

My SMART goals

Plan number: 1

Date	Goal	How you can support me	Review
10/01/2024	By April 2024 I will use the objects of reference for the sensory room to indicate I need some time away from the playroom successfully on 2 out of 5 occasions.	When I am dysregulated offer the sensory room as a safe space to co-regulate and calm. Use my speaker and calm music as an indicator that we can use the sensory room.	Date:

Parent sign and date: *M Wilson* 10/01/2024
 Key person sign and date: *M. Sawal* 10/01/2024
 SENCo sign and date: *A Foster* 10/01/2024

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10/01/2024	By April 2024 I will recognise the sand timer and visual for transitioning to the snack table and successfully make this transition once during a session.	Ensure sand timer and visual are present during every session. Keep the visual timetable up to date so that this matches the transition you expect of me. Use clear and simple language "now we are building, next it is snack."	Date:

Parent sign and date: *M Wilson* 10/01/2024
 Key person sign and date: *M. Sawal* 10/01/2024
 SENCo sign and date: *A Foster* 10/01/2024

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