SUMMER BY

EQUINOX

June Schedule

Week of June 1

THURS.	8:30AM	KETTLEBELL POWER	JOHN
FRI.	8:30AM	TABATA MAX	WAZ
FRI.	9:30AM	VINYASA YOGA	KATEY
SAT.	8:30AM	METCON3	WAZ
SUN.	8:30AM	ATHLETIC CONDITIONING	WAZ
SUN.	9:30AM	VINYASA YOGA	KATEY
MON.	8:30AM	OUTDOOR CIRCUIT CHALLENGE	WAZ

Week of June 8

THURS.	8:30AM	KETTLEBELL POWER	JOHN
FRI.	8:30AM	TABATA MAX	WAZ
FRI.	9:30AM	VINYASA YOGA	DANA
SAT.	8:30AM	METCON3	CHRYS
SUN.	8:30AM	BEST BUTT EVER	CHRYS
SUN.	9:30AM	WEEKEND WINDOWN YOGA	DANA
MON.	8:30AM	OUTDOOR CIRCUIT CHALLENGE	WAZ

Week of June 15

THURS.	8:30AM	KETTLEBELL POWER	JOHN
FRI.	8:30AM	TABATA MAX	WAZ
FRI.	9:30AM	VINYASA YOGA	TAYLOR
SAT.	8:30AM	METCON3	WAZ
SUN.	8:30AM	ATHLETIC CONDITIONING	WAZ
SUN.	9:30AM	VINYASA YOGA	TAYLOR
MON.	8:30AM	OUTDOOR CIRCUIT CHALLENGE	WAZ

Week of June 22

THURS.	8:30AM	KETTLEBELL POWER	JOHN
FRI.	8:30AM	TABATA MAX	WAZ
FRI.	9:30AM	POWER VINYASA	JEESOO
SAT.	8:30AM	STRONGER	WAZ
SAT.	9:30AM	KNOCKOUT	MAKENA
SAT.	10:30AM	METCON3	MAKENA
SUN.	8:30AM	ATHLETIC CONDITIONING	WAZ
SUN.	9:30AM	CARDIO SCULPT	MAKENA
SUN.	10:30AM	POWER VINYASA	JEESOO
MON.	8:30AM	OUTDOOR CIRCUIT CHALLENGE	WAZ

Week of June 29

THURS.	8:30AM	KETTLEBELL POWER	JOHN
FRI.	8:30AM	TABATA MAX	WAZ
FRI.	9:30AM	VINYASA YOGA	JAMISON
SAT.	8:30AM	STRONGER	WAZ
SAT.	9:30AM	WHIPPED!	JUSTIN
SAT.	10:30AM	METCON3	JUSTIN
SUN.	8:30AM	ROUNDS	WAZ
SUN.	9:30AM	ATHLETIC CONDITIONING	JUSTIN
SUN.	10:30AM	WEEKEND WIND DOWN YOGA	JAMISON
MON.	8:30AM	OUTDOOR CIRCUIT CHALLENGE	WAZ