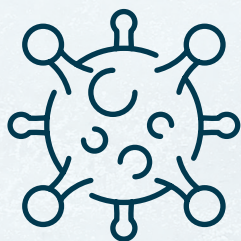




**IBU**



**IBU** EVENT GUIDELINES  
**COVID-19**  
**SEASON 2021/22**



## INTRODUCTION - GENERAL

- ▶ IBU assures that maintaining the safety and health of everyone involved at IBU events is the first priority in all planning processes
- ▶ Due to the still remaining pandemic influence and the unpredictable development in the future additional measures at our events are still required to minimize the risks of further spreading of the virus
- ▶ Even though our events are already well organised, these IBU Event Guidelines shall provide general advice based on information and publications from the World Health Organisation (WHO), the IOC Medical Department and the experience gained by other expert groups as explicitly the IBU Medical Advisory Group (MAG). The intention of these Guidelines is to assist in the general set-up and in various processes for the care and wellbeing of all participants at the event. Specific plans and detailed procedures will be defined in close cooperation with the OCs regarding the current situation, rules and restrictions.
- ▶ The decision about the allowance of spectators and guests lies solely with the OCs according to valid restrictions or advices of the responsible health authorities. Anyway this decision will be made in close consultation with IBU

## MAJOR CHANGES TO LAST SEASON

- ▶ Changed face-mask regulation  
(details can be found on page 17)
- ▶ Consideration of vaccination status for the test protocol  
(details can be found in Annex 7)
- ▶ No mandatory booking of accommodation via OC  
(details can be found in Annex 3/4)

## INTRODUCTION - GROUPS

To ensure a better overview about the responsibility for the different topics the concerned groups are marked by a color-code and divided as follows:

### ● **ORGANIZING COMMITTEE (OC)**

**detailed information in Annex 2**

- ▶ OC shall ensure in cooperation with IBU that adequate measures are in place to protect the health of all participants and that they can have access to immediate medical care. Preventative measures to stop transmission of infection as well as mitigation measures to minimise the risk of infection shall be put in place
- ▶ The OC is required to include responsible Health Authorities to support its work with establishing the appropriate measures and to stay updated in terms of latest developments and local regulations
- ▶ IBU will offer in cooperation with the OC COVID-19 test-possibilities on site to provide fast and uncomplicated service. Costs need to be covered by the respective persons
- ▶ All members of the OC shall behave like described and follow these guidelines

### ● **PARTICIPANTS**

**detailed information for Teams in Annex 3 and Media in Annex 4**

- ▶ All participants at IBU events shall behave like described and follow these guidelines.

## GENERAL GUIDELINES

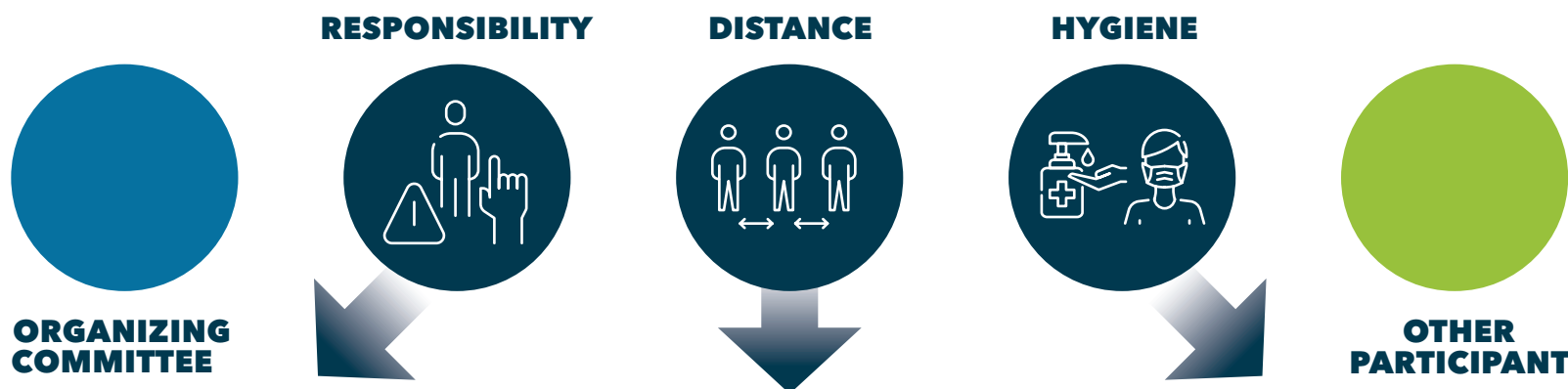
IBU events are high profile international sporting events and as such count as “mass gatherings” under the World Health Organisation (WHO) definition.

