

Morning Prayer Cube

Are there moments when you want to say a beautiful prayer alone or with your family or friends, but you just don't know how to say it? Do you always just say the same prayer? We have a great solution for you. Simply make a prayer cube for your (morning/lunchtime/evening) prayer.

Step 1: Print this page (A4).

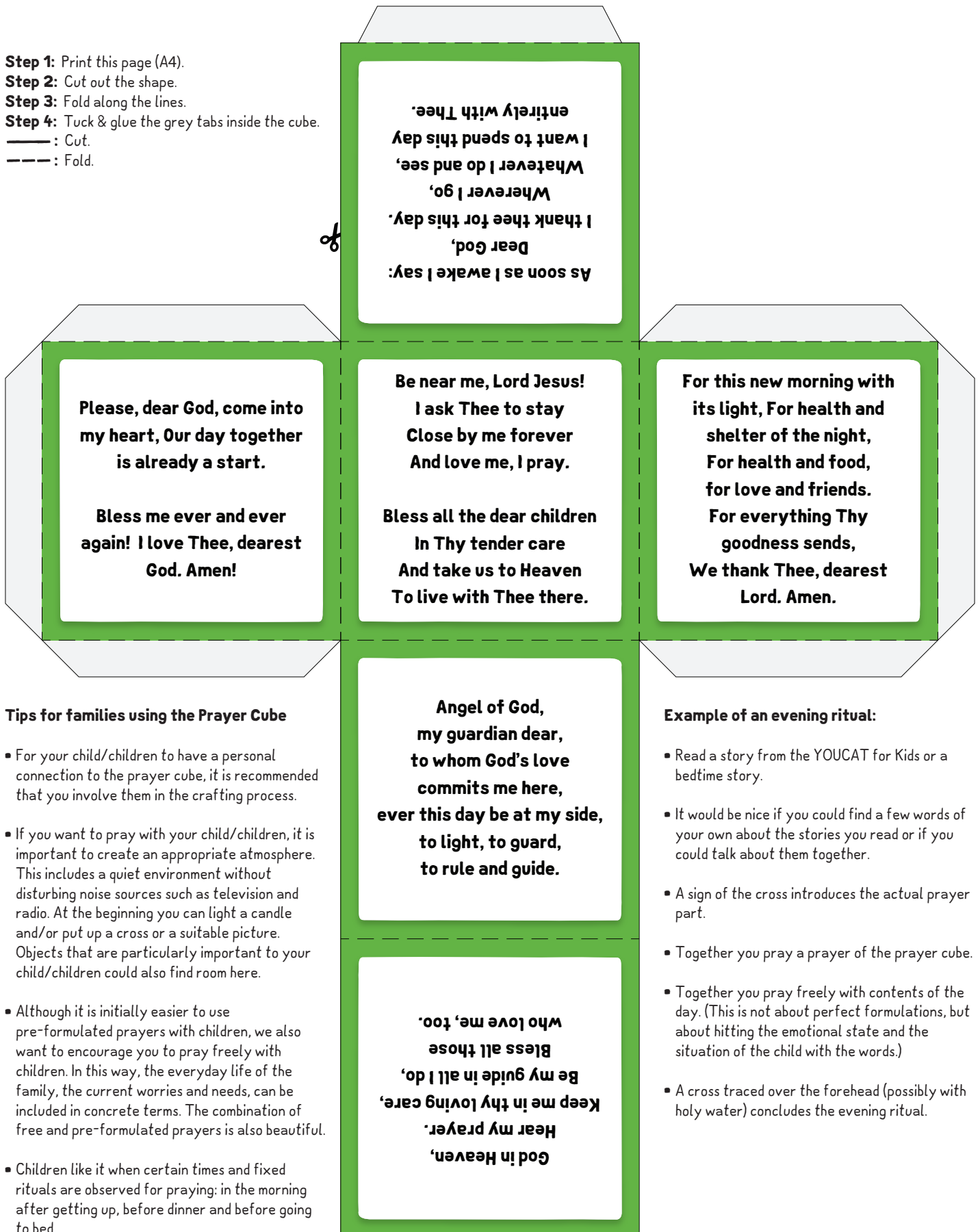
Step 2: Cut out the shape.

Step 3: Fold along the lines.

Step 4: Tuck & glue the grey tabs inside the cube.

— : Cut.

- - - : Fold.



Tips for families using the Prayer Cube

- For your child/children to have a personal connection to the prayer cube, it is recommended that you involve them in the crafting process.
- If you want to pray with your child/children, it is important to create an appropriate atmosphere. This includes a quiet environment without disturbing noise sources such as television and radio. At the beginning you can light a candle and/or put up a cross or a suitable picture. Objects that are particularly important to your child/children could also find room here.
- Although it is initially easier to use pre-formulated prayers with children, we also want to encourage you to pray freely with children. In this way, the everyday life of the family, the current worries and needs, can be included in concrete terms. The combination of free and pre-formulated prayers is also beautiful.
- Children like it when certain times and fixed rituals are observed for praying: in the morning after getting up, before dinner and before going to bed.

