

GUIDELINES 2021/2022

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BASIC PRINCIPLE

AN EXTRACT FROM IBU EVENT AND COMPETITION RULES

adopted in June 2021/EB Meeting 157

14. REGIONAL AND CONTINENTAL EVENTS - EVENT RULES

14.1 Regional Cups and Regional Championships

14.1.1 General

Regional events are IBU events that are organized under its jurisdiction jointlyand essentially for juniors and youths categories, at which the IBU classes and competition specification rules apply. The events are organized according the current regional structure & related criteria, which can be downloaded on www. biathlonworld.com

14.1.2 Competition Types

All appropriate IBU related competition types are authorized at a regional event.

14.1.3 Eligibility and Participation

Competitors from IBU member NFs (full/provisional) of the respective region as defined in the current regional structure will be eligible to participate. Participation quotas are defined in the related Guidelines, which can be downloaded on www.biathlonworld.com.

14.1.4 Competition Rules

Specific Regional Event Rules are mentioned in the related Guidelines, as mentioned under Art 14.1.1 above.

14.1.5 Awards

Any awards are either part of the related Guidelines or handled by each region.

14.2 Continental Cups and Continental Championships

14.2.1 General

Continental Cups and Continental Championships are IBU events. Generally they can be conducted as regional event as in Art. 14.1 or as separately dedicated Cup/Championships if the participating NFs of that region represent the whole continent. All procedures and rules of Art. 14.1 apply; official IBU medals are awarded.

This article does not cover the OECH and JOECH, which are ruled in detail in ECR Art. 17 and 18.

14.3 Event Hosting Applications and Appointment of NFs

Each IBU (full) member NF may apply to organize one or more Regional Event(s) and/or Continental Cup(s) for their respective region per season in their country. The same applies for one Continental Championships per season. Applications must be submitted to the IBU by 15 June for events in the coming summer and by 15 September for events in the coming winter.



CLASSES & COMPETITION SPECIFICATION CATEGORIES

IBU GUIDELINES FOR NATIONAL FEDERATIONS

	WOMEN					MEN								
COMPETITION	CLASSES	км	LENGTH	тс	CLASSES	км	LENGTH	тс	YEAR of BIRTH	SHOOTING	PENALTY	RIFLE	COMMENTS	
INDIVIDUAL	Women	15,0	5x3,0	400-600	Men	20,0	5x4,0	600-800	1999 +	p-s-p-s	1 min	SBR		
	Junior W	12,5	5x2,5	400-500	Junior M	15,0	5x3,0	400-600	2000-2002	p-s-p-s	1 min	SBR		
	W 18-19	10,0	5x2,0	300-450	M 18-19	12,5	5x2,5	350-500	2003-2004	p-s-p-s	45 sec	SBR	International: Youth (just one class	
	W 16-17	7,5	5x1,5	150-250	M 16-17	10,0	5x2,0	300-450	2005-2006	p-s-p-s	45 sec	SBR		
	W 14-15	5,0	5x1,0	100-200	M 14-15	7,5	5x1,5	150-250	2007-2008	p-s-p-s	30 sec	Air Rifle/Laser Rifle	target size p 10-15mm, s 26-35mm	
	W 12-13	4,0	4x1,0	80-160	M 12-13	6,0	4x1,5	100-200	2009-2010	p-p-p	30 sec	Air Rifle/Laser Rifle	target size p 10-15mm	
SPRINT	Women	7,5	3x2,5	200-300	Men	10,0	3 _x 3,3	300-450	1999 +	p-s	150 m	SBR		
	Junior W	7,5	3x2,5	200-300	Junior M	10,0	3x3,3	300-450	2000-2002	p-s	150 m	SBR		
	W 18-19	6,0	3x2,0	150-250	M 18-19	7,5	3x2,5	200-300	2003-2004	p-s	150 m	SBR		
	W 16-17	4,5	3x1,5	90-150	M 16-17	6,0	3x2,0	150-250	2005-2006	p-s	150 m	SBR	International: Youth (just one class	
	W 14-15	3,6	3x1,2	60-135	M 14-15	4,5	3×1,5	90-150	2007-2008	p-s	75-80 m	Air Rifle/Laser Rifle	target size p 10-15mm, s 26-35mm	
	W 12-13	3,0	3x1,0	60-120	M 12-13	3,6	3x1,2	60-135	2009-2010	р-р	75-80 m	Air Rifle/Laser Rifle	target size p 10-15mm	

