

ANNEX 7

IBU SARS-COV-2 TEST-PROTOCOL (incl. exclusions)

NOTE: The following document and SARS-CoV-2-testing itself does not provide a safety-guarantee! It is only a monitoring and helps to react as soon as possible. Following the IBU Event Guidelines COVID-19 and all other recommendations at any time is crucial to secure your health and also our events!

Any suspicious feelings or indications for a potential infection need to be communicated as soon as possible to the IBU designated contact person! Not following this will lead to an event exclusion and also might cause more severe sanctions (legal and following the IBU Event and Competition Rules Art. 11.6).

GENERAL

All participants at IBU Events need to follow this test protocol to secure the safety as much as possible (See Annex 1, IBU Event Guidelines COVID-19).

Costs for tests will be charged for all persons! Local prices will be communicated for each event.

The costs for teams will be deducted from NF contributions after the event, all other stakeholders will be invoiced also after the event.

A valid negative test (not older than 72 h from sample taking or as required by stricter national regulations) for entering the event hosting country and to enter the event venue at arrival (on-boarding) is to be provided in own responsibility of each participant. Afterwards each participant is responsible to ALWAYS be able to present a valid negative PCR test (not older than 72 h from sample taking or as required by stricter national regulations).

The same procedure applies for OC staff and volunteers.

IBU will provide test possibilities in cooperation with the OCs on site only at pre-communicated times.

TEST REQUIREMENTS

All test results need to be validated **PCR** tests. Other tests are not accepted!

CONTACT DETAILS

► IBU designated contact person

- Email: covid19-wc@ibu.at (WC)
- covid19-ic@ibu.at (other IBU events)

Phone: +43 664 2367445

NOTE: Regular communication only via mail. Call only in acute/suspected cases!

► OC designated contact person

- Will be announced (Invitation/Team Info)

► National/Regional Health Authorities

- Will be announced (Invitation/Team Info)

LOCATION

A location for sampling the probes will be installed on site and be announced.

RESULTS

The turnaround-time from swab until the result depends on local lab-conditions.

Each person needs to bring the accreditation for identification to the test and additional data might be necessary depending on local lab-conditions.

SCHEDULE

Each participant (if not excluded as defined in the end of this document) needs to have a valid negative PCR test not older than 72 h from sample taking ALWAYS in own responsibility.

Tests will be checked at venue entrance.

On-boarding	
Test at home	
▼	Travel max. 72 h ▼
Arrival / Accreditation	
▼	event participation ▼
max. 72 h old test all the time	

COMMUNICATION

Positive test results **MUST** be reported to IBU immediately. This will generally be done by the laboratory directly but might also be an obligation of the respective tested person according to national laws/rules.

POSITIVE RESULTS

Affected person:

- ▶ Isolation/quarantine
- ▶ **National regulations apply**
- ▶ Travel home (if physically ok and legally allowed) **OR**
- ▶ Isolation apart from other event participants
 - to be coordinated with OC/IBU designated contact person

NOTE: Changes/adaptions according to national law/requirements may apply!

OTHER PERSONS

The procedure for persons who were in contact with a positively tested person is **first of all depending on national regulations**.

To facilitate the internal procedure we want to clarify **our** approach:

Direct/close contacts:

- ▶ All persons who spent more than 15 min closer than 1,5 m with this person during the last 72 h before the result and without any proper protection (mouth-/nose coverage) or in direct face-to-face physical contact even for a shorter time
- ▶ Test + quarantine
 - ▼ 72 h
- ▶ Next test (still in quarantine but training alone can be allowed – details to the „return to sport policy“ see below)
 - ▼ 48 h
- ▶ Next Test
- ▶ If all three tests negative -> back to normal schedule (to be reviewed in detail for each case by the Medical Advisory Group)
- ▶ Quarantine might be released after these 5 days but final decision is depending on the national authorities/rules.

NOTE: Therefore, a standard procedure can not be guaranteed and differences might occur. Health protection and respecting the law is always first priority!

Others:

- ▶ Stick to normal procedure

Therefore, to minimize the impact of positive cases on others, please respect the building of „CORE-groups“ within your teams.

RETURN TO SPORT POLICY

- ▶ “Returning to the bubble” is first possible when officially/legally relieved of quarantine
- ▶ When to start training/physical exercises is in the responsibility of the team physicians/ doctors
and always to be treated/decided individually and depending on the progression of the disease (symptoms, feelings etc.)
- ▶ Generally several international recommendations say:
 - **10 -14 days after symptom resolution** and under evaluation by medical professionals (especially cardiac testing/monitoring)
 - <https://bmjopensem.bmj.com/>
 - <https://www.germanjournalsportsmedicine.com/archiv/archive-2020/issue-5/position-stand-return-to-sport-in-the-current-coronavirus-pandemic-sars-cov-2-covid-19/>

ACCOMPANYING PERSONS

If persons accompany an event participant without being accredited to an event (e.g. partners, children, nanny etc.) and having direct contact during the event duration to this person or other persons of the “event bubble”, those persons must be registered via the respective IBU Covid contact E-mail and afterwards need to follow the conditions of this document as well.

RECOVERED PERSONS

Persons who are considered as "recovered" after an infection will be excluded from the testing protocol by providing the respective previous PCR based SARS-CoV-2 positive test result.

NOTE: "Recovered" is considered valid from 28 days to 6 months after a confirmed and documented positive PCR test for COVID-19. After 6 months "recovered" status is no longer valid for the event and therefore vaccination or PCR testing will be required.

Before the event:

The respective persons need to send all available documents and test-results for evaluation to IBU (COVID contact Email-address), idealwise collected per NF.

VACCINATED PERSONS

Persons who are **fully vaccinated** will be excluded from the testing protocol by providing the respective proof of the vaccination status.

NOTE:

A person is considered as fully vaccinated 14 days after having received the last necessary dose of the respective vaccine.

Accepted vaccines:

Biontec/Pfizer, AstraZeneca, Moderna, Janssen (Johnson&Johnson), Covishield, Sinovac, Sputnik V and any vaccine which is officially accepted/approved in the respective home country

In the last case a state confirmation/detailed information about the vaccine (producer/exact name/description etc.) needs to be provided for evaluation by the Medical Advisory Group.

Before the event:

The respective persons need to upload the vaccination documentation for evaluation to the profiles in the IBU MEMBERCENTER.

Accreditation card:

The vaccination status will be displayed on the accreditation card to facilitate venue access.

NOTE: The acceptance of vaccines as described above as well as the exclusion of recovered persons is the approach of the IBU based on the advice of the Medical Advisory Group, **BUT** travel restrictions and quarantine rules or even test requirements in some countries might differ and are up to the national authorities of the event hosting country.

Moreover also vaccinated / recovered persons will be tested in case of:

1. having had close contact to a positively tested person
2. being symptomatic (e.g. fever, coughing etc.)