

ANNEX 7

IBU SARS-COV-2 TEST-PROTOCOL

NOTE: The following document and SARS-CoV-2-testing itself does not provide a safety-guarantee! It is only a monitoring and helps us to react as soon as possible. Following the IBU Event Guidelines and all other recommendations at any time is crucial to secure your health and also our events!

Any suspicious feelings or indications for a potential infection need to be communicated as soon as possible to the IBU designated contact person! Not following this will lead to an event exclusion and also might cause more severe sanctions (legal and following the IBU Event and Competition Rules Art. 11.6).

GENERAL

All participants at IBU Events need to follow this test protocol to secure the safety as much as possible (See Annex 1, IBU Event Guidelines COVID-19).

A separate document regulating the legal background of handling and communication of SARSCoV-2 test results needs to be signed by each event participant at his/her first IBU test.

The signage of such document will be mandatory to participate at any IBU event.

Costs for tests will be covered by IBU only for scheduled preventive tests for teams (i.e. registered athletes, coaches, wax technicians, other team staff). Other tests and such of all remaining stakeholders will be charged with 70 €/test.

The costs for teams will be deducted from NF contributions after the season 20/21, all other stakeholders will be invoiced also after the season 20/21 (end of march).

A valid negative test (not older than 72 h or as required by national regulations) for entering the event hosting country and to enter the event venue at arrival (on-boarding) is to be provided in the own responsibility of each participant. Afterwards the regular test schedule begins.

Accredited OC members and volunteers who are in direct contact with event participants must provide an own initial negative „on-boarding-test“ and need to follow the schedule from that point on. If the OC provides an own/internal validated test system for their volunteers, this needs prior alignment with the IBU.

IBU will provide test possibilities at the end of each event-block to secure a valid test for travel issues (travel home) if required. Such tests will be charged for all participants.

REQUIREMENTS OWN TESTS

If participants provide own test results for on-boarding, such tests need to be validated **PCR** tests.

CONTACT DETAILS

► IBU designated contact person

- **BMW IBU World Cup and WCH**

Email: covid19-wc@ibu.at

Phone: +43 664 1922870

- **IBU Cup, OECH and YJWCH**

Email: covid19-ic@ibu.at

Phone: +43 664 1922879

NOTE: Regular communication only via mail. Call only in acute/suspected cases!

► OC designated contact person

- Will be announced for each event (Invitation/Team Info)

► National/Regional Health Authorities

- Will be announced for each event

LOCATION

A location for sampling the probes will be installed off the venue and be announced for each event.

PROCEDURE

Test method: multiplex real-time RT-PCR (SARS-CoV-2) RNA with laboratory on site

Sampling: oropharyngeal swab

RESULTS

The targeted turnaround-time from swab until the result is 3 hours.

Due to several reasons this can be longer in exceptional cases.

Each person needs to bring the accreditation for identification to the test.

SCHEDULE

A detailed schedule for each group will be announced for each event.

On-boarding:

A		
Test at home		
▼	Travel max. 72 h	▼
Arrival / Accreditation		
▼	Within 24 h	▼
1st internal / IBU-Test		

Regular Procedure (exact time-slots will be communicated for each team/stakeholder):

- ▶ Tests every 4-5 days ▶ Members of the „red group“ and defined OC staff/Volunteers with direct contact to red group
- ▶ Tests min. every 7 days ▶ other groups
- ▶ Optional (on own costs) test for travelling home

Groups:

a) Teams (Athletes, Coaches, Med. Staff, Technicians), Partner Companies (SIWIDATA, PLARAS, INFRONT), Supplying Partners, IBU, OC Management

b) Organization and preparation on course / shooting range / start-finish: Volunteers, OC-Referees, companies for installations and technical issues, authorities, medical / rescue

c) Media (Host Broadcaster, TV, other journalists, photographers)

d) Invited guests of NF, IBU, OC, INFRONT – only with accreditation

NOTE: Leaving the „controlled circle“ by getting in close contact (defined below) with persons to which the respective measurements (SARS-CoV-2 Test Protocol) do not apply (e.g. sleeping at home) means leaving the protocol and results in a new „on-boarding“ or following the alternative option as mentioned in Annex 6 – Version 1 – 15.10.2020 IBU Event Guidelines COVID-19.

COMMUNICATION

Positive test results will be communicated as soon as possible directly (data of Annex 1, IBU Event Guidelines) and also **MUST** be reported to national/regional health authorities immediately. This will generally be done by the laboratory directly but might also be an obligation of the respective tested person according to national laws/rules.

Negative test results will not be provided actively but can be requested (IBU Tests).