	WOMEN					MEN							
COMPETITION	CLASSES	км	LENGTH	тс	CLASSES	км	LENGTH	тс	YEAR of BIRTH	SHOOTING	PENALTY	RIFLE	COMMENTS
	Women	10,0	5x2,0	300-450	Men	12,5	5x 2,5	350-500	1999 +	p-p-s-s	150 m	SBR	
	Junior W	10,0	5x2,0	300-450	Junior M	12,5	5x 2,5	350-500	2000-2002	p-p-s-s	150 m	SBR	
	W 18-19	7,5	5x1,5	200-300	M 18-19	10,0	5x2,0	300-450	2003-2004	p-p-s-s	150 m	SBR	International: Youth (just o
URSUIT	W 16-17	6,0	5x1,2	100-200	M 16-17	7,5	5x1,5	200-300	2005-2006	p-p-s-s	150 m	SBR	class)
. Green	W 14-15	4,0	4x1,0	100-200	M 14-15	4,8	4x1,2	80-180	2007-2008	p-p-s	75-80 m	Air/Laser Rifle	target size p 10-15mm, s 26-35mm
	W 12-13	3,0	3x1,0	80-160	M 12-13	3,6	3x1,2	60-135	2009-2010	p-p	75-80 m	Air/Laser Rifle	target size p 10-15mm
MASS START	Women	12,5	5x2,5	350-500	Men	15,0	5x3,0	400-600	1999 +	p-p-s-s	150 m	SBR	
	Junior W	10,0	5x2,0	300-450	Junior M	12,5	5x2,5	350-500	2000-2002	p-p-s-s	150 m	SBR	
	W 18-19	7,5	5x1,5	200-300	M 18-19	10,0	5x2,0	300-450	2003-2004	p-p-s-s	150 m	SBR	International: Youth (just
	W 16-17	6,0	5x1,2	100-200	M 16-17	7,5	5x1,5	200-300	2005-2006	p-p-s-s	150 m	SBR	class)
	W 14-15	4,0	4x1,0	100-200	M 14-15	4,8	4x1,2	80-180	2007-2008	p-p-s	75-80 m	Air/Laser Rifle	target size p 10-15mm, s 26-35mm
	W 12-13	3.0	3x1,0	80-160	M 12-13	3,6	3x1,2	60-135	2009-2010	р-р	75-80 m	Air/Laser Rifle	target size p 10-15mm
	Women	4x6,0	3x2,0	150-250	Men	4x7,5	3x2,5	200-300	1999 +	p-s	150 m	SBR	
	Junior W	3x6,0	3x2,0	150-250	Junior M	3x7,5	3x2,5	200-300	2000-2002	p-s	150 m	SBR	
ELAY	Youth W	3 _x 6,0	3x2,0	150-250	Youth M	3 _x 7,5	3x2,5	200-300	2003-2006	p-s	150 m	SBR	
	W 12-15	3x3,0	3x1,0	60-120	M 12-15	3x3,6	3x1,2	60-135	2007-2010	p-p	75-80 m	Air/Laser Rifle	target size p 10-15mm

Please note: These guidelines are only recommendations and no obligations. All NFs can amend/vary according to national/regional regulations and needs.



CLASSES & COMPETITION SPECIFICATION CATEGORIES

AGE GROUPS FOR CLASSES OF COMPETITORS

(according to IBU Rules - Art. 1.3 ff)

YOUTH MEN / YOUTH WOMEN *

SEASON - YEAR OF CHAMPIONSHIPS	ELIGIBLE AGE GROUPS / YEARS OF BIRTH
2021/22 - 2022	2003 - 2006
2022/23 - 2023	2004 - 2007
2023/24 - 2024	2005 - 2008

JUNIOR MEN / JUNIOR WOMEN *

SEASON - YEAR OF CHAMPIONSHIPS	ELIGIBLE AGE GROUPS / YEARS OF BIRTH
2021/22 - 2022	2000 - 2002
2022/23 - 2023	2001 - 2003
2023/24 - 2024	2002 - 2004

MEN/WOMEN

SEASON	ELIGIBLE AGE GROUPS / YEARS OF BIRTH
2021/22	1999 and older
2021/22	2000 and older
2021/22	2001 and older

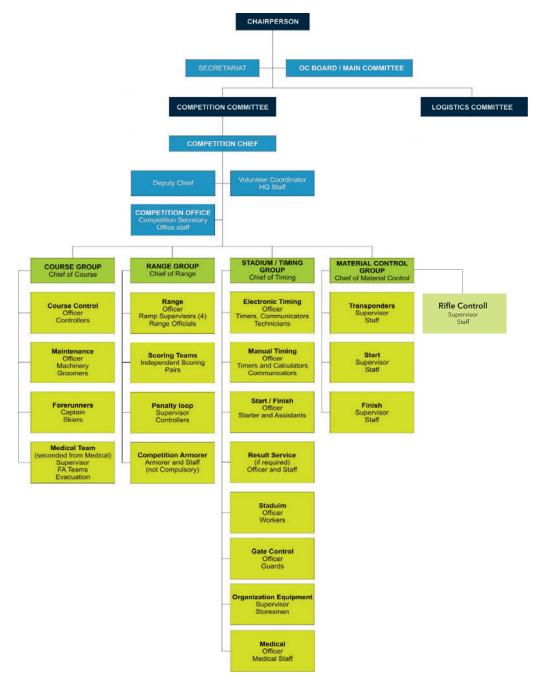
^{*} For juniors and youths categories, the IBU classes and competition specification rules apply. For younger categories, the regional rules are possible to adopt and should be included in the application form. In special cases, the use of air and laser rifles is possible.



