



"When patients and families are true members of the medical team, care is more informed, more targeted and more safe."

—A patient mom

# PATIENT AND FAMILY CHECKLIST FOR ROUNDS

- JOIN rounds every day to add your thoughts and learn from the team
- TELL the team how your child is doing today
- SHARE any changes you see or concerns you have about your child
- ASK any questions you have
- CONFIRM the plan with the team at the end of rounds

## By the end of rounds, you will know:

- The plan of care for today
- Things the team will do for your child
- Signs that your child is getting better or worse
- Things you will do for your child today
- Care team members to talk to and how to contact them with questions

## BE PART OF ROUNDS!

You are the expert on your child. When you join rounds, we learn from you and can plan the best and safest care for your child.

#### WHAT ARE ROUNDS?

Rounds are when doctors and other team members come in a group in the morning to see your child and talk about how your child is doing. They usually talk with your family and make a plan for the day with you.

#### WHO MAY COME TO ROUNDS?

- You and your child
- Nurse
- Medical student
- Resident doctors
- Fellow (doctor)
- Attending doctor
- Other team members

### WHAT IS I-PASS?

I-PASS is a way to talk during rounds to make sure everyone (including you) has the same information and agrees on the plan.

- Illness Severity
  How is your child doing today?
- P Patient Summary
  What is new or has changed since yesterday?
- A Action List
  What is the plan for today?
- Situation Awareness & Contingency Plan
  What might happen and what is the backup plan?
- Synthesis by Receiver
  What is your understanding of the plan?

## TIPS FROM OTHER FAMILIES

- Team up with your child's nurse if it is not easy for you to talk in a group.
- Write (or record) your questions before rounds.
- Teach your child it is OK to ask questions.
- Ask the team to explain medical words or things you don't understand.
- Talk to anyone on the team if you think something is wrong.
- Ask the team to come back later if you have more questions after rounds.