

# IBU Coach Education Second Level

November 2023

## Context

To support National Federations and their Coaches, the IBU offers the IBU Academy Coach Education Programme, consisting of 4 levels (basic, first, second and third level). The Second Level Course consists of 146 hours and will be held online and in-person during 5-days camps in September 2024, April 2025, and July 2025.

# **Participants**

A maximum of 20 motivated candidates with advanced experience in coaching at the junior level or higher and coaches with a university education in sports science nominated by the National Federation.

## **Lectures**

Theoretical and practical lessons in the fields of skiing, shooting, applied training science, biathlon performance, exercise physiology, coaches' soft skills, nutrition, psychology, recovery & prevention, equipment, the business of sport, and integrity will be provided by well-known experts and coaches in the related fields.

## **Place & Date**

Week 1: 14-18 September 2024 in Oberhof (GER)

Week 2: 5 days, planned in April 2025 in Lillehammer (NOR)

Week 3: 5 days, planned in June 2025 in Otepää (EST)

## **Costs & Funding**

€ 7 000 per person, excluding travel and accommodation costs. The NF can apply for financial support from the IBU development support for a maximum of two candidates (1 male, and 1 female) to cover the fee, accommodation, and travel costs.

# **Application Deadline:**

31 March 2024

### **Application:**

via IBU Scope IBU Knowledgebase (ibu-scope.com)

### **Further information**

on terms and conditions:
<a href="International Biathlon Union - IBU Academy">International Biathlon Union - IBU Academy</a>

Contact Person:

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