1. ORGANIZATION

1.1 BASIC OC STRUCTURE

In order to secure efficient organization of IBU Event, a solid Organizing Committee structure is very important. Of course, different organizers put up different organization matrix, but here one of possible option:





1. ORGANIZATION

1.2 OC LOGISTIC COMMITTEE STRUCTURE

The Logistic Committee is taking care of all issues around sport itself. When such Committee is established some characteristics should be respected:

- Local environment,
- Local or Federal legislation
- Involved out-sourced companies
- Ownership of venue
- Natural and meteorological characteristics

1.3 COMPETITION COMMITTEE

Task of the Competition Committee is to prepare, execute and also evaluate a biathlon event. It should be organized in a way that all areas and tasks are covered by a specific group. One of the most common structures handles the allocation of Officials, as follows:

- Chief of Competition and Technical Delegate
- Chief of Range and Referee Range
- Chief of Course and Course Referee
- Chief of Stadium (and Timing) and Start / Finish Referee
- Material Control Supervisor and Material Control / Referee

How many persons are involved in the whole Competition Committee is the responsibility of each OC; depending on knowledge, experience and availability of personnel. In any case, the structure needs to secure the execution of the event in a safe and fair manner in any weather conditions and according to the IBU Event & Competition Rules (as in effect).

1.3.1 SHOOTING RANGE GROUP

esponsibility for penalty loop (either range or stadium crew).

The Range Group is responsible for all activities on the range including preparation and organization of all activities at the range (trainings and competitions). For their work they need proper tools and equipment which need to be prepared and controlled before final preparation .

The main person is the Chief of Range who needs to closely cooperate with the IBU Referee Range.



1. ORGANIZATION

1.3.2 COURSE GROUP

The work of the Course group begins well before the event, because courses need to be prepared before snow cover in order to minimize later effort with course maintenance and preparation. Courses need to be compliant with IBU Rules and should guarantee safety and as fair conditions conditions for all athletes and other course users.

Very important is to secure enough good quality snow. As today only natural snow fall cannot completely guarantee and secure an event, it is an advantage to secure snow from other resources such as snow storage and well organized artificial snow production (including latest innovations in snow factories).

The Chief of Course (together with other main officials in OC) is responsible to prepare the plan of how to secure the snow in the best and most effective way. On the other hand all snow grooming machinery need to be double checked well before beginning the final preparation.

A very important issue for the Course group is careful planning of Course staff, because most of the staff will experience a lot of physical work - staff need to be able to do their job in any circumstances and this often demands good physical condition. Special attention has to be put on having experienced and reliable grooming machine drivers, who are able to operate diverse snow grooming machines - different snow and weather conditions demand different machinery.

1.3.3 STADIUM AND TIMING GROUP

This group in general takes care of all activities and equipment in the biathlon stadium and does not belong to range or course. It needs to be clearly divided where the stadium starts and ends, so during competitions no misunderstandings will occur.

This group needs to take care of all timing equipment installed in the stadium and offer support to professional time keepers.

1.3.4 MATERIAL CONTROL GROUP

The work of this group is specific and demands good knowledge of the respective Event and Competition Rules (incl. Annex A - Material Catalogue) and equipment used by athletes and also team officials. It is important to recruit to this group persons with some foreign language and communication skills. Staff of this group has the most personal contacts with athletes, where all of them need to be treated with the same respect and approach.

During a competition all group members need to be able to work precisely and efficient; athletes expect the procedures to run smoothly and in pretty much the same way at all venues. To achieve this goal the group needs to communicate and cooperate with the Refereee Material Control - a basic check of all procedures will be done before each event.



2. BIATHLON VENUE

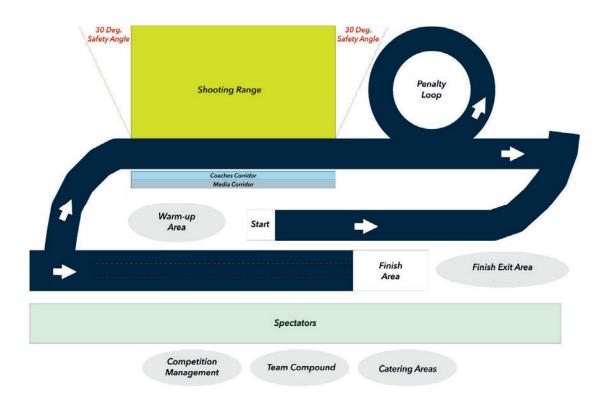
A biathlon venue includes all areas which need to be prepared and are needed to execute a biathlon event. This guide mainly focuses on sport facilities which are most important for athletes and teams. At the same time each OC needs to take care of all other supporting facilities (sport management facilities, team area, catering for different groups, timing facilities, medical services, accommodation capacities...)