Example of an evening ritual:

- Read a story from the YOUCAT for Kids or a bedtime story.
- It would be nice if you could find a few words of your own about the stories you read or if you could talk about them together.
- A sign of the cross introduces the actual prayer part.
- Together you pray a prayer of the prayer cube.
- Together you pray freely with contents of the day. (This is not about perfect formulations, but about hitting the emotional state and the situation of the child with the words.)
- A cross traced over the forehead (possibly with holy water) concludes the evening ritual.

Lunchtime Prayer Cube

Are there moments when you want to say a beautiful prayer alone or with your family or friends,
but you just don't know how to say it? Do you always just say the same prayer? We have a great solution for you.
Simply make a prayer cube for your (morning/lunchtime/evening) prayer.

Step 1: Print this page (A4).

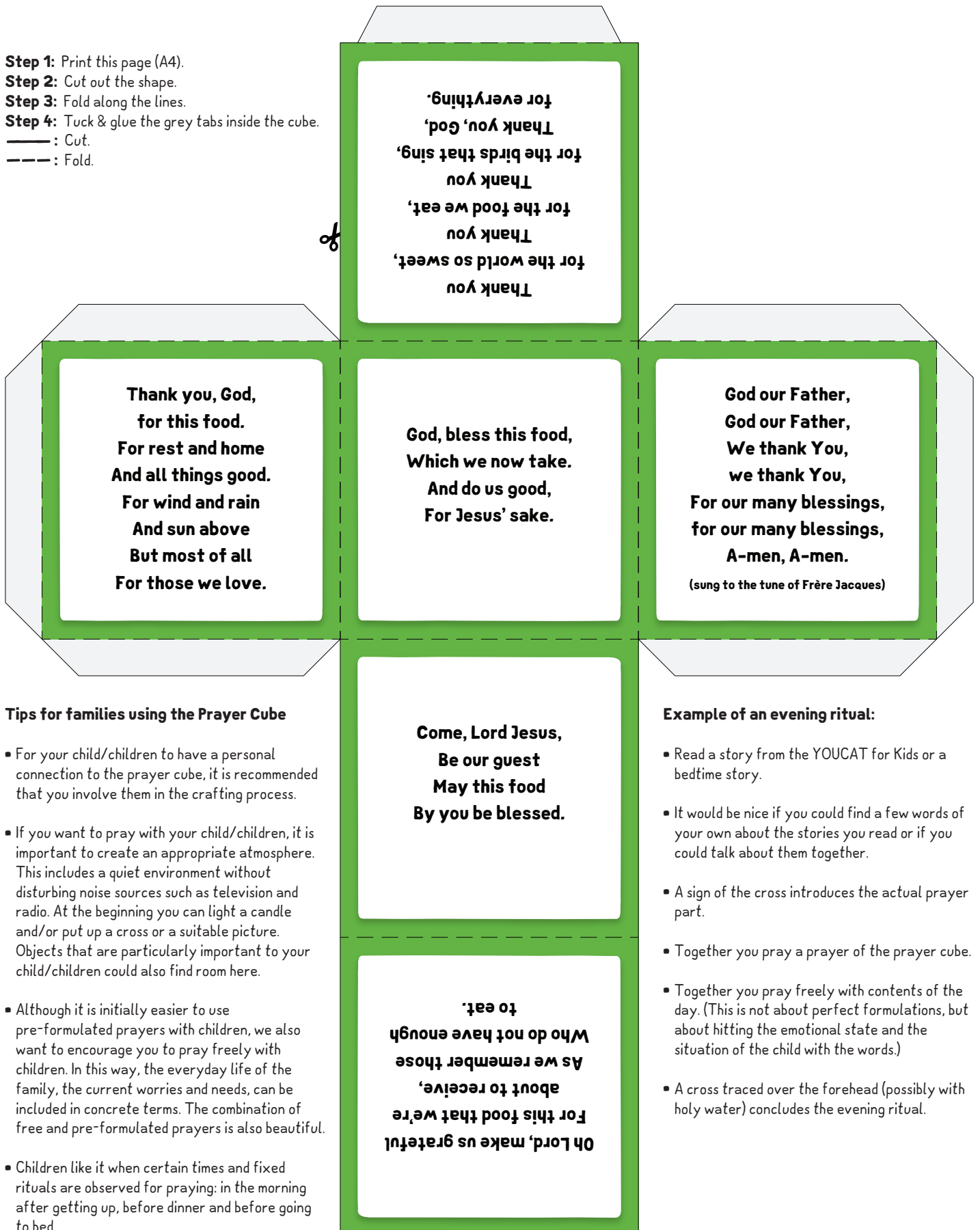
Step 2: Cut out the shape.

Step 3: Fold along the lines.

Step 4: Tuck & glue the grey tabs inside the cube.

—: Cut.

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Tips for families using the Prayer Cube

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Example of an evening ritual:

- Read a story from the YOUCAT for Kids or a bedtime story.
- It would be nice if you could find a few words of your own about the stories you read or if you could talk about them together.
- A sign of the cross introduces the actual prayer part.
- Together you pray a prayer of the prayer cube.
- Together you pray freely with contents of the day. (This is not about perfect formulations, but about hitting the emotional state and the situation of the child with the words.)
- A cross traced over the forehead (possibly with holy water) concludes the evening ritual.