Therefore we kindly recommend to check the WHO-website ([www.who.int](http://www.who.int)) for general advise and especially the following documents:

- ▶ <https://www.who.int/publications/i/item/key-planning-recommendations-for-mass-gatherings-in-the-context-of-the-current-covid-19-outbreak>
- ▶ <https://www.who.int/publications/i/item/considerations-for-sports-federations-sports-event-organizers-when-planning-mass-gatherings-in-the-context-of-covid-19-interim-guidance>
- ▶ <https://www.who.int/publications/i/item/water-sanitation-hygiene-and-waste-management-for-covid-19>

Beside the ongoing direct communication between IBU, OC and other participants, updates and current information can be found also on our website:

<https://www.biathlonworld.com/about-ibu/inside-ibu/staysafe/>



► **Communication**

Information ●  
 Reporting ●●

► **Behaviour**

„Act as you want others to act“ ●●

► **Data**

Declaration of Obligation  
 (Annex 1) ●●  
 Tracing app ●

► **Avoid contacts** ●●

► **Limited access to areas** ●●

► **Separated groups**

Transport ●●  
 Hospitality/Meals ●●

► **Regulated flow of people**

one-directional ●●  
 no clustering ●●

► **Isolated sick persons** ●

► **Digitalized processes**

Offices ●●  
 Media ●●

► **Review of ceremonies** ●●

► **Masks** ●●

► **Hand-Washing** ●●

► **Disinfection** ●●

► **No-handshaking** ●●

► **Respiratory Hygiene**  
 (e.g. coughing) ●●

► **Meal Services** ●

► **Waste Management** ●●

► **Cleaning plans** ●

## COMMUNICATION INFORMATION ●

- ▶ Since the canalized and fast communication is a key-factor for detection and prevention of potential spreading, the OC shall compile a document summarising the Covid-19 prevention measures planned and undertaken that are established in accordance with local rules and regulations
- ▶ A communication of these measures shall also be published and sent to all other accredited participants (e.g. broadcasters, media, sponsors, Siwidata, Plaras etc). Spectator information (if allowed) shall also be prepared and communicated with eventual ticket sales and/or other channels e.g. social media
- ▶ It is crucial that all provisions in place are communicated clearly to all participants in advance through channels identified as adequate
- ▶ Please include the information and awareness as well as eventual updates during the event in the Team Captain meetings and/or other briefings for other participants

## RESPONSIBILITY





## REPORTING POLICY

- ▶ The OC must have direct contact to local health authorities to assist teams and other participants to immediate medical care and be aware of the local Covid-19 regulations ●
- ▶ If required by national regulations, access to Covid-19 testing must be provided ●
- ▶ Additionally test possibilities will be offered by IBU and OC to facilitate access ●
- ▶ The policy shall be clearly communicated to the teams and other participants, as well as provided to IBU for publication prior to the event ●
- ▶ Participants are required to fully comply with the respective policy and need to sign a respective declaration accepting the rules and consequences of violations (Annex 1) ●
- ▶ A positive COVID-19 test-result must be reported **immediately** to the IBU and OC designated COVID-19 contact person ● ●

## RESPONSIBILITY



## CONTACT DETAILS

- ▶ OC and IBU designated COVID-19 contact person
    - will be communicated in team-info
  - ▶ Local health authorities
    - will be communicated in team-info
- (check if differences between nationals and non-nationals exist) ●
- Website
  - Phone