Each venue needs constant maintenance and development, including new permanent buildings and facilities, constant improvement in communication infrastructure and energy supply. Before an OC starts with any kind of reconstruction it is highly recommended to introduce the plans to IBU Officials in order to minimize possible mistakes which are discovered after the work is done.

2.1 BIATHLON STADIUM

A biathlon stadium is the area where most of the activities are in progress during events. There are two major areas: stadium and courses.

In the stadium are the start and finish area, the shooting range with penalty loop and respective corridors behind. Additionally most of the above mentioned support facilities are located in the stadium or in very close proximity. Very roughly a stadium can be presented as follows:





Depending on the competition format, different start areas need to be prepared for biathlon events. Important is that the biathlon stadium is planned in a way that the warm-up area does not need to be changed or even a change of location during the same event needs to be done. On the other hand all regulations and measurements precisely described in IBU Event and Competition Rules are to be followed.

There are some differences in the final preparation, based on the level of a competition: national level normally does not demand exactly the same organization as higher levels, so this Guide mostly shows the highest preparation level.

3.1 WARM-UP AREA AND WARM-UP COURSE

The warm-up area should be closely connected to the start area (when possible for all kind of start organizations). Because the area is mostly covered with snow it needs to be well groomed and later also well maintained. The surface should be solid but not slippery. The whole area needs to be big enough to accommodate all participating teams (at least enough space for 20 rifle racks or 140 rifles with adequate space in between).

Important parts of area equipment are rifle racks (shape of racks may vary) also because biathlon rifles cannot be placed on the ground. At the same time they must offer enough space for all other team equipment. The OC needs to organize transport of athletes' clothes from start to finish area - in case those areas are not connected.

The warm-up course should be close to the start area (up to 400 m is still acceptable). The course should be at least 400 m long and when possible organized as a loop - if not, the course needs to be wide enough (min. 8 m) to allow both direction skiing. The warm-up course needs to be groomed in the same quality as the competition course grooming; it might be used for ski testing as weil.

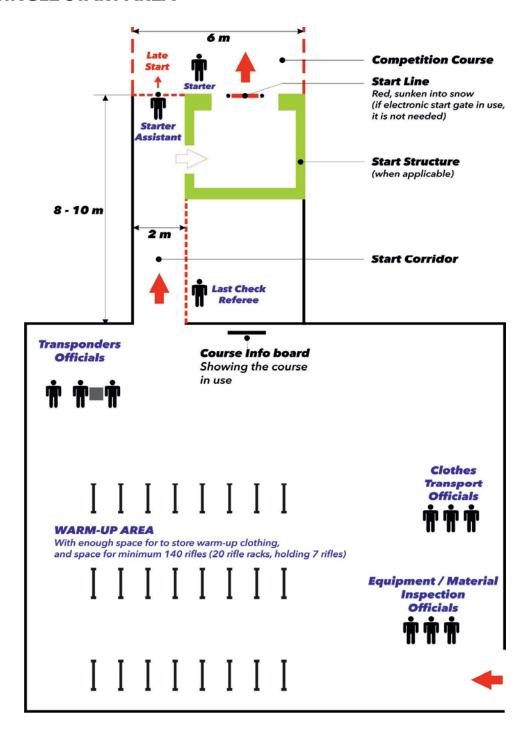
When possible OC can offer also part of competition course for warm-up, if not in use for scheduled competition. Of course, access and exit to those areas cannot cross the competition course in use.

3.2 SINGLE START AREA

This setup of a start area is used for Sprint, Individual and Super Sprint competitions. The general organization of this area needs to secure a safe start procedure for athletes, without directly mixing with other athletes already competing.



