



# CONSCIOUS COLLABORATION

For teams wanting to invest in sustainable  
work/creative relationships

**book: [burgernicolene3@gmail.com](mailto:burgernicolene3@gmail.com)  
0846736182**

# A TEAM IS ONLY AS STRONG AS THE RELATIONSHIPS BETWEEN ITS MEMBERS

- Addressing miscommunication
- Releasing resentment
- Setting clear boundaries
- Connection & trust
- Making space for emotions in the work place
- Discussing individual dreams and aspirations within the team

AND MORE





## **WARNING:**

### **I'm not your typical coach or consultant**

*I believe, innovation & creativity lies at the centre of successful teams. The way team members TALK about risk, discomfort, failure, and disappointment is what ensures the longevity of their team. **I am ALL about having the difficult conversations.***

A photograph of two women sitting on a wooden floor, engaged in a collaborative art project. They are painting a large, colorful abstract piece with swirling patterns in blue, green, yellow, and red. One woman is wearing a green jacket and the other a red top. The scene is lit with warm, natural light, suggesting an indoor setting with large windows.

## WHAT MAKES A COLLABORATION WORK WELL?

- **Clear role division and expectations**
- **Expansion for the team and each member**
- **Knowing what collective blocks & strengths you have**
- **Transparency from team leads and team members**
- **TO NAME ONLY A FEW**

I work with a combination of mapping & practical reflection tools to get clarity on these topics

A black and white silhouette of two hands shaking, positioned against a background of vertical bars. The hands are on the left side of the image, and the bars run vertically across the entire frame. The right side of the image has a solid red background.

# CONTAINER DETAILS

*Specifically designed to resolve conflict and stuckness, or to inspire vision and expansion between 2 team members. If you'd like me to work with a larger team please reach out for a quote.*

- **Teams earning in Rands:** R5500 per team
- **International Teams:** \$400/€350 per team
- **In-person** at my studio in Fish Hoek
- Or **Online**
- 1 x individual session per person + 1 x team session
- 1.5 hours
- Personally tailored Integration & Execution **exercise booklet included** (sent after the session)



# DROP-IN SESSION DETAILS

- **Teams earning in Rands:** R900 per team member
- **International Teams:** \$80/€70 per team member
- **In-person** at my studio in Fish Hoek
- Or **Online**
- 2 hours
- Personally tailored Integration & Execution **exercise booklet** **included** (sent after the session)

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DISCOUNT  
MARCH - APRIL 2025!





# DISCOUNT DETAILS

## **Package (33% discount)**

*(specifically designed to resolve conflict and stuckness, or to inspire vision and expansion between 2 team members):*

- R3000/\$200/€230 **per team**
- **In-person** at my studio in Fish Hoek
- Or **Online**
- 1 x individual session per person + 1 x team session
- 1.5 hours
- Personally tailored Integration & Execution **exercise booklet included** (sent after the session)





# DISCOUNT DETAILS

## **Drop in (50% discount):**

*(a once off session between up to 4 team members to resolve conflict and stuckness, or to inspire vision and expansion):*

- R600/\$55/€50 **per team member**
- **In-person** at my studio in Fish Hoek
- Or **Online**
- 2 hours
- Personally tailored Integration & Execution **exercise booklet** **included** (sent after the session)

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