

# IBU Coach Education Second Level

November 2024

## **Context**

To support National Federations and their Coaches, the IBU offers the IBU Academy Coach Education Programme, consisting of 4 levels (basic, first, second and third level). The Second Level Course consists of 146 hours and will be held online and in-person during 5-days camps in September 2025, April 2026, and June 2026.

# **Participants**

A maximum of 20 motivated candidates with advanced experience in coaching at the junior level or higher and coaches with a university education in sports science nominated by the National Federation.

### **Lectures**

Theoretical and practical lessons in the fields of skiing, shooting, applied training science, biathlon performance, exercise physiology, coaches' soft skills, nutrition, psychology, recovery & prevention, equipment, the business of sport, and integrity will be provided by well-known experts and coaches in the related fields. Also, a mentoring will be provided.

## **Place & Date**

Week 1: 15-19 September 2025 in Oberhof (GER)

Week 2: 5 days, planned in April 2026 in Lillehammer (NOR)

Week 3: 5 days, planned in June 2026

# **Costs & Funding**

€ 7 000 per person, excluding travel and accommodation costs. The NF can apply for financial support from the IBU development support for a maximum of two candidates (1 male, and 1 female) to cover the fee, accommodation, and travel costs.

# **Application Deadline:**

31 March 2025

#### **Application:**

via IBU Scope https://scope.ibu.at

#### **Further information**

on terms and conditions: International Biathlon Union - IBU Academy

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