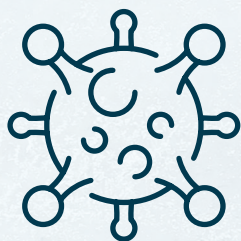




IBU



IBU EVENT GUIDELINES **COVID-19**

INTRODUCTION - GENERAL

- ▶ IBU assures that maintaining the safety and health of everyone involved at IBU events is the first priority in all planning processes
- ▶ Due to the Covid-19 outbreak and the unpredictable development in the future additional measures at our events will most likely be required to minimize the risks of further spreading of the virus
- ▶ Even though our events are already well organised, these

IBU Event-Guidelines shall provide general advice based on information and publications from the World Health Organisation (WHO), the IOC Medical Department and the experience gained by other expert groups. The intention of these Guidelines is to assist in the general set-up and in various processes for the care and wellbeing of all participants at the event. Specific plans and detailed procedures will be defined in close cooperation with the respective OC regarding the current situation, rules and restrictions

- ▶ The decision about the allowance of spectators and guests lies solely with the OCs according to valid restrictions or advices of the responsible health authorities. Anyway these decisions will be made in close consultation with IBU

INTRODUCTION - GROUPS

To ensure a better overview about the responsibility for the different topics the concerned groups are marked by a color-code and divided as follows:

● **ORGANIZING COMMITTEES (OCs)**

detailed information in Annex 2

- ▶ OCs shall ensure in cooperation with IBU that adequate measures are in place to protect the health of all participants and that they can have access to immediate medical care. Preventative measures to stop transmission of infection as well as mitigation measures to minimise the risk of infection shall be put in place
- ▶ The OC is required to include responsible Health Authorities to support its work with establishing the appropriate measures and to stay updated in terms of latest developments and local regulations
- ▶ IBU will install in cooperation with the OCs an independent COVID-19 test-procedure to provide fast and uncomplicated service
- ▶ All members of the OC shall behave like described and follow these guidelines

● **PARTICIPANTS**

detailed information for Teams in Annex 3 and Media in Annex 4

- ▶ All participants at IBU events shall behave like described and follow these guidelines.

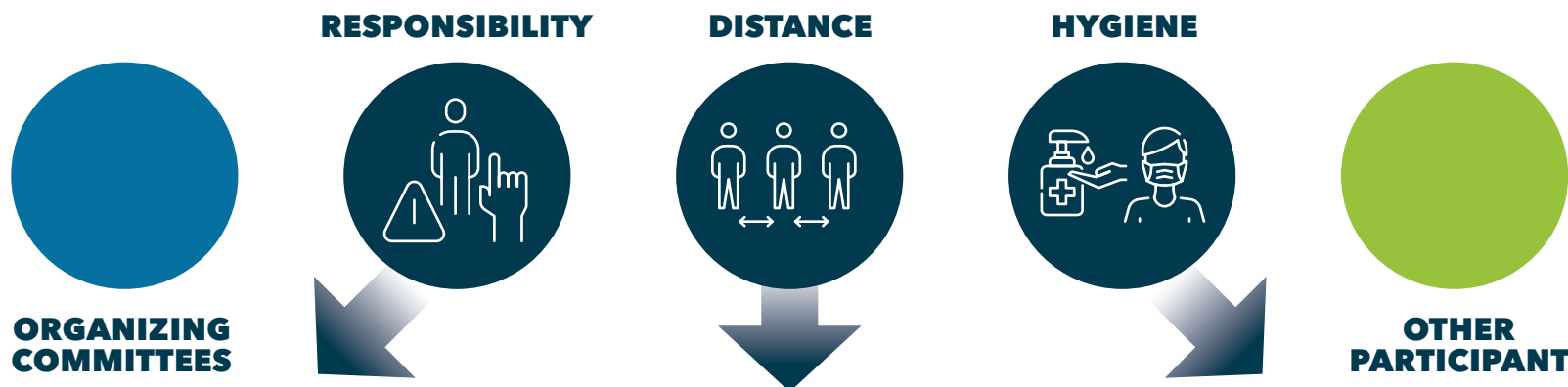
GENERAL GUIDELINES

IBU events, especially the IBU World Cup and World Championships are high profile international sporting events and as such count as “mass gatherings” under the World Health Organisation (WHO) definition.

