Ouestions:





Morning



Are there moments when you want to say a beautiful prayer alone or with your family or friends, but you just don't know how to say it? Do you always just say the same prayer? We have a great solution for you.

Simply make a prayer cube for your morning, lunchtime or evening prayer.

Step 1: Print this page (A4). **Step 2:** Cut out the shape. **Step 3:** Fold along the lines.

Step 4: Tuck & glue the grey tabs inside the cube.

——: Cut. ———: Fold. As soon as I awake I say:
Dear God,
I thank thee for this day.
Wherever I go,
whatever I do and see,
I want to spend this day
entirely with Thee.

Please, dear God, come into my heart, our day together is already a start.

Bless me ever and ever again! I love Thee, dearest God. Amen!

Be near me, Lord Jesus!
I ask Thee to stay
close by me forever
and love me, I pray.

Bless all the dear children in Thy tender care and take us to Heaven to live with Thee there. For this new morning with its light, for health and shelter of the night, for health and food, for love and friends.
For everything Thy goodness sends, we thank Thee, dearest Lord. Amen.

Angel of God,
my guardian dear,
to whom God's love
commits me here,
ever this day be at my side,
to light, to guard,
to rule and guide.

God in Heaven, hear my prayer. be my guide in all 1 do, bless all those who love me, too.

Questions:



Lunchtime



Are there moments when you want to say a beautiful prayer alone or with your family or friends, but you just don't know how to say it? Do you always just say the same prayer? We have a great solution for you.

Simply make a prayer cube for your morning, lunchtime or evening prayer.

Step 1: Print this page (A4). Step 2: Cut out the shape. Step 3: Fold along the lines.

Step 4: Tuck & glue the grey tabs inside the cube.

——: Cut. ——: Fold. Thank you tor the world so sweet, thank you for the food we eat, thank you for the birds that sing, thank you, God, for everything.

Thank you, God,
for this food.
For rest and home
and all things good.
For wind and rain
and sun above
but most of all
for those we love.

God, bless this food, which we now take. And do us good, for Jesus' sake. God our Father,
God our Father,
we thank You,
we thank You,
for our many blessings,
for our many blessings,
A-men, A-men.

(sung to the tune of Frère Jacques)

Come, Lord Jesus, be our guest may this food by you be blessed.

Oh Lord, make us grateful for this food that we're about to receive, as we remember those who do not have enough to eat.

Ouestions:



Evening



Are there moments when you want to say a beautiful prayer alone or with your family or friends, but you just don't know how to say it? Do you always just say the same prayer? We have a great solution for you.

Simply make a prayer cube for your morning, lunchtime or evening prayer.

Step 1: Print this page (A4). **Step 2:** Cut out the shape. **Step 3:** Fold along the lines.

Step 4: Tuck & glue the grey tabs inside the cube.

——: Cut. ———: Fold. Now I tay me down to steep,
I pray the Lord my sout
Aay God guard me
through the night
and wake me with the
and wale

Bless me, Lord,
as this day ends,
bless my family
and all my friends,
keep me safe
through the night,
and wake me
with the morning light.

Thank you, God,
for a lovely day,
for sun and rain,
for work and play.
For all my family
and friends,
and for your love,
which never ends.

God, our Father,
this day is done.
I ask you and Jesus Christ,
your Son,
that with the Spirit,
my welcome guest,
you guard my sleep
and bless my rest.

Tips for families using the Prayer Cube:

- For your child/children to have a personal connection to the prayer cube, it is recommended that you involve them in the crafting process.
- If you want to pray with your child/children, it is important to create an appropriate atmosphere. This includes a quiet environment without disturbing noise sources such as television and radio. At the beginning you can light a candle and/or put up a cross or a suitable picture. Objects that are particularly important to your child/children could also find room here.
- Although it is initially easier to use pre-formulated prayers with children, we also want to encourage you to pray freely with children. In this way, the everyday life of the family, the current worries and needs, can be included in concrete terms. The combination of free and pre-formulated prayers is also beautiful.
- Children like it when certain times and fixed rituals are observed for praying: in the morning after getting up, before dinner and before going to bed.

There are four corners
on my bed,
there are four angels
overhead Saint Matthew,
Mark, Luke and John,
God, bless the bed,
that I lie on.

Dear Child Jesus, dear Child as small as I. In my own way I want to say a little, sweet goodbye.

Example of an evening ritual:

- Read a story from the YOUCAT for Kids or a bedtime story.
- It would be nice if you could find a few words of your own about the stories you read or if you could talk about them together.
- The sign of the cross introduces the prayer.
- Together you pray a prayer on the cube.
- Together you pray freely with the day's content.
 It is not a matter of using the perfect formulation,
 but rather of using the right words to reflect the child's state of mind and feelings.
- A cross traced over the forehead (possibly with holy water) concludes the evening ritual.

Questions:



Create Your Own



Are there moments when you would like to say a beautiful prayer for yourself or with your family or friends, but you just can't think of anything concrete or you repeat the same prayer over and over again? If so, make a prayer cube for your morning, noon or evening prayer. Ask your family and friends for their favorite prayers or make up your own. Then you can write the texts in the empty spaces on the prayer cube.

