

What is the meaning of “You shall not bear false witness”?



PRAY

My Lord and my God!

Purify our hearts from all falsehood and lies. Make us become more lucid from day to day - so that we be known as honest and reliable, clear and just. Help us to a Yes, which is a Yes. And to a No, which stands. Amen.



CONTEMPLATE

One person reads the Bible passage aloud.
Short silence.

Exchange: *What particularly appealed to you?*



STUDY

1. Read YOUCAT text sentence-for-sentence. Then one person reads the text aloud in full.
2. Three minutes of silence.
3. Each person reads a word or phrase aloud (without comment) that he or she has noticed.
4. Explain briefly in the next round why you have chosen the sentence (e.g. memories, questions, etc.).



DISCUSS

Also discuss your own questions on this topic!

Treasure Book: *Take five minutes to write down what you don't want to forget.*



CHALLENGE

Our **CHALLENGES** are just suggestions you can make in addition to your study guide meetings. You can also replace them with stronger, more fitting, more original or better ones. Just let us know at feedback@youcat.org.

#YOUCATChallenge: *Share your experience on Facebook or Instagram.*



Ps 101:7

There is no room in my house for anyone who practises deceit; no liar will stand his ground where I can see him.

453 *What does our relationship to the truth have to do with God?*

Living in respect for the truth means not only being true to oneself. More precisely it means being truthful, being true to God, for he is the source of all truth. We find the truth about God and about all of reality quite directly in Jesus, who is “the way, and the truth, and the life” (Jn 14:6). [2465–2470, 2505]

Someone who really follows Jesus brings greater and greater truthfulness into his life. He eliminates all lies, falsehood, pretense, and ambiguity from his accomplishments in life and becomes transparent toward the truth. To believe means to become a witness to the truth.

1. How is a life in truth and truthfulness directly related to God?
2. How do lies destroy any community?
3. What can I do to train my conscience to distinguish between good and evil?
4. What can you do to combat “Fake news”?

Write down 10 phrases: “The truth about our country” (For example: It is true that large families do not have enough money to live on.)

Compare the “10 phrases” in your group, hang them up, and read them regularly to keep in mind which misguided developments you are fighting against.

Do you accept this challenge?

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