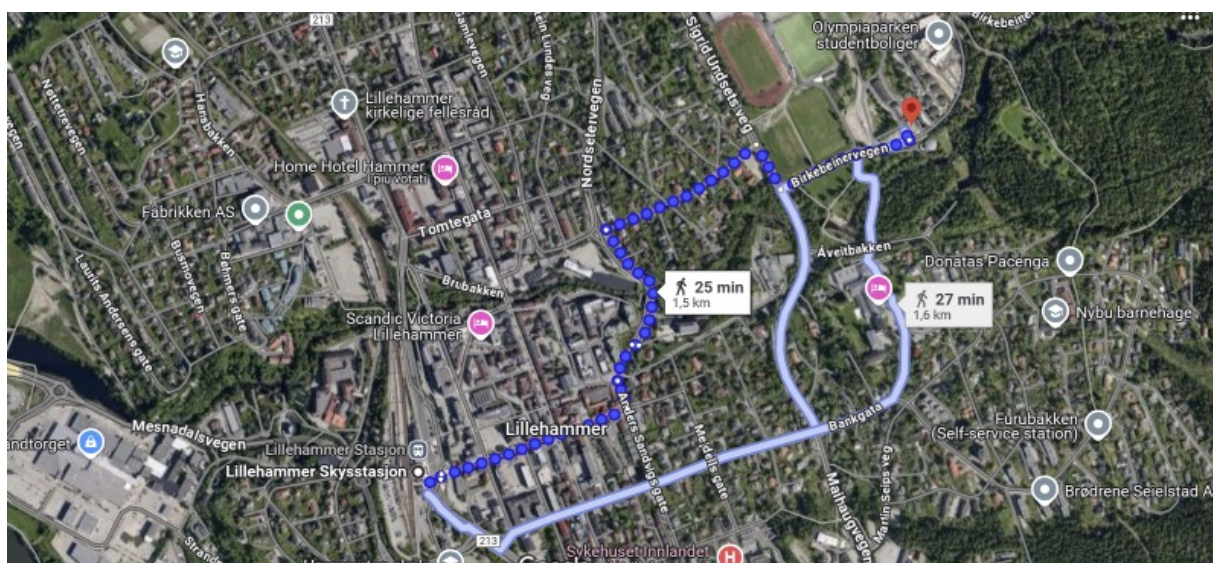
The easiest way to get to the camp location is to fly into Oslo Gardermoen and then take a direct train from the airport to Lillehammer. The train can be booked directly ([Train Booking](#)) or at the airport train station on the day of arrival.

Once you arrive at Lillehammer Train Station, you can either walk to the accommodation (about 20 minutes or take a public bus. Bus tickets can be booked through this link: ([Bus tiket Booking](#))

Bus routes:

- From Lillehammer Skysstasjon, take bus B2 to Stampesletta S. Undsets Veg or B3 to Stampesletta Håkons Hall.

We recommend using public buses or walking as these are more sustainable options.



VISA

People entering Norway must be in possession of a valid passport.

Please check the visa regulations when travelling to Norway within your country. Participating nations requiring an invitation can request one from the OC/IBU. For more info please visit:

[Visa Regulation Norway](#)

INSURANCE

It is mandatory to possess both sufficient liability and accident insurance for covering accident, recovery and transport costs, including for Camp-related risks to an adequate extent when participating in any camps, competitions or activities sanctioned or authorized by the IBU.

DATA PROTECTION

By agreeing to participate in the IBU – IOC Camp, participants agree that the IBU may process their Personal Data for promotional purposes of the camp (e.g. publication of photographs on IBU's social media. Participants may waive their consent at any time by reaching out to the designated Contact Person in the IBU (see Page 4.