

# About men and women and how they are connected



## PRAY

Father in heaven, all love comes from you, especially the love between man and woman. Help us to accept each other in joy and gladly be a man or woman. Your plan is that the genders find each other attractive and beautiful. Take away the conflicts between us and give us an open, warm understanding for each other — without any form of calculation. Help us to appreciate and complement each other in what we lack and thus become an integrated entity which is an earthly copy of your divine entity. We ask this of you, Father. Amen.



## CONTEMPLATE

One person reads the Bible passage aloud.  
Short silence.

*Exchange: What particularly appealed to you?*



## STUDY

1. Read DOCAT text sentence-for-sentence. Then one person reads the text aloud in full.
2. Three minutes of silence.
3. Each person reads a word or phrase aloud (without comment) that he or she has noticed.
4. Explain briefly in the next round why you have chosen the sentence (e.g. memories, questions, etc.).



## DISCUSS

**Also discuss your own questions on this topic!**

**Treasure Book:** Take five minutes to write down what you don't want to forget.



## CHALLENGE

Our **CHALLENGES** are just suggestions you can make in addition to your study guide meetings. You can also replace them with stronger, more fitting, more original or better ones. Just let us know at [feedback@youcat.org](mailto:feedback@youcat.org).

**#DOCATChallenge:** Share your experience on Facebook or Instagram.



## Gen 2:18

The LORD God said: "It is not good for the man to be alone. I will make a suitable partner for him."

59

## How are man and woman the same, and how are they different?

Man and woman are the same in God's sight in their dignity as persons. God creates a human being, not in the abstract, but as either a man or a woman. And he creates human beings in such a way that men and women are fundamentally meant for each other and need one another, without one sex dominating or marginalizing the other (machismo, radical feminism). Therefore, to be a man or a woman means more than to assume a particular role. From the Christian perspective, man and woman in a loving relationship manifest the communion of persons in God.

1. What is your answer to somebody stating: „Men and women simply do not match“(Loriot)?
2. If you were building a house together with your (future) wife/husband, what would be typical aspects important to men and to women?
3. How do you explain that a misogynistic machismo and a man-hating feminism (could) emerge?
4. Why am I happy to be a man/woman? In which respect do I feel hurt in my gender identity or not accepted? How can I manage to better accept myself as a man/woman?

If you are a woman: Write down the qualities you must develop in order to become a real mother someday. If you are a man, learn how to further develop so that a woman discovers in you the future father of her children.

Read the answers among you at your next meeting.

Do you take on this challenge?

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## DOCAT Study guide



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