

ANNEX 6

GENERAL UPDATE FOR ALL GROUPS

VERSION 3 – 20 NOVEMBER 2020

All changes in red

In addition to all existing rules and guidelines please find below some supplementary regulations and recommendations.

Please note that although IBU is providing testing and general guidance/rules, the controlled event circle does not provide a 100 % safe environment with regards to COVID-19. Thus, responsible behaviour and keeping the distance, using face mask and taking care of very good hand hygiene are still of crucial importance. Every participant has a responsibility for implementing these.

GENERAL BEHAVIOUR

To avoid uncontrolled spreading and in order to facilitate tracking of contacts:

- ▶ Try to build „**CORE-Groups**“ for daily interaction – Top-down-principle:
 - Team by team
 - Athletes with athletes / Coaches with coaches / Technicians with technicians
 - Gender by gender
 - Roommates with roommates
- ▶ These small groups should stay within each other as much as possible and avoid mixing with others:
 - Same tables at meals with limited number of people (no rotation & distance between tables)
 - Transports/Cars

The better this procedure can be followed the better we can trace contacts and limit the impact of potential positive cases on other people – also within your teams/groups/companies!!

Detailed information/rules/processes will be defined in the **SARS-CoV-2 Test protocol (Annex 7)**.

MASKS

Wearing of masks/mouth-nose face covering mandatory in all areas (exception for athletes and technicians during their physical efforts ▶ skiing, running, warm-up)

This exception applies for all physical exercises as mentioned above for **all event participants**.

Additional exception: When **alone** in closed rooms/offices or in shared offices when a minimum distance of 3 m can be kept. Regular **ventilation** is highly recommended (at least once per hour)!

Masks/mouth-nose face covering need to be either high quality manufactured masks, surgical masks or of higher standard (FFP2 etc.) **without valves. Buffs/scarves etc. are not considered as masks!** This means that **EVERY** event participant (**also athletes**) need to wear **a mask** when not physically exercising as mentioned above.

Moreover no exceptional permissions/exemption certificates will be accepted at IBU events. Wearing of masks is mandatory and who can not wear a mask due to any reason can not participate.

LEAVING THE “CONTROLLED EVENT CIRCLE/BUBBLE”

Basis:

Direct contacts should be limited as much as possible. **This applies also for time off the venue (especially dining out and visiting pubs/bars is not allowed)!**

- ▶ In case of contacts the general rules and national regulations of distancing and wearing masks must be respected and followed. Such rules might be tightened in case of irresponsible behaviour.
- Generally it is **not allowed** to leave the circle of persons to which the respective measurements (COVID-19 Test protocol) applies
- **This includes sleeping at home / visiting home during events!**

Exceptions:

- ▶ Living alone or only with other persons who belong to the „controlled event circle”
- ▶ COVID-19 tests every 48 h at own costs (IBU test-infrastructure can be used)
 - This option needs to be requested (IBU designated COVID-19 contact person)

ACCOMMODATION

Allocation/booking of accommodation only via OC (if you have already booked, please get in touch with the OC as soon as possible **for approval**)

- Generally separate hotels for specified groups (Teams, Supplying Partners, Media, IBU) directly involved in the event are preferred wherever the host regional hotel structure allows it
- Apartments/cottages which are used solely by members of the same group are allowed by IBU (no common areas to be used/no mixture with external persons; e.g. breakfast room/dining area)
- The OC has the authority and final responsibility to allow/reject those requests, if national regulations require a stricter handling and alternative accommodation for reasonable prices can be offered
- According to Annex 3 („Accommodation“ + „Reporting“) at least one spare-/isolation room per team in their accommodation is mandatory and needs to be paid by the teams. Only by having such room available, the requirements of the reporting policy with immediate isolation in case of suspects/symptoms can be fulfilled.

EXCEPTION: This does not apply if all team members are accommodated in single rooms.

TESTING (all information in ANNEX 7)

- A separate document regulating the legal background of handling and communication of SARS-CoV-2 test results needs to be signed by each event participant at his/her first IBU test.
- The signage of such document will be mandatory to participate at any IBU event.
- Each person needs to bring the accreditation and/or an ID/passport for identification to the test.

Previous COVID-19 illness / Positive SARS-CoV-2 test results / Weak positive results

A possible exclusion from the testing protocol due to a previous COVID-19 illness may only take place through an internal evaluation by the IBU Medical Advisory Group, based on SARS-CoV-2 (IBU) test results. A tailor made protocol might apply in such cases.

After a minimum of 10 days after the first positive test **AND** a minimum of at least 48 symptomfree hours, a weak positive RT-PCR test result with CT values above 30 (usual dual target PCR) or 18 in the Spindiag Rhonda PCR test (IBU test-system) can be considered as a residual positive from a past infection, counting as non-infectious and will not lead to quarantine and contact tracing.

Before entering the event:

The respective athletes / persons need to send all available documents and test-results for evaluation to IBU (COVID contact Email-addresses) which will be forwarded to the Medical Advisory Group representatives responsible for the respective location. They decide whether it makes sense to start the on-boarding process or not (**this does not solve any travel/entering issues** – we just decide whether the person is allowed to enter our testing system and potentially will be granted to participate at our event). If the person manages to come to our event (travel/entry) **she / he has to be tested through our system!** Then **based on our test-results** an evaluation and decision will be made by IBU (including quarantine until the test result is available and approved by the designated MAG representatives – in case of low CT-values **in our test system** the internal quarantine has to be continued until an appropriate, non-infectious PCR result is obtained).

NOTE: This is the approach of the IBU based on the advice of the Medical Advisory Group. The final decision – as always – will be depending on the national authorities and their regulations. Moreover it does not relieve from potential travel restrictions.

ACCOMPANYING PERSONS

If persons accompany an event participant without being accredited to an event (e.g. partners, children, nanny etc.) and having direct contact during the event duration to this person or other persons of the “event bubble”, those persons must be registered via the respective IBU Covid contact E-mail for WC/IBU Cup and afterward will be tested in the same way as the respective eventparticipant on own costs.