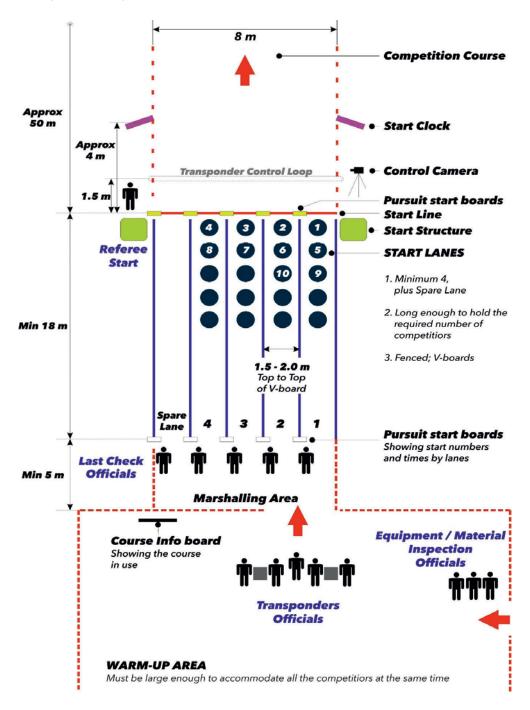
3.2 SINGLE START AREA





3.3 PURSUIT START AREA

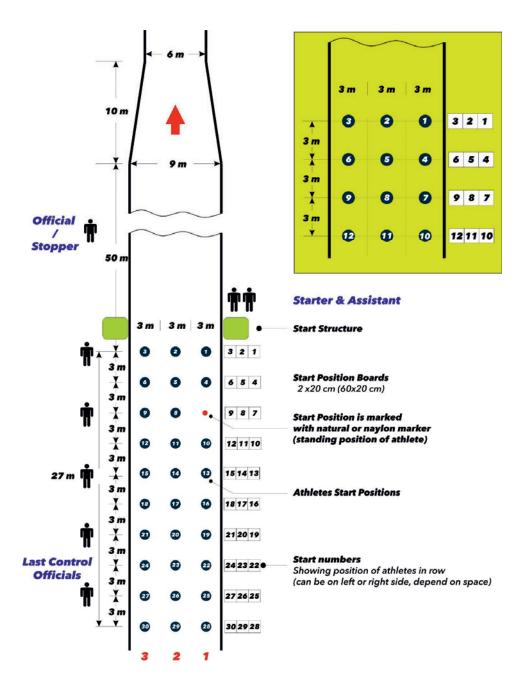
Only used for pursuit competitions





3.4 SIMULTANEOUS START AREA

This area is used for all Relays, Mass Starts and Super Sprint Finals. To accommodate 60 athletes for the Mass Start 60 format, the area should be modified based on the available space (more than 3 athletes in one row and / or more start rows)



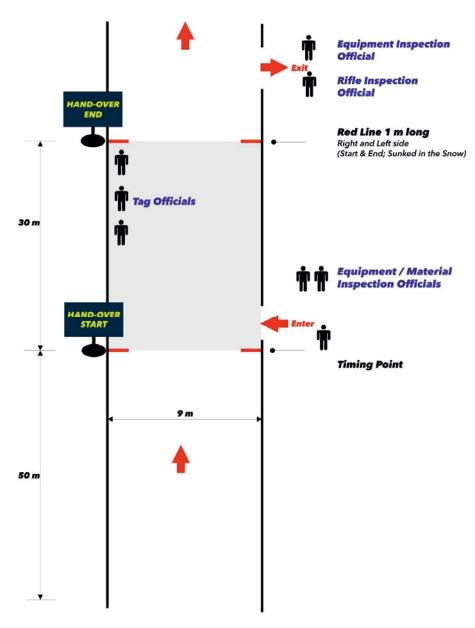


4. HAND OVER ZONE

The hand over zone is used for all Relay competitions, where athletes start with a tag from the previous athlete. If possible the hand over zone should be close to the warm-up area as well as to the finish area to optimize the flow of athletes going to the start and entering the finish area.

Please note that Single Mixed competitions might require a different setup of the hand over zone because it begins right after the penalty loop.

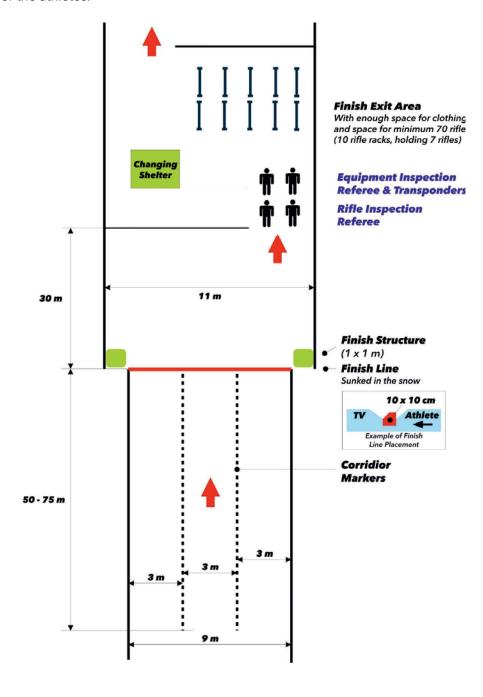
RELAY HAND OVER ZONE (COMMON)





5. FINISH AREA

The finish area begins right after the finish line first with a 30 m clear area which is groomed in the same way as the course to facilitate the athletes to safely reduce their speed and stop. Further it continues to the finish exit area where all material inspections are conducted and which is the place for teams to store and hand out warm clothes for the athletes.



