



Happy Halloween

You will need:

One Co-op Pumpkin, scissors, tape, a large spoon, a sharp knife and a Co-op 2 pack Halloween Tea Light.

Instructions:

1. Ask an adult to cut a lid into your pumpkin
2. Scoop out all the pulp inside the pumpkin
3. Carefully cut out the stencil shapes and tape in place on to your pumpkin
4. Ask an adult to cut around each shape with a sharp knife, or pick up one of our Co-op Pumpkin Carving Kits instore
5. Pop a light inside the pumpkin, turn off the lights and prepare to scare!

The perfect pumpkin recipe

Don't waste the inside of your pumpkin, try making our Spiced Pumpkin Cake with Crumble Top. Just search the recipe on coop.co.uk/recipes

Share your creepy creation on our [Co-op Food Facebook page](#)





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