Evening Prayer Cube

Are there moments when you want to say a beautiful prayer alone or with your family or friends, but you just don't know how to say it? Do you always just say the same prayer? We have a great solution for you. Simply make a prayer cube for your (morning/lunchtime/evening) prayer.

Step 1: Print this page (A4).

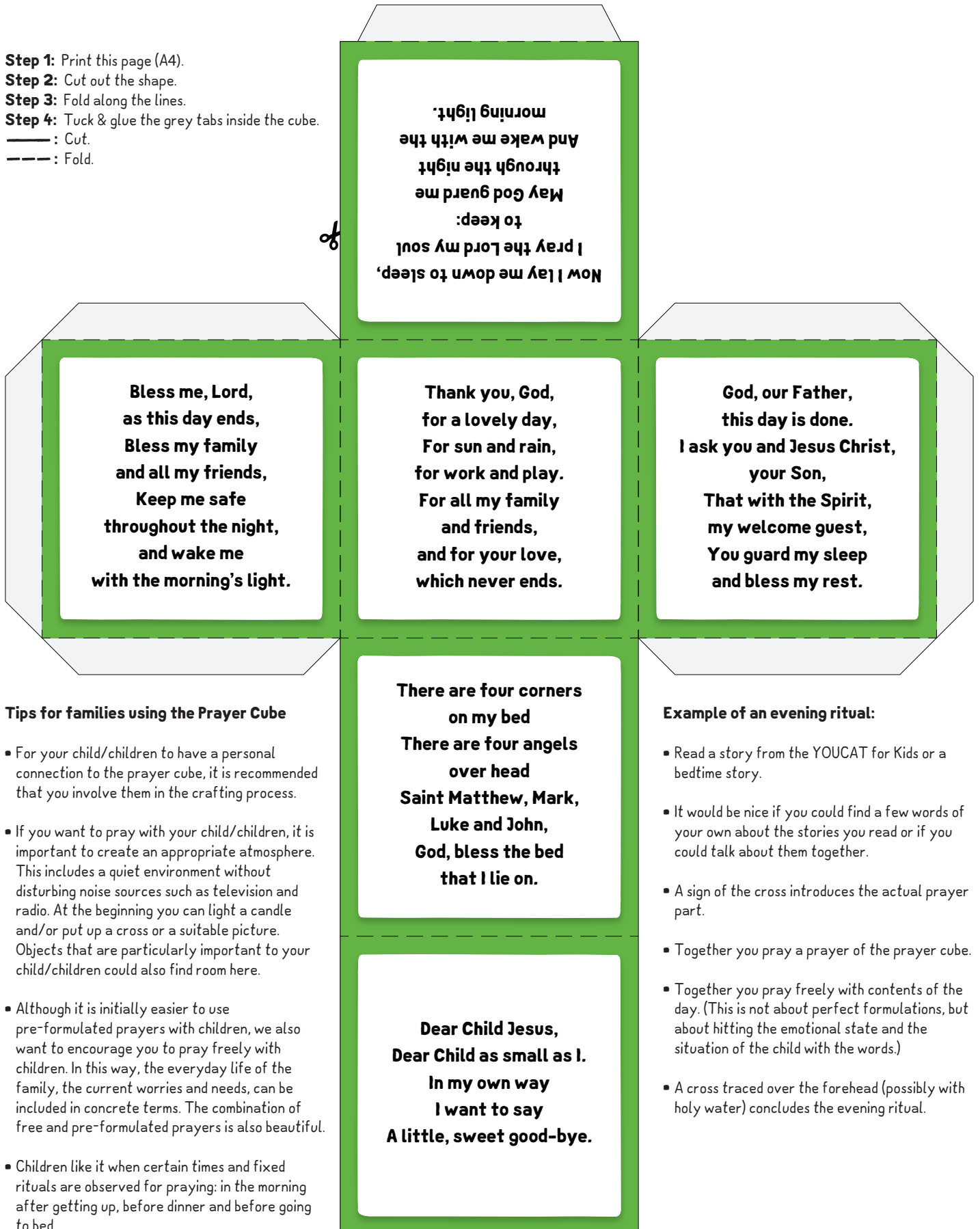
Step 2: Cut out the shape.

Step 3: Fold along the lines.

Step 4: Tuck & glue the grey tabs inside the cube.

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Tips for families using the Prayer Cube

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- Children like it when certain times and fixed rituals are observed for praying: in the morning after getting up, before dinner and before going to bed.

Example of an evening ritual:

- Read a story from the YOUCAT for Kids or a bedtime story.
- It would be nice if you could find a few words of your own about the stories you read or if you could talk about them together.
- A sign of the cross introduces the actual prayer part.
- Together you pray a prayer of the prayer cube.
- Together you pray freely with contents of the day. (This is not about perfect formulations, but about hitting the emotional state and the situation of the child with the words.)
- A cross traced over the forehead (possibly with holy water) concludes the evening ritual.