What do we know about God?

PRAY
My Lord and my God!
I know so little about you. I sometimes think you are so far away from me. You have to come to me, into my heart and to my mind, so that I gain confidence and get a sense of you.
Amen.

CONTEMPLATE
One person reads the Bible passage aloud.
Short silence.

Exchange: What particularly appealed to you?

STUDY
1. Read YOUCAT text sentence-for-sentence. Then one person reads the text aloud in full.
2. Three minutes of silence.
3. Each person reads a word or phrase aloud (without comment) that he or she has noticed.
4. Explain briefly in the next round why you have chosen the sentence (e.g. memories, questions, etc.).

DISCUSS
Also discuss your own questions on this topic!

Treasure Book: Take five minutes to write down what you don’t want to forget.

CHALLENGE
Our CHALLENGES are just suggestions you can make in addition to your study guide meetings. You can also replace them with stronger, more fitting, more original or better ones. Just let us know at feedback@youcat.org.

#YOUCATChallenge: Share your experience on Facebook or Instagram.

Rom. 1:20
Ever since the creation of the world, his invisible attributes of eternal power and divinity have been able to be understood and perceived in what he has made.

Can we know the existence of God by our reason?

Yes. Human reason can know God with certainty. [31–36, 44–47]

The world cannot have its origin and its destination within itself. In everything that exists, there is more than we see. The order, the beauty, and the development of the world point beyond themselves toward God. Every man is receptive to what is true, good, and beautiful. He hears within himself the voice of conscience, which urges him to do what is good and warns him against what is evil. Anyone who follows this path through reason finds God.

1. Have you ever sensed the existence of God?
2. How can you recognize if people are open to the truth, the good and the beautiful?
3. How can you know the existence of God by your reason?
4. Would you agree with this phrase „From nothing, nothing can come“?

Ask a person near you, how he or she found God in his or her life and share this with your study group during your next meeting.

Do you accept this challenge?
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1. What do we know about God?