Therefore we kindly recommend to check the WHO-website (www.who.int) for general advise and especially the following documents:

- ▶ <https://www.who.int/publications/i/item/key-planning-recommendations-for-mass-gatherings-in-the-context-of-the-current-covid-19-outbreak>
- ▶ <https://www.who.int/publications/i/item/considerations-for-sports-federations-sports-event-organizers-when-planning-mass-gatherings-in-the-context-of-covid-19-interim-guidance>
- ▶ <https://www.who.int/publications/i/item/water-sanitation-hygiene-and-waste-management-for-covid-19>

Beside the ongoing direct communication between IBU, OCs and other participants, updates and current information can be found also on our website: www.biathlonworld.com



► **Communication**

- Information ●
- Reporting ●●

► **Behaviour**

„Act as you want others to act“ ●●

► **Data**

- Declaration of Obligation (Annex 1) ●●
- Tracing app ●

► **Avoid contacts** ●●

► **Limited access to areas** ●●

► **Separated groups**

- Accommodation ●
- Transport ●●
- Hospitality/Meals ●

► **Regulated flow of people**

- one-directional ●●
- no clustering ●●

► **Isolated sick persons** ●

► **Digitalized processes**

- Offices ●●
- Media ●●

► **Review of ceremonies** ●●

► **Masks** ●●

► **Hand-Washing** ●●

► **Disinfection** ●●

► **No-handshaking** ●●

► **Respiratory Hygiene**
(e.g. coughing) ●●

► **Meal Services** ●

► **Waste Management** ●●

► **Cleaning plans** ●

COMMUNICATION INFORMATION ●

- ▶ Since the canalized and fast communication is a key-factor for detection and prevention of potential spreading, OCs shall compile a document summarising the Covid-19 prevention measures planned and undertaken that are established in accordance with local rules and regulations
- ▶ A communication of these measures shall also be published and sent to all other accredited participants (e.g. broadcasters, media, sponsors, Siwidata, Plaras etc). Spectator information (if allowed) shall also be prepared and communicated with eventual ticket sales and/or other channels e.g. social media
- ▶ It is crucial that all provisions in place are communicated clearly to all participants in advance through channels identified as adequate
- ▶ Please include the information and awareness as well as eventual updates during the event in the Team Captain meetings and/or other briefings for other participants

RESPONSIBILITY



COMMUNICATION REPORTING

- ▶ Reporting Policy
- ▶ Contact details
- ▶ Reporting Chain

RESPONSIBILITY



REPORTING POLICY

- ▶ The OC must have direct contact to local health authorities to assist teams and other participants to immediate medical care and be aware of the local Covid-19 regulations ●
- ▶ If required by national regulations, access to Covid-19 testing must be provided ●
- ▶ Additionally an independent test-system will be integrated by IBU and OCs to facilitate access and to provide fast results ●
- ▶ The policy shall be clearly communicated to the teams and other participants, as well as provided to IBU for publication prior to the event ●
- ▶ Participants are required to fully comply with the respective policy and need to sign a respective declaration accepting the rules and consequences of violations (Annex 1) ●
- ▶ A positive COVID-19 test-result must be reported **immediately** to the IBU and OC designated COVID-19 contact person ● ●

RESPONSIBILITY



CONTACT DETAILS

- ▶ OC designated COVID-19 contact person ●
 - Phone
 - Email
 - Reporting point
 - Medical station
- ▶ IBU designated COVID-19 contact person
- ▶ Local health authorities
(check if differences between nationals and non-nationals exist) ●
 - Website
 - Phone

