



IBU Coach Education Regional Basic Course

November 2024

Context

The Regional Basic Course consists of 90 hours and will be held online and in-person during one 5-days camp and was designed to support regions with a high demand for coach education.

Participants

A maximum of 24 motivated candidates from at least **3 different National Federations** with basic biathlon knowledge, PE teachers, and former athletes nominated by the National Federations. Each NF can apply for a maximum of 8 participants, with a least 40 % being female.

Lectures

Theoretical and practical lessons in the fields of skiing, shooting, exercise physiology, coaches soft skills, equipment, applied training science, biathlon performance, and the business of sport will be provided by well-known experts and coaches in the fields of winter sports and sports science.

Place & Date

Place: The National Federations agree on a well-equipped venue in the region: shooting range, ski roller track, strength room, lecture room, and hotel needed. Dates: 5 days in **July** (20-25.7.2025), or **August** (24-29.8.2025), or **September** (1-6 September 2025).

Costs & Funding:

IBU will apply for Olympic Solidarity Funding from IOC for the Host NF.

The NFs must cover travel & accommodation costs for the participants, venue and equipment costs.

The IBU covers the IBU's staff and lecturers travel & accommodation costs and fees.

The NFs organize the translation, IBU covers the costs.

Application Deadline:

31 January 2025

Application:

via IBU Scope

<https://scope.ibu.at>

Further information

on terms and conditions:

[International Biathlon Union - IBU Academy](#)

Contact Person:

Dr Gerold Sattlecker
gerold.sattlecker@ibu.at