## RESPONSIBILITY

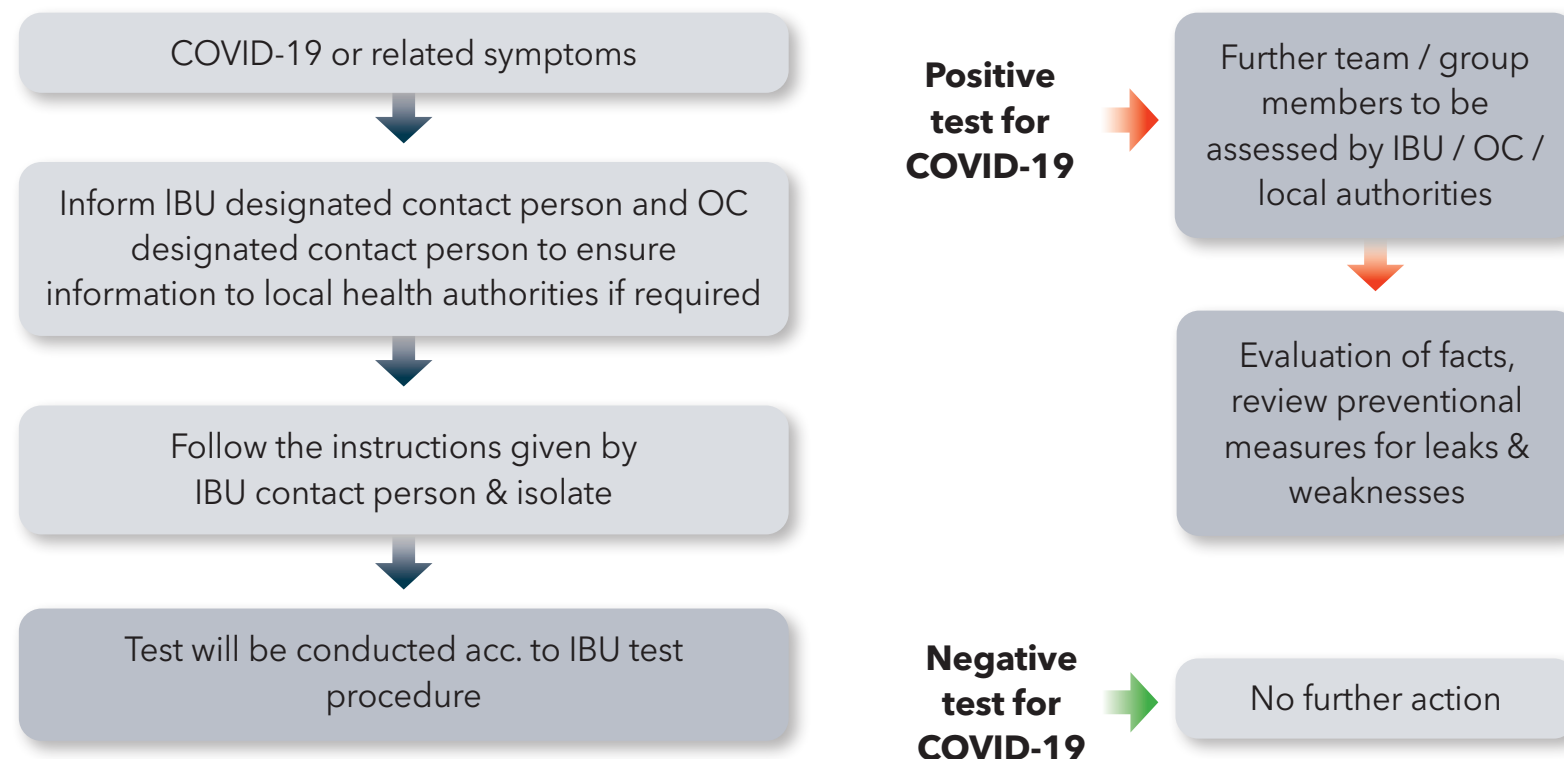


**NOTE: ALL communication with the COVID-19 contact persons and local health authorities must be via phone, if there is a suspicion of COVID-19 infection!**