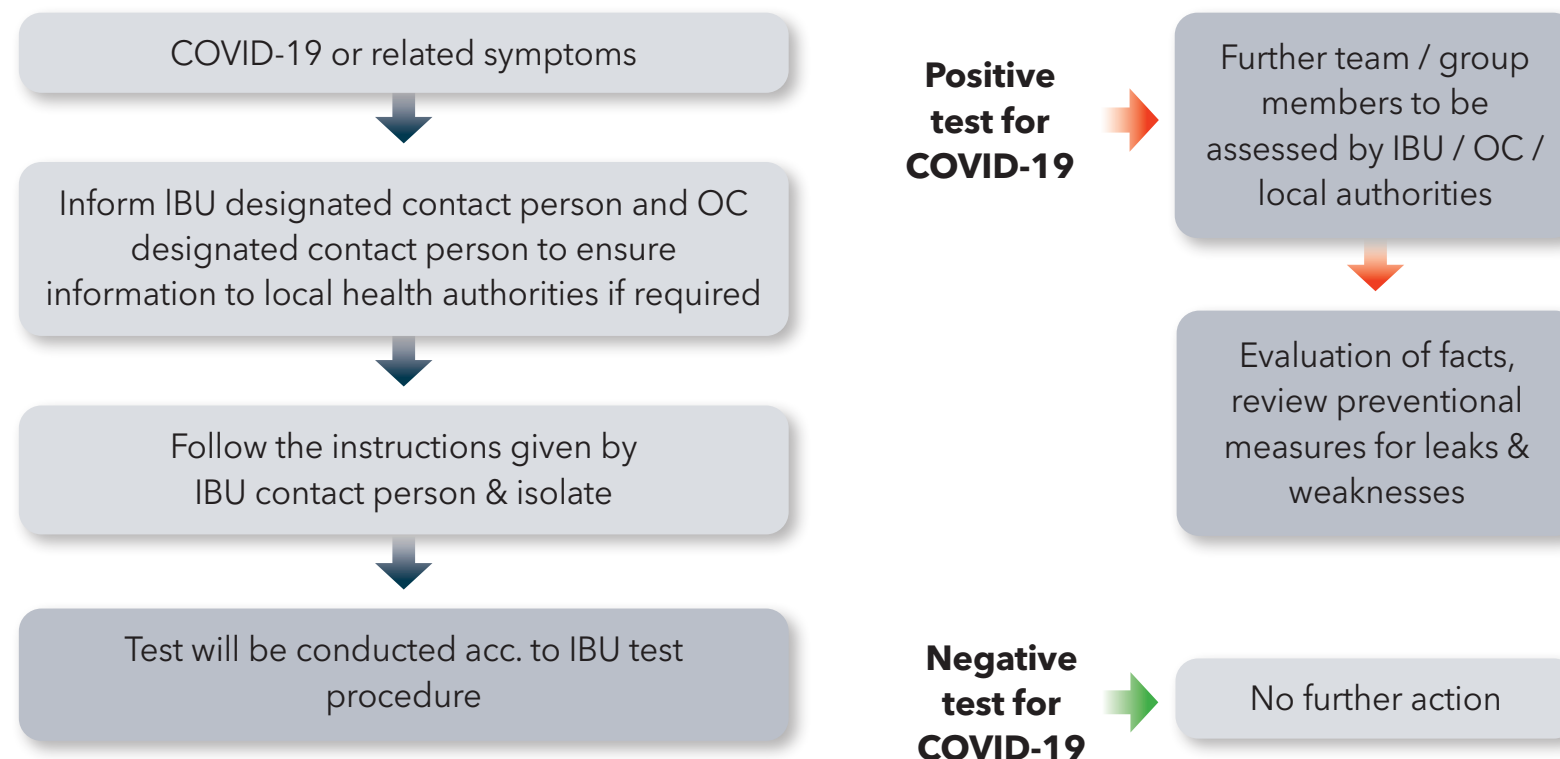
NOTE: ALL communication with the COVID-19 contact persons and local health authorities must be via phone, if there is a suspicion of COVID-19 infection!

RESPONSIBILITY



REPORTING CHAIN ●●

(to be amended according to national regulations):



RESPONSIBILITY



BEHAVIOUR ● ●

- ▶ „Act as you want others to act“
- ▶ Encourage people to act responsibly and remind **to maintain a high level of personal hygiene, including handwashing and minimising physical contact** by signage, announcements and sequences on the video walls

RESPONSIBILITY



DATA

► **Declaration of Obligations (Annex 1)** ● ●

To be completed by all registered persons before their first event at accreditation

► **Spectators** ●

If spectators will be allowed to enter events, handling is in full responsibility of the OCs and can not effect these Guidelines in any points

► **Contact Tracing App** ●

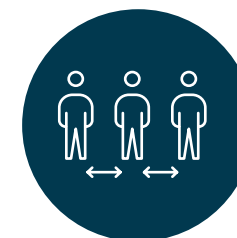
In case a national Contact Tracing App is available for download, please also include this in the communication (clarify whether also available for the use of non-nationals)

RESPONSIBILITY



AVOID CONTACTS

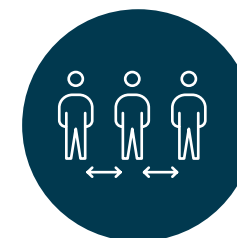
DISTANCE



- ▶ Direct contacts should be limited **as much as possible** ● ●
 - In case of contacts the general rules and national regulations of distancing and wearing masks must be respected and followed.
 - IBU clearly recommends to avoid any contacts to people outside the inner event circle. Especially visiting bars/pubs or dining out is not allowed during the events. It may be necessary to tighten these rules in case of irresponsible behaviour.
- ▶ Review all areas to enlarge distances between people ●
 - Catering Zones
 - Waiting / Changing / Doping Control
 - Mixed Zone
 - Officials' rooms
 - Hospitality (if existing - for partners / invited guests)
 - Spectators stands (if existing)

