

A background image showing hands working on a wooden table. One hand is using yellow-handled scissors to cut a piece of patterned fabric. Another hand is holding a pen and drawing a sketch of a garment on a piece of paper. A third hand is visible, holding a piece of fabric. The scene suggests a collaborative creative or fashion design process.

# CONSCIOUS COLLABORATION

For teams wanting to invest in sustainable  
work/creative relationships

**DISCOUNTED RATES**  
**March – April 2025**

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# A TEAM IS ONLY AS STRONG AS THE RELATIONSHIPS BETWEEN ITS MEMBERS

- Addressing miscommunication
- Releasing resentment
- Setting clear boundaries
- Connection & trust
- Making space for emotions in the work place
- Discussing individual dreams and aspirations within the team

AND MORE







## WARNING:

**I'm not your typical coach or consultant**

*I believe, innovation & creativity lies at the centre of successful teams. The way team members TALK about risk, discomfort, failure, and disappointment is what ensures the longevity of their team. **I am ALL about having the difficult conversations.***





## WHAT MAKES A COLLABORATION WORK WELL?

- **Clear role division and expectations**
- **Expansion for the team and each member**
- **Knowing what collective blocks & strengths you have**
- **Transparency from team leads and team members**
- **TO NAME ONLY A FEW**

I work with a combination of mapping & practical reflection tools to get clarity on these topics



# DISCOUNT DETAILS

## **Package (33% discount)**

*(specifically designed to resolve conflict and stuckness, or to inspire vision and expansion between 2 team members):*

- R3000/\$200/€200 **per team**
- **In-person** at my studio in Fish Hoek
- Or **Online**
- 1 x individual session per person + 1 x team session
- 1.5 hours
- Personally tailored Integration & Execution **exercise booklet included**  
(sent after the session)





# DISCOUNT DETAILS

## **Drop in (50% discount):**

*(a once off session between up to 4 team members to resolve conflict and stuckness, or to inspire vision and expansion):*

- R600/\$50/€50 **per team member**
- **In-person** at my studio in Fish Hoek
- Or **Online**
- 2 hours
- Personally tailored Integration & Execution **exercise booklet** **included** (sent after the session)

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