Pope Francis has given us a simple way to pray using our 5 fingers! Just read the texts in the text boxes and assign them to the corresponding fingers above. Afterwards you can write your own prayer in the empty box below.

**Pointer**
Pray for those who teach you, instruct you and heal you. They need the support and wisdom to show direction to others. Always keep them in your prayers.

**Ring**
Even though it may surprise you, it is our weakest finger. It should remind us to pray for the weakest, the sick or those plagued by problems. They need your prayers.

**Pinky**
When you are done praying for the other four groups, you will be able to see your own needs, but in the proper perspective, and you will also be able to pray for your own needs in a better way.

**Thumb**
The Thumb is the closest finger to you, so start praying for those who are closest to you. They are the easiest people to remember. To pray for our dear ones is a “Sweet Obligation.”

**Middle**
This finger is the longest. It reminds us of our leaders, our governors and others who have authority. They need God’s guidance.

**Write your own prayer:**