LIMITED ACCESS TO AREAS

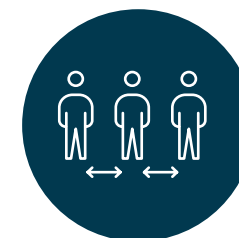
DISTANCE



- ▶ Limited number of people in designated areas (only essential amount) ● ●
- ▶ Re-defined zones / groups and access system (together with IBU and PLARAS). E.g.: ●
 - a) Teams (Athletes, Coaches, Med. Staff, Technicians), Partner Companies (SIWIDATA, PLARAS, INFRONT), Supplying Partners, IBU, OC Management
 - b) Organization and preparation on course / shooting range / start-finish: Volunteers, OC-Referees, companies for installations and technical issues, authorities, medical / rescue
 - c) Media (Host Broadcaster, TV, other journalists, photographers)
 - d) Invited guests of NF, IBU, OC, INFRONT - only with accreditation
- ▶ Accreditation will be handed out only by providing a negative valid COVID-19 test and after signing the declaration (Annex 1) Those tests may not be older than 72h (finally depending on national regulations in the host country) ● ●

REGULATED FLOW OF PEOPLE

DISTANCE



► Accommodation ●

- Teams shall be accommodated in separate hotels without any other guests
- If this is not possible, they need to be separated from other hotel guests by rooms on different floors, different dining areas and different entrances
- Separate hotels for specified groups directly involved in the event preferred

► Hospitality / Meals ●

- Separate dining rooms / areas from other hotel guests with sufficient space if no exclusive accommodation for teams only is available

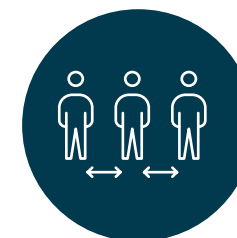
► Transport ● ●

- Limit number of persons per transportation to allow required distance
- Transportation plan to separate teams / groups
- Check with teams/groups whether own transport can be organised - this is highly recommended!
- Minimize grouping of different teams/groups in one transportation (only in case of same accommodation and group shared transports are allowed)

REGULATED FLOW OF PEOPLE

- ▶ Define crossing points of different groups (as specified) ●
- ▶ One-directional flow of people ● ●
- ▶ Avoid clustering ● ●
- ▶ Clear signage ●

DISTANCE



ISOLATED SICK PERSONS

- ▶ Isolation rooms on venue (People that have contact with the isolated, possibly sick persons should have need to wear access to proper protection (masks, eye protection etc.) ●
- ▶ Isolation in hotels ● ●
 - Reduce double rooms and use single rooms
 - Reserve room(s) per nation

DIGITALIZED PROCESSES

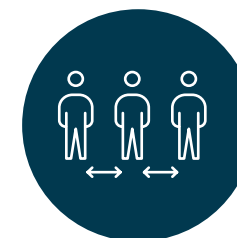
► **Offices** ●

As digital as possible (competition entries, starting lists, results, analyses, etc.)

► **Media** ●

Online press conferences

DISTANCE



REVIEWED CEREMONIES

► **Distance** ● ●

► **No handshaking** ● ●

MASKS ● ●

- ▶ Wearing of masks / mouth-nose face covering mandatory (exception for athletes and technicians during their physical efforts ▶ warm-up, skiing, running)

HAND-WASHING ● ●

- ▶ Provide sufficient infrastructure including soap and paper towels ●
- ▶ Signage with description of proper procedure (minimum 20 seconds with soap and warm water + drying with single-use (paper) towel) ●

DISINFECTION ● ●

- ▶ Provide and use disinfection dispensers/sanitizers (multiple locations) with an alcohol-based liquid ●
- ▶ Use those disinfection regularly and properly ● ●
- ▶ Washing of clothes, especially (ski) gloves & sports gear that may contain “body fluids” is recommended frequently (check options with hotels) ● ●

HYGIENE



NO-HANDSHAKING ● ●

- ▶ Avoid handshaking

RESPIRATORY HYGIENE ● ●

- ▶ Cover your mouth and nose with your bent elbow or tissue when you cough or sneeze and throw away the tissue in a waste container
- ▶ Afterwards wash / disinfect your hands

MEAL SERVICES ● ●

- ▶ Alternatives to buffet service, e.g. ready food bags, prepared lunch/meal plates; limit interaction between volunteers and „guests“
- ▶ Prepare as much as possible in the dining area/s before the teams arrive
- ▶ Sufficient water / drinks already available on the tables in small/individual bottles
- ▶ Personell wearing of masks / mouth-nose face covering when serving (Hotels)

HYGIENE



WASTE MANAGEMENT ● ●

- ▶ Dispose any waste at provided bins ●
- ▶ Ensure a responsible disposal of any waste by wearing masks and gloves ●

CLEANING PLANS ●

- ▶ Review and ensure a regular cleaning schedule
- ▶ Regular air changing in closed rooms
- ▶ Cleaning tables at meals preferably after dining when an entire table has left, not during the meal
- ▶ Cleaning of hotel rooms to be avoided when teams are in the accommodation

HYGIENE