## REPORTING CHAIN ●●

(to be amended according to national regulations):



## RESPONSIBILITY



## BEHAVIOUR ● ●

- ▶ **„Act as you want others to act“**
- ▶ Encourage people to act responsibly and remind **to maintain a high level of personal hygiene, including handwashing and minimising physical contact** by signage, announcements and sequences on the video walls

## RESPONSIBILITY



## DATA

### ► Declaration of Obligations (Annex 1/1B) ● ●

To be completed by all registered persons and uploaded in the Membercenter before the event or handed in at accreditation

### ► Vaccination proof ●

A proof of vaccination/recovery needs to be uploaded in the Membercenter by all vaccinated/recovered participants of teams (details see Annex 7)

### ► Spectators ●

If spectators will be allowed to enter events, handling is in full responsibility of the OC and can not effect these Guidelines negatively in any points

### ► Contact Tracing App ●

In case a national Contact Tracing App is available for download, please also include this in the communication

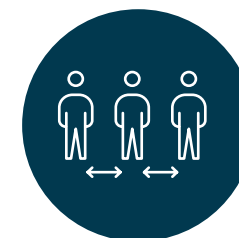
## RESPONSIBILITY





## AVOID CONTACTS

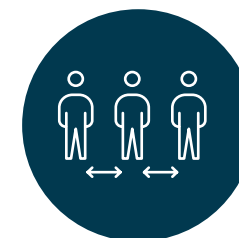
### DISTANCE



- ▶ Direct contacts should be limited **as much as possible** ● ●
  - In case of contacts the general rules and national regulations of distancing and wearing masks must be respected and followed.
  - IBU clearly recommends to avoid any contacts to people outside the inner event circle. Especially visiting bars/pubs or dining out outside the event bubble is not recommended during the events. It may be necessary to tighten these rules in case of irresponsible behaviour.
- ▶ Review all areas to enlarge distances between people ●
  - Catering Zones
  - Waiting / Changing / Doping Control
  - Mixed Zone
  - Officials' rooms
  - Hospitality (if existing - for partners / invited guests)
  - Spectators stands (if existing)

## LIMITED ACCESS TO AREAS

### DISTANCE



- ▶ Limited number of people in designated areas (only essential amount) might be necessary ●●
- ▶ Group system (together with IBU and PLARAS). E.g.: ●

a) Teams (Athletes, Coaches, Med. Staff, Technicians), Partner Companies (SIWIDATA, PLARAS, INFRONT), Supplying Partners, IBU, OC Management

b) Organization and preparation on course / shooting range / start-finish: Volunteers, OC-Referees, companies for installations and technical issues, authorities, medical / rescue

c) Media (Host Broadcaster, TV, other journalists, photographers)

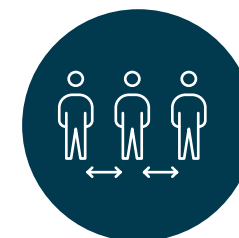
d) Invited guests of NF, IBU, OC, INFRONT

The colour(s) of the group(s) will be visible on the accreditation card but **but area numbers decide on access.**

- ▶ Accreditation will be handed out only by providing a negative valid COVID-19 PCR test and after signing the declaration (Annex 1) Those tests may not be older than 72h from sample taking (finally depending on national regulations in the host country) Exception: Excluded persons as defined in the Test-protocol (Annex 7)

## REGULATED FLOW OF PEOPLE

### DISTANCE



#### ► Accommodation ●

- Teams shall be separated from other hotel guests **as much as possible** (e.g. by rooms on different floors, different dining areas and different entrances)
- Separate hotels for specified groups directly involved in the event preferred but not mandatory
- can be booked individually but separation from other hotel guests for meals must be guaranteed; the **OC MUST be informed prior to the bookings**
- if no official OC accommodation a hygiene concept must be sent to OC and IBU