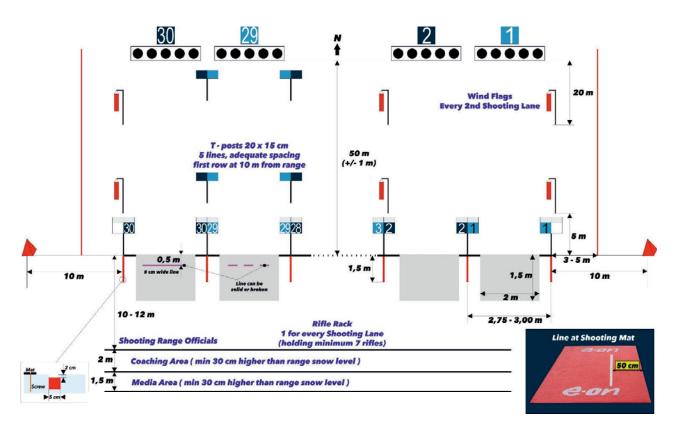


6. SHOOTING RANGE

The most important issue at a shooting range is to guarantee safety at any time shooting is in progress. The IBU Rules need to be respected strictly in order to minimize potential accidents. Moreover the shooting range needs to be prepared carefully to secure the same conditions for all athletes and without major differences to other ranges used for biathlon events.

There are different types of biathlon targets available. Currently authorized target systems are listed in the IBU Material Catalogue - Annex A. For rifle zeroing purpose a sufficient amount of paper targets also needs to be prepared to secure all trainings and competitions with the same type of paper targets (same colour, same quality). Detailed characteristics of paper targets are also described in Annex A. In case fully electronic target systems are used paper targets are not required in addition.

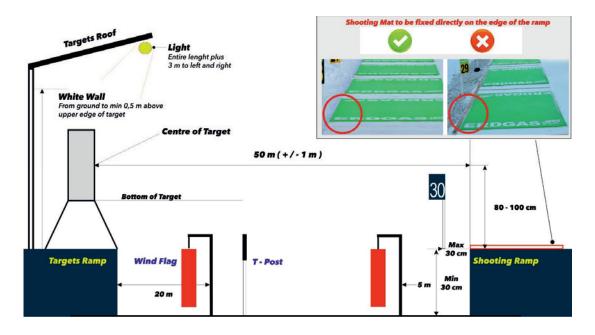
SHOOTING RANGE TOP VIEW



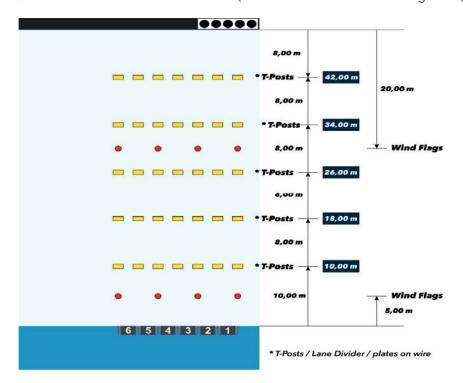


6. SHOOTING RANGE

SHOOTING RANGE SIDE VIEW



T-POSTS / LANE DIVIDERS PLACEMENT (IBU E&C rules 3.4.3.1 shooting lanes)





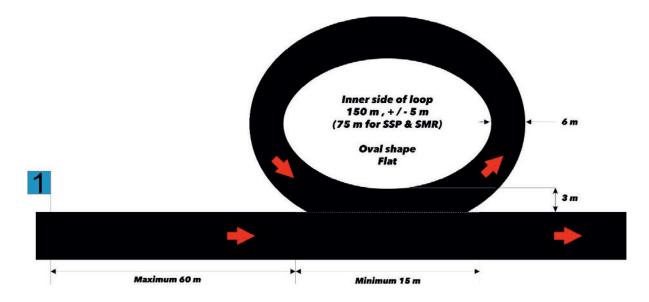
7. PENALTY LOOP

The penalty loop is located right after the shooting range exit but not more than 60 meters after shooting lane nr. 1. The area for the penalty loop needs to be flat and the loop itself has to be in a an oval shape or without sharp corners. There are two lengths of penalty loops used in biathlon competitions:

150 m and 75 m

If possible the penalty loop should be marked by a closed V-board line - at least inside and especially in the corner sections (when the middle part is straight). The Length of the loop is measured along the inner border (not in the middle as the course).

