



## FAQ – Basic Course – Coach Education

1. When does the next Basic Course take place?

The pilot basic course will be in person from 15-20 April 2023. However, the online part will be available at least 2 weeks before.

2. Where does this Basic Course take place?

The basic course will be held in the Sports Centre Salzburg-Rif, Hartmannweg 4-6, 5400 Hallein, Austria. The biathlon specific part will be organized in the biathlon venue of Ruhpolding, Germany. The online part will be held via IBU E-Learning platform ("Learning Suite"), available for enrolled participants.

3. Who can apply for the Basic Course?

Motivated candidates with basic biathlon knowledge, PE teachers, and former athletes nominated by the National Federation can apply. The NF needs to apply.

4. How can I apply for the Basic Course?

Each candidate needs to be recommended by its NF. Applications must be submitted using the online form available only. In addition, the candidate needs to provide a motivational letter and his/her CV.

5. When can I apply for the Basic Course?

The application process will be open from 1 December 2022, and the deadline for application will be 28 February 2023. NFs/Applicants are encouraged to commence and submit their application as early as possible during the application period, ensuring you will not have any last-minute technical problems.

6. How can I be sure my application has been submitted?

Once your NF has completed your application and click on the Submit application button - a notification will appear advising that your application has successfully been submitted. Furthermore, during the review process, you will be notified by the IBU project leader in case of any additional information requirements. You will have access to your application at any time, and you may monitor the review process of your application.

7. How long will it take to have my application assessed?

The processing time for applications takes between 1-2 weeks and is proceeded by the IBU Development Department. All successful and unsuccessful applicants are notified of the outcome of their application.



8. If my application has been unsuccessful, can I be provided with information as to why?

The department does not provide individual feedback to unsuccessful applicants.

9. Should I submit additional documents not listed in the supporting documents of the applicant guidelines?

No. Applicants should not include additional documents not listed in the supporting documents table as they will not be considered.

10. Is there any funding for this basic course?

The NF can apply for IBU Development funding to cover the course fee (€ 1,500 per learner), the accommodation and travel costs. In addition, the IBU will apply for the Olympic Solidarity for Coach education support.

11. What is the difference between basic and first-level courses?

The basic level course is an introduction to biathlon coaching with fundamental knowledge. It has been specifically designed to provide candidates with the principles and practices of shooting and skiing and safe and ethical coaching of biathlon sessions to kids and youths using the activities provided through this course programme, equipping coaches with the necessary skills and resources. This Coach mainly works as a Club Coach who assists in delivering individual sessions or delivering sessions over a season as a part of a broader programme.

The first level course is the second stage in the IBU Coach Education programme (1. Basic Level, 2. First Level, 3. Second Level, and 4. Third Level) and is constipated for youth and junior coaches. This Coach mainly works at the regional and national levels and delivers sessions over a season, often as a part of a broader national programme. The initial first level course will be held in May 2022.

12. How many coaches can take part in this Basic Course?

The maximum number of coaches will be 20. It needs a minimum of 15 coaches to run the course. In the case of many applications, IBU will consider the second round of the Basic course in 2024.

13. Which lectures are offered?

Theoretical and practical lessons in the fields of skiing, shooting, exercise physiology, coaches soft skills, equipment, applied training science, and the business of sport will be provided by well-known experts and coaches in the fields of winter sports and sports science.