Therefore, if not receiving another information within 24 h, the tested person can be considered as tested negative. This is important especially in Kontiolahti, since a second negative test after a minimum of 72 hours after the entry to Finland is required to be released from “quarantine”. In detail:

Until 24 h after the second test in Finland, all event participants are legally under “special quarantine”, meaning that they are only allowed to be in the hotel, at the venue, or outside for training issues. Afterwards they are officially released from the quarantine required by the local

authorities. However, the IBU Event Guidelines COVID-19 still apply and the participants must respect and follow them.

POSITIVE RESULTS

Affected person:

- ▶ Isolation/quarantine
- ▶ **National regulations apply**
- ▶ Travel home (if physically ok and legally allowed – e.g. not allowed in Finland) **OR**
- ▶ Isolation apart from other event participants
 - to be coordinated with OC/IBU designated contact person

NOTE: Changes/adaptions according to national law/requirements may apply!

OTHER PERSONS

The procedure for persons who were in contact with a positively tested person is **first of all depending on national regulations**.

To facilitate the internal procedure we want to clarify **our** approach:

Direct/close contacts:

- ▶ All persons who spent more than 15 min closer than 1,5 m with this person during the last 72 h before the result and without any proper protection (mouth-/nose coverage) or in direct face-to-face physical contact even for a shorter time
- ▶ Test + quarantine
 - ▼ 72 h
- ▶ Next test (still in quarantine but training alone can be allowed – details to the „return to sport policy“ see below)
 - ▼ 48 h
- ▶ Next Test
- ▶ If all three tests negative -> back to normal schedule (to be reviewed in detail for each case by the Medical Advisory Group)
- ▶ Quarantine might be released after these 5 days but final decision is depending on the national authorities/rules.

NOTE: Therefore, a standard procedure can not be guaranteed and differences might occur. Health protection and respecting the law is always first priority!

Others:

- ▶ Stick to normal procedure

Therefore, to minimize the impact of positive cases on others, please respect the building of „CORE-groups“ as mentioned in Annex 6 – Version 1 – 15.10.2020 IBU Event Guidelines COVID-19.

RETURN TO SPORT POLICY

- ▶ “Returning to the bubble” is first possible when officially/legally relieved of quarantine
- ▶ When to start training/physical exercises is in the responsibility of the team physicians/doctors and always to be treated/decided individually and depending on the progression of the disease (symptoms, feelings etc.)
- ▶ Generally several international recommendations say:
 - **10 -14 days after symptom resolution** and under evaluation by medical professionals (especially cardiac testing/monitoring)
 - <https://bmjopensem.bmj.com/>
 - <https://www.germanjournalsportsmedicine.com/archiv/archive-2020/issue-5/position-stand-return-to-sport-in-the-current-coronavirus-pandemic-sars-cov-2-covid-19/>

ACCOMPANYING PERSONS

If persons accompany an event participant without being accredited to an event (e.g. partners, children, nanny etc.) and having direct contact during the event duration to this person or other persons of the “event bubble”, those persons must be registered via the respective IBU Covid contact E-mail for WC/IBU Cup and afterward will be tested in the same way as the respective eventparticipant on own costs.

Previous COVID-19 illness / Positive SARS-CoV-2 test results / **Weak positive results**

A possible exclusion from the testing protocol due to a previous COVID-19 illness or a previous PCR based SARS-CoV-2 positive test result may only take place through an internal evaluation by the IBU Medical Advisory Group (IBU MAG), based on an internal IBU SARS-CoV-2 test result and additional information requested by the IBU MAG. A tailor made protocol might apply in such cases.

After a minimum of 10 days after the first positive test **AND** a minimum of at least 48 symptomfree hours, a weak positive RT-PCR test result with CT values above 30 (usual dual target PCR) or 18 in the Spindiag Rhonda PCR test (IBU test-system) can be considered as a residual positive from a past infection, counting as non-infectious and will not lead to quarantine and contact tracing.

Before entering the event:

The respective athletes / persons need to send all available documents and test-results for evaluation to IBU (COVID contact Email-addresses) which will be forwarded to the Medical Advisory Group representatives responsible for the respective location. They decide whether it makes sense to start the on-boarding process or not (**this does not solve any travel/entering issues** – we just decide whether the person is allowed to enter our testing system and potentially will be granted to participate at our event). If the person manages to come to our event (travel/entry) **she / he has to be tested through our system!** Then **based on our test-results** an evaluation and decision will be made by IBU (including quarantine until the test result is available and approved by the designated MAG representatives – in case of low CT-values **in our test system** the internal quarantine has to be continued until an appropriate, non-infectious PCR result is obtained).

NOTE: This is the approach of the IBU based on the advice of the Medical Advisory Group. The final decision – as always – will be depending on the national authorities and their regulations. Moreover it does not relieve from potential travel restrictions.

SUMMARY OF COSTS

TEST	IBU	EVENT PARTICIPANT
Scheduled preventive TEAMS (as defined above)	X	
Scheduled preventive OTHERS		X
All other tests (incl. tests for travelling home)		X