#### ► Hospitality / Meals ●

- Separate dining rooms / areas and buffets from other hotel guests with sufficient space if no exclusive accommodation for teams only is available

#### ► Transport ● ●

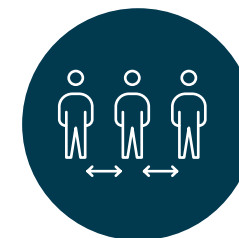
- Limit number of persons per transportation to allow required distance
- Transportation plan to separate teams / groups
- Check with teams/groups whether own transport can be organised – this is highly recommended!
- Minimize grouping of different teams/groups in one transportation (only in case of same accommodation and group shared transports are allowed)



## REGULATED FLOW OF PEOPLE

- ▶ One-directional flow of people wherever possible ●●
- ▶ Avoid clustering ●●
- ▶ Clear signage ●

## DISTANCE



## ISOLATED SICK PERSONS

- ▶ Isolation in hotels ●●
  - Reduce double rooms and use single rooms
  - Reserve room(s) per nation/group recommended if necessary (check Annex 7)

## DIGITALIZED PROCESSES

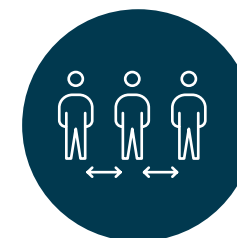
► **Offices** ●

As digital as possible (competition entries, starting lists, results, analyses, etc.)

► **Media** ●

Online press conferences

## DISTANCE



## REVIEWED CEREMONIES

► **Distance** ● ●

► **No handshaking** ● ●

## MASKS ●●

### UPDATE

#### Type of masks generally accepted by IBU:

FFP2 and medical/surgical masks

In case national regulations of the hosting country require the use of FFP2 masks only, this requirement have to be strictly followed.

#### Where to wear masks:

##### Indoors:

Masks have to be worn at all times inside any buildings, cabins, trucks etc.

##### Exceptions:

- o alone in a room / car or in own hotel room
- o while eating (only at the table)

##### Outside:

Masks have to be worn at any time when physical distance (1,5 - 2m) cannot be kept.

This applies e.g. in start/finish areas, shooting range, coaching zones, mixed zone etc.

## HYGIENE





**HYGIENE****HAND-WASHING** ● ●

- ▶ Provide sufficient infrastructure including soap and paper towels ●
- ▶ Signage with description of proper procedure (minimum 20 seconds with soap and warm water + drying with single-use (paper) towel) ●

**DISINFECTION** ● ●

- ▶ Provide and use disinfection dispensers/sanitizers (multiple locations) with an alcohol-based liquid ●
- ▶ Use those disinfection regularly and properly ● ●
- ▶ Washing of clothes, especially (ski) gloves & sports gear that may contain “body fluids” is recommended frequently (check options with hotels) ● ●

## **NO-HANDSHAKING** ● ●

- ▶ Avoid handshaking

## **RESPIRATORY HYGIENE** ● ●

- ▶ Cover your mouth and nose with your bent elbow or tissue when you cough or sneeze and throw away the tissue in a waste container
- ▶ Afterwards wash / disinfect your hands

## **VENUE MEAL SERVICES** ● ●

- ▶ Alternatives to buffet service, e.g. ready food bags, snacks, fruits;  
limit interaction between volunteers and „guests“
- ▶ Prepare as much as possible in the dining area/s before the teams arrive
- ▶ Sufficient water / drinks already available on the tables in small/individual bottles
- ▶ Personell wearing of masks / mouth-nose face covering when serving

### **HYGIENE**



## WASTE MANAGEMENT ● ●

- ▶ Dispose any waste at provided bins ●
- ▶ Ensure a responsible disposal of any waste by wearing masks and gloves ●

## CLEANING PLANS ●

- ▶ Review and ensure a regular cleaning schedule
- ▶ Regular air changing in closed rooms
- ▶ Cleaning tables at meals preferably after dining when an entire table has left, not during the meal
- ▶ Cleaning of hotel rooms to be avoided when teams are in the accommodation

## HYGIENE

