



IBU Coach Education First Level Course

November 2024

Context

To support National Federations and their Coaches, the IBU offers the IBU Academy Coach Education Programme, consisting of 4 levels (basic, first, second and third level). The First Level Course consists of 186 hours and will be held online and in-person during 6-days camps in May 2025, October 2025, and March/April 2026.

Participants

A maximum of 20 motivated candidates with the IBU Basic Level Coach Certificate, or athletes with national and international experience at senior level (min. of 3 years in the senior national team), or coaches who have worked as a biathlon coach for at least 2 years (clubs, regional, or national level) nominated by the National Federation.

Lectures

Theoretical and practical lessons in the fields of skiing, shooting, exercise physiology, integrity, sustainability, biathlon performance, nutrition, psychology, recovery & prevention, coaches' soft skills, equipment, applied training science, and the business of sport will be provided by well-known experts and coaches in the fields of winter sports and sports science.

Place & Date

Week1: 4-10 May 2025 in Hochfilzen (AUT)

Week 2: 6 days, planned in October 2025 in Pokljuka (SLO)

Week 3: 6 days, planned at the end of March/beginning of April 2026

Costs & Funding:

€ 5,500 per person, excluding travel and accommodation costs. The NF can apply for financial support from the IBU development support for a maximum of two candidates (1 male, 1 female) to cover the fee, accommodation, and travel costs.

Application Deadline:

31 January 2025

Application:

via IBU Scope

<https://scope.ibu.at>

Further information

on terms and conditions:

[International Biathlon Union - IBU Academy](#)

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