# FIS Para Cross-Country Skiing Relay Competition Example Relay Team Composition 

Version 2022
12324.1.2 Mixed Relay: the combined percentage of each team must be $335 \%$ or less, calculated by summing the individual percentages of the athlete in each leg with reductions of $15 \%$ per leg for female athletes and $12 \%$ per leg for sit ski athletes (female sit ski athlete: minus $27 \%$ ). There must be at least onewoman taking part.
12324.1.3 Open Relay: the combined percentage of each team must be 375\% or less, calculated by summing the individual percentages of the athlete in each leg with reductions of $15 \%$ per leg for female athletes and $12 \%$ per leg for sit ski athletes (female sit ski athlete: minus 27\%).
12324.1.4 Each team may consist of 2, 3 or 4 athletes. For examples of possible team compositions see "Examples for composition of relay teams" published on the FIS website in the rules section.

## Examples Calculation of percentages:

Each team may consist of 2,3 or 4 athletes. If the athletes are $A, B, C$ and $D$, the following compositions are possible:

| No of athletes: | 2 | 3 | 3 | 3 | 4 |
| :--- | :---: | :---: | :---: | :---: | :---: |
| 1 leg | A | A | A | A | A |
| 2 leg | B | B | B | B | B |
| 3 leg | A | A | C | C | C |
| 4 leg | B | C | A | B | D |

Mixed Relay - Maximum 335\%

| RUS | 1 leg | Wicker | W | LW10.5 | 87-15-12 | 60 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2 leg | Maier | W | LW8 | 96-15 | 81 |  |
|  | 3 leg | Walter | W | B2 | 99-15 | 84 |  |
|  | 4 leg | Volkert | M | B2 | 99 | 99 | Total 324 |
| SWE | 1 leg | Perottosdotter | W | LW9 | 88-15 | 73 |  |
|  | 2 leg | Modin | M | B1 | 88 | 88 |  |
|  | 3 leg | Perottosdotter | W | LW9 | 88-15 | 73 |  |
|  | 4 leg | Modin | M | B1 | 88 | 88 | Total 322 |
| NOR | 1 leg | Marthinsen | W | LW12 | 100-15-12 | 73 |  |
|  | 2 leg | Ulset | M | LW3 | 87 | 87 |  |
|  | 3 leg | Marthinsen | W | LW12 | 100-15-12 | 73 |  |
|  | 4 leg | Bye | M | B3 | 100 | 100 | Total 333 |

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| CAN | 1 leg | Fortier | M | LW11.5 | 96-12 | 85 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2 leg | Weldon | W | B2 | 99-15 | 84 |  |
|  | 3 leg | Gourbounova | W | B3 | 100-15 | 82 |  |
|  | 4 leg | Weldon | W | B2 | 99-15 | 84 | Total 335 |
| Open Relay - Maximum 375\% |  |  |  |  |  |  |  |
| FRA | 1 leg | Daviet | M | LW2 | 93 | 93 |  |
|  | 2 leg | Clarion | M | B1 | 88 | 88 |  |
|  | 3 leg | Daviet | M | LW2 | 93 | 93 |  |
|  | 4 leg | Clarion | M | B1 | 88 | 88 | Total 362 |
| UKR | 1 leg | lurkovska | W | LW12 | 100-15-12 | 70 |  |
|  | 2 leg | Reptyukh | M | LW8 | 96 | 96 |  |
|  | 3 leg | Utkin | M | B3 | 100 | 100 |  |
|  | 4 leg | Lukyanenko | M | B3 | 100 | 100 | Total 366 |
| CHN | 1 leg | Cheng | M | LW6 | 90 | 90 |  |
|  | 2 leg | Du | M | LW5/7 | 90 | 90 |  |
|  | 3 leg | Liu | M | LW8 | 92 | 92 |  |
|  | 4 leg | Zou | M | LW6 | 95 | 95 | Total 367 |

