

IBU Coach Education - First Level Course

December 2022

Context

To support National Federations and their Coaches, the IBU offers the IBU Academy Coach Education Programme, consisting of 4 levels (basic, first, second and third level). The First Level Course consists of 200 hours and will be held online and inperson during 6-days camps in May 2023, October 2023, and March 2024.

Participants

A maximum of 20 motivated candidates with the IBU Basic Level Coach Certificate, or athletes with national and international experience at senior level (min. of 3 years in the senior national team), or coaches who have worked as a biathlon coach for at least 2 years (clubs, regional or national level) nominated by the National Federation.

Lectures

Theoretical and practical lessons in the fields of skiing, shooting, exercise physiology, integrity, sustainability, biathlon performance, nutrition, psychology, recovery & prevention, coaches' soft skills, equipment, applied training science, and the business of sport will be provided by well-known experts and coaches in the fields of winter sports and sports science.

Place & Date

Week1: 6-11 May 2023 in Hochfilzen (biathlon venue)

Week 2: October 2023 - Place TBC Week 3: March 2024 - Place TBC

Costs & Funding:

€ 5,500 per person, excluding travel and accommodation costs. The NF can apply for financial support from the IBU development support 2022/2023 for a maximum of two candidates (1 man, 1 woman) to cover the fee, accommodation, and travel costs.

Application Deadline:

31 March 2023

Application:

via IBU Scope IBU Knowledgebase (ibu-scope.com)

Further information

on terms and conditions:
International Biathlon Union - IBU Academy

Contact Person:

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