The Entrance/Exit should be placed in a way that the distance to enter or leave the loop does not mean a significant addition of meters to the whole distance. Since the penalty loop should be 6 meters wide the recommended placement of the inner side of the loop next to the course is not more than 3 meters, as shown in the chart below:

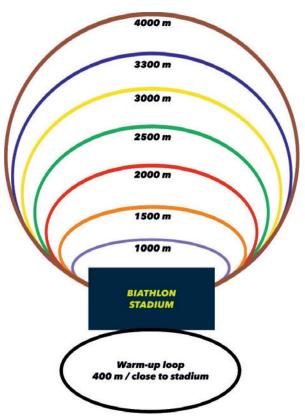




8. COURSES

Courses are another essential part of the biathlon sport and some basic characteristics need to be observed:

- Minimum width has to be 6 meters and in some parts up to 8 meters (uphills)
- When necessary some short parts (not more than 50 meters) can be minimum 4 meter wide (bridges)
- Highest altitude reached by any part of course cannot exceed 1800 meters above sea level
- Maximum grade of all climbs on the course must not exceed 25%
- Maximum unbroken uphill eight difference is 50 m
- Maximum permitted difference in altitude between highest and lowest point is 80 meters for all competitions
- Actual length of competition distance may not be more than 2% shorter or 5% longer
- Course preparation must be done so that a competitor may ski it without undue risk of an accident
- To improve safety the Jury may alter the first loop of Mass Start, Pursuit or Relay competions
- Classic track can be set for training days or can be set in some downhill sections if required by teams or officials
- When planning courses coaches' areas need to be foreseen
- For roller ski competitions the courses need to be at least 3,5 meters wide



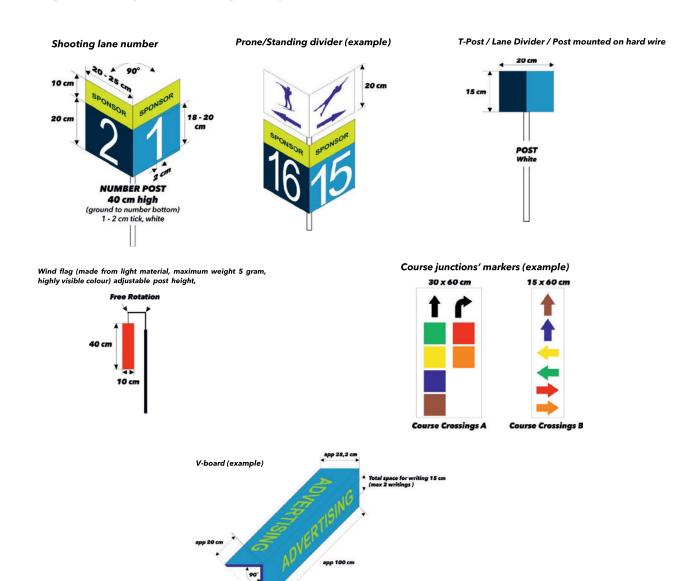


9. MARKINGS

Each biathlon venue needs diverse markings to mark areas, lanes, targets, courses and other facilities. Most of the dimensions and placements are described in the IBU Event and Competition Rules while some can be manufactured by the OCs based on their own needs.

Be aware that some markings for top level biathlon events need to respect the IBU Advertising Rules and IBU Venue Dressing Guide.

However some markers can be used for multiple purposes: ideally use for these cases a neutral (or venue) design without any indications (logos) of specific events.





PRINCIPLES SPECIFICATIONS CONCERNING ADVERTISING MEDIA AND PRESENCE OF TV CAMERA

The definitions "Sponsor Logo" or "Logo" (defined under clause B.1 of the Rules) refer to Advertising space exploitable as defined in these Rules.

The defined size of the sponsor may be used to display either one Sponsor Logo or to display multiple smaller Sponsor Logos for the same brand, within the defined Advertising space.

The competition facility includes the stadium (with grandstands etc.), the entire skiing and shooting area, and all other competition-related ground surfaces, buildings, constructions and installations for hosting the respective event. The competition facilities at the various event venues are not all alike. For this reason it is not possible to state exact positioning specifications for Advertising media. The following fundamental specifications are to be applied accordingly to the respective competition facilities.

ADVERTISEMENT ON COMPETITION VENUE AREAS

Stadium / Penalty loop

Banners in stadium/at penalty loop:

- Height max. 120 cm;
- Unrestricted letter height, free banner design;
- Length and quantity of banners is unrestricted and variable;
- Breakers may be used as a vertical borderline (max. width 30 cm).

)NSOR)GO	SPONSOR LOGO	SPON LOI
)NSOR	SPONSOR	SPON
OGO	LOGO	LOI

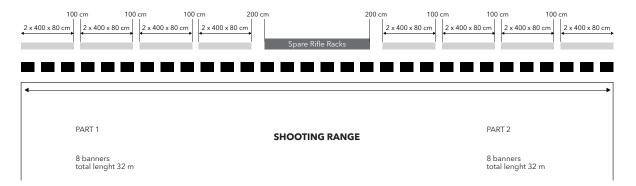


Shooting Range

- a. Banners on shooting range left and right side wall:
- Height max. 120 cm;
- Unrestricted letter height, free banner design;
- Length and quantity of banners is unrestricted and variable;
- Breakers may be used as vertical borderline (max. width 30 cm.)
- b. Banners as borderline towards shooting range personnel:
- Sixteen (16) banners in the accustomed format 400 x 80 cm will be placed in the first section of the shooting range, with an area of one (1) meter width left empty for the shooting range staff (passageway/empty area) after every two banners.
- 35m along the first section there is a gap reserved for the rifle stands. Further passageway areas (2 m each) should be provided to the left and right of the rifle rack area.

