

Why do Christians get confirmed?



PRAY

My Lord and my God!

Send your holy spirit! So that we become strong and wise, in order to be your witnesses. By ourselves we have no strength for this, no fire and no wisdom. You have all we need. Open our hearts. Come! Come now! Amen.



CONTEMPLATE

One person reads the Bible passage aloud.
Short silence.

Exchange: *What particularly appealed to you?*



STUDY

1. Read YOUCAT text sentence-for-sentence. Then one person reads the text aloud in full.
2. Three minutes of silence.
3. Each person reads a word or phrase aloud (without comment) that he or she has noticed.
4. Explain briefly in the next round why you have chosen the sentence (e.g. memories, questions, etc.).



DISCUSS

Also discuss your own questions on this topic!

Treasure Book: *Take five minutes to write down what you don't want to forget.*



CHALLENGE

Our **CHALLENGES** are just suggestions you can make in addition to your study guide meetings. You can also replace them with stronger, more fitting, more original or better ones. Just let us know at feedback@youcat.org.

#YOUCATChallenge: *Share your experience on Facebook or Instagram.*



Ezek 36:26-27

I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws.

203 What is Confirmation?

Confirmation is the sacrament that completes Baptism; in it the gift of the Holy Spirit is bestowed upon us. Anyone who freely decides to live a life as God's child and asks for God's Spirit under the signs of the imposition of hands and anointing with chrism receives the strength to witness to God's love and might in word and deed. He is now a full-fledged, responsible member of the Catholic Church. [1285–1314]

When a coach sends a soccer player onto the playing field, he puts his hand on his shoulder and gives him final instructions. We can understand Confirmation in a similar way. A hand is placed upon us. We step out onto the field of life. Through the Holy Spirit we know what we have to do and we have been given the power to do it. He has motivated us. His mission resounds in our ears. We sense his help. We will not betray his trust or disappoint him; we will win the game for him. We just have to want to do it and listen to him.

1. Pope Benedict once said, the Holy Spirit is the reviving „Breath of Christ“ – What did he mean?
2. How is the Holy Spirit described and what do these descriptions mean?
3. What are the seven gifts and the fruits of the Holy Spirit? (See also YOUCAT questions 120, 310)
4. How can you leave room for the Holy Spirit in your life?

Assign the seven gifts of the Holy Spirit within your group and perform a role-play: “I am Discernment. You need me in order to...” “I am Piety. You need me in order to...” etc.

Or, if you have a wilder approach:

Form a circle and place a hand on each other's shoulder. As in sports, shout together the battle cry: “God is good all the time! All the time, God is good!”

Do you accept this challenge?

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