

SAFEGUARDING

CHILDREN & YOUNG PEOPLE
AT CHELSEA FC



OUR SAFEGUARDING POLICIES





OUR

MISSION

At Chelsea FC, we put the safety and well-being of all children and young people at the centre of everything we do. We aim to create an environment where young people feel encouraged, listened to and able to reach their full potential.

You have the right to be safe wherever you are: at home, school, out and about and at **football**.

Everyone at Chelsea FC has a responsibility to make sure that young people's well-being is put first.

THAT MEANS:

1
LISTENING TO
YOUNG PEOPLE

2
MAKING SURE
YOUNG PEOPLE
ARE SAFE

3
TAKING ACTION
WHEN NEEDED

We call it 'safeguarding' and it's really important to us because we know that when you are safe and happy you can make the most of every opportunity that football has to offer.



**ANYONE UNDER 18 IS CONSIDERED
A CHILD OR YOUNG PERSON**



REPORT A

CONCERN

Our staff will tell you what's going to happen **when it's safe to do so.**

Any decisions will be made **you to make sure**

1

WHY MIGHT YOU GET IN TOUCH?

Talk to a member of staff about:

- Anything that worries or frightens you
- Concerns about another young person
- Something that doesn't feel right.

Grown ups may also speak to a member of staff if they are worried about the safety of a young person.



2

WHO DO WE

The staff member you speak to someone at the Safeguarding Hub. They will immediately take steps to keep you safe

The people at our Safeguarding Hub are trained and experienced to look at your concerns and **make decisions that put your best interests first.**

Information is shared with the police and other agencies to help us keep you safe. We keep your information **safe and secure.**

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SPEAK TO?

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Safeguarding
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Where it's safe to do so, we'll
ask for your permission to
speak to other services.

3

WHAT HAPPENS NEXT?

Depending on what's worrying you,
the Safeguarding Hub might need to
speak to other services outside of
Chelsea FC to support you.

We might speak to services
like: **Children's services/
Health professionals/Police.**



CREATING A SAFE

ENVIRONMENT

It's really important that everyone at Chelsea FC feels safe and happy. We make sure that:

- We have an open environment where you feel comfortable to tell someone if something worries you
 - What you say is taken seriously
 - Our staff have special training and clear guidelines that explain the best way to work.
-

WHO IS RESPONSIBLE FOR SAFEGUARDING
YOUNG PEOPLE AT CHELSEA FC?



EVERYONE

All Chelsea FC staff working with children and young people are trained to look out for them.

We also have people whose job it is to make sure that the things you say are listened to and acted on. They are specially trained and know how best to deal with any worries about your safety and well-being.

We want you to feel safe, happy and comfortable talking to us no matter what the worry.

Talk to an adult you trust.

WHAT IS ABUSE?

Abuse is anything that another person does that causes harm to a child or young person.

PHYSICAL ABUSE

When someone is hurting you.
Things like:

- Hitting, smacking and slapping
- Scalding or burning you
- Spitting or throwing things at you
- Shaking or suffocating you.

SEXUAL ABUSE

This is when someone:

- Touches you
- Says things
- Makes you watch
- Makes you take part in

(things that make you feel uncomfortable).

NEGLECT

When you don't have the things you really need to be well. Things like:

Food, clean clothes, medicine. It also includes things like protection from harm and dangerous people.

EMOTIONAL ABUSE

When a person intentionally makes you feel bad about yourself, ignores you or puts you down.
Some examples are:

- Putting you in a dangerous situation
- Calling you names
- Being aggressive and violent to other people in your family and you keep seeing it.

BULLYING

Means different things to different people.

Generally, it's when you are made to feel bad or humiliated by name calling, pushing or pulling or being threatened. This can happen anywhere - online or offline.

ABUSE IS NEVER OKAY. IT'S NOT YOUR FAULT. YOU ARE NOT ALONE - THERE ARE PEOPLE WHO CAN HELP.



ASKING FOR HELP

If you have a problem, or are worried about something, it's always best to speak to an adult you trust. It can be difficult to find the right words so here are some tips to help make it a bit easier...

START SOMEWHERE

You don't have to share everything all at once. Say what comes to mind – it is okay if it does not come out perfectly. Telling someone is the most important thing.

CHOOSING THE RIGHT PERSON

Speak with an adult you trust – someone that makes you feel safe and listened to. This could be:

- A member of the Safeguarding Hub
- A family member
- A teacher
- A coach
- A school nurse or counsellor
- A close family friend.

TRY TO THINK ABOUT WHAT YOU WANT TO SAY

Fears, worries and problems can be hard to put into words. You might feel nervous about what to say and how the other person might react. Don't worry, this is normal. Sometimes it's helpful to go over what you want to say beforehand. Practice aloud or just say the words in your head. Doing this can help you to feel less nervous about saying it to someone else.

At times, asking for help can mean saying words you would not normally say. Words that might be considered rude or embarrassing. That's okay. You can say the words and you won't get into trouble.

Some children and young people find it easier to write it down and share it with a trusted adult. The adult may need to ask you questions about what you have written down but remember this is because they want to make sure they understand clearly and it is not because they do not believe you.



TALK TO

SOMEONE

At Chelsea FC, we listen. Talk to us if you have any worries or concerns.

WHO TO SPEAK WITH AT CHELSEA FC

It can sometimes feel difficult to tell someone about your worries. It can be hard to find the right words.

But it's important to talk to an adult you trust – no matter how small you think the problem is.

You can contact the Safeguarding Hub:

Head of Safeguarding: Eva.bari@chelseafc.com

Safeguarding Manager: Nancy.nicholas@chelseafc.com

Safeguarding Co-ordinator: George.richardson@chelseafc.com

OR SPEAK TO AN ADULT YOU TRUST. THEY WILL WORK WITH THE SAFEGUARDING HUB TO HELP.

WANT MORE INFORMATION OR ADVICE?

CHILDLINE 0800 1111

www.childline.org.uk

THINKUKNOW

www.thinkuknow.co.uk

YOUNG MINDS

www.youngminds.org.uk

STONEWALL

www.youngstonewall.org.uk

BROOK

www.brook.org.uk

BARNARDOS

www.barnardos.org.uk

NSPCC

www.nspcc.org.uk

PFA

www.thepfa.com

PREMIER LEAGUE HEAD OF SAFEGUARDING

Jessica Addicott Office:

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safeguarding@premierleague.com

FOOTBALL ASSOCIATION

www.thefa.com