Principles:

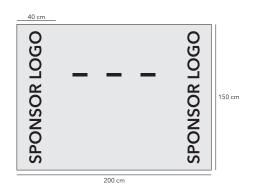
- Unrestricted letter height, free banner design;
- Position and arrangement in front of the shooting range staff, without obstruction of line-of-sight;
- Unhampered access to ramp.

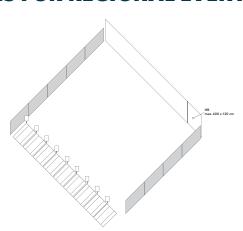


c. Shooting Mats:

Advertising space on left and right side, each max. 40 cm x 150 cm, the sponsor on both sides has to be the same as well as the base colour throughout the whole mat (message may vary on each side/mat).

Base colour is generally permitted to vary, but must not change during the competition week.



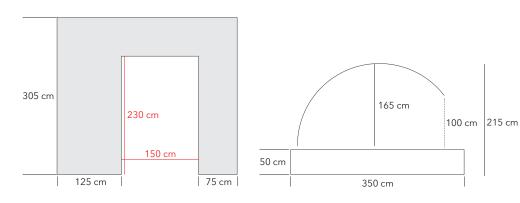




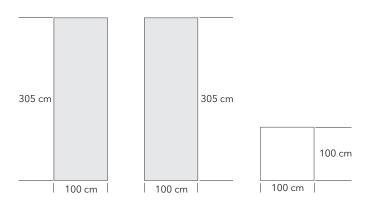
Installations in Stadium / on Course

Regarding the form and dimensions of start and finish installations, please see the illustration. The shape and design is subject to change and needs to be approved by IBU. Sponsors may be featured on such installations. All illustrations mentioned below are examples only - red marked measurements are mandatory.

a. Installations for Individual Start



b. Installations for Mass Start, Pursuit Start, Relay Start and Finish





Flower Ceremony and Award Ceremony Back Wall

- Width max. 450 cm;
- Height max. 350 cm;
- Sponsors can be displayed;
- Event Logo on top left and title/presenting sponsor on top right side (if not in use, Event logo to be used twice)
- Host venue surface height: max. 21 cm.

There shall be the possibility for an appropriate integration of two (2) sponsors and the Host Venue in course of the award/prize ceremony.

Press Conference Back Wall

- Width 400-600 cm:
- Height max. 225 cm;
- Event logo on top left;
- Host venue surface height: max. 21 cm.

National Laws and prohibited forms of Advertising

Advertising means any advertising activity or any activity which effects advertisement. All Advertising must comply with the laws and regulations of the country hosting the IBU Event.

Any political and/or religious and/or any defamatory, discriminatory, racist or sexist Advertising and/or publications in any form are prohibited.

Any form of Advertising by making specific references to participants of the events (e.g. athletes and officials) is prohibited.

Independent from national laws and regulations, Advertising is prohibited for:

- Spirits (more than 15 % Vol.)
- Drugs (including medication)
- Tobacco products
- War related games and/or violent games
- Gambling (e.g. Casinos and Online-Casinos)*



Advertising for (sports) betting/lotteries on or with the Athletes/their equipment is permitted in the following cases:

- of and for state-controlled companies providing sports betting and/or lotteries. State-controlled means that the state owns the majority of shares of the company and/or the state has the majority of votes in the supervisory board of the company.
- of and for companies providing non sports betting/lotteries only.

Any other Advertising (not on or with Athletes/their equipment) of commercial (sports) betting companies/lotteries shall be permitted, subject to the respective national laws.

*In the case (sports) betting companies/lotteries additionally provide gambling, Advertising shall in principle be permitted, provided that there will be no concrete reference to such gambling activities in connection with their Advertising measures under these Rules, always subject to the respective national laws.

Advertising for nutrition supplements is prohibited, unless a WADA accredited laboratory has officially confirmed that the product does not contain any prohibited substance that is listed on the WADA prohibited list.

Note: such prohibition applies for all IBU events and refers to on-site advertising (stadium etc.) as well as to advertising on participating athletes.



Use of the IBU Logo



Regional Event Composite Logo



The composite logo is defined as a combination between the IBU logo and the venue logo. Spacing and layout may not be changed.

If the OC will send their venue logo, the IBU will create the respective composite logo.

It is mandatory to use the Composite logo always when the Regional Event is mentioned in any manner.