PRAY
My Lord and my God!
How close you have come to us! You have made yourself as helpless and kind as a child. We can warm ourselves at your side. Thank you, God, for being a man among men. Amen.

CONTEMPLATE
One person reads the Bible passage aloud. Short silence.
Exchange: What particularly appealed to you?

STUDY
1. Read YOUCAT text sentence-for-sentence. Then one person reads the text aloud in full.
2. Three minutes of silence.
3. Each person reads a word or phrase aloud (without comment) that he or she has noticed.
4. Explain briefly in the next round why you have chosen the sentence (e.g. memories, questions, etc.);

DISCUSS
Also discuss your own questions on this topic!
Treasure Book: Take five minutes to write down what you don’t want to forget.

CHALLENGE
Our CHALLENGES are just suggestions you can make in addition to your study guide meetings. You can also replace them with stronger, more fitting, more original or better ones.
Just let us know at feedback@youcat.org.

#YOUCATChallenge: Share your experience on Facebook or Instagram.

Lk. 2:10-11
The angel said to them, “Do not be afraid; for behold, I proclaim to you good news of great joy that will be for all the people. For today in the city of David a savior has been born for you who is Messiah and Lord.”

74 What does it mean to say that Jesus is “the only-begotten Son of God”?
When Jesus calls himself “God’s only-begotten Son” (or “only Son”, Jn. 3:16) and Peter and others bear witness to this, the expression means that of all men only Jesus is more than a man. In many passages of the New Testament (Jn. 1:14, 18; 1 Jn. 4:9; Heb. 1:2, and so on) Jesus is called “Son”. At his baptism and his Transfiguration, the voice from heaven calls Jesus “my beloved Son”. Jesus discloses to his disciples his unique relationship to his heavenly Father: “All things have been delivered to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and □ any one to whom the Son chooses to reveal him” (Mt. 11:27). The fact that Jesus Christ really is God’s Son comes to light at the Resurrection.

1. How is the Holy Scripture saying that Jesus is more than a man?
2. Why did God send his son to Earth? It is more comfortable in heaven.
3. God the Father sent his son to confront our earthly problems. What does this fact tell us about him?
4. What do you understand by: “Do it as God, become a man”?

Surf the internet together and search for the best image of Jesus Christ. Discuss about what the different images of Jesus are expressing. Ask one another which images you could best pray before. You do not have to agree on only one, as there might be several “best images” … or maybe none that are able to fully depict our true Lord.
Do you accept this challenge?
What does it mean to say: God becomes man?

PRAY
My Lord and my God!
How close you have come to us! You have made yourself as helpless and kind as a child. We can warm ourselves at your side. Thank you, God, for being a man among men.
Amen.

CONTEMPLATE
One person reads the Bible passage aloud.
Short silence.

Exchange: What particularly appealed to you?

STUDY
1. Read YOUCAT text sentence-for-sentence. Then one person reads the text aloud in full.
2. Three minutes of silence.
3. Each person reads a word or phrase aloud (without comment) that he or she has noticed.
4. Explain briefly in the next round why you have chosen the sentence (e.g. memories, questions, etc.).

Lk. 2:10-11
The angel said to them, “Do not be afraid; for behold, I proclaim to you good news of great joy that will be for all the people. For today in the city of David a savior has been born for you who is Messiah and Lord.”

What does it mean to say that Jesus is “the only-begotten Son of God”?

When Jesus calls himself “God’s only-begotten Son” (or “only Son”, Jn. 3:16) and Peter and others bear witness to this, the expression means that of all men only Jesus is more than a man. [441–445, 454]

In many passages of the New Testament (Jn. 1:14, 18; 1 Jn. 4:9; Heb. 1:2, and so on) Jesus is called “Son”. At his baptism and his Transfiguration, the voice from heaven calls Jesus “my beloved Son”. Jesus discloses to his disciples his unique relationship to his heavenly Father: “All things have been delivered to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone one to whom the Son chooses to reveal him” (Mt. 11:27). The fact that Jesus Christ really is God’s Son comes to light at the Resurrection.

DISCUSS
Also discuss your own questions on this topic!

Treasure Book: Take five minutes to write down what you don’t want to forget.

1. How is the Holy Scripture saying that Jesus is more than a man?
2. Why did God send his son to Earth? It is more comfortable in heaven.
3. God the Father sent his son to confront our earthly problems. What does this fact tell us about him?
4. What do you understand by: “Do it as God, become a man”?

CHALLENGE
Our CHALLENGES are just suggestions you can make in addition to your study guide meetings. You can also replace them with stronger, more fitting, more original or better ones. Just let us know at feedback@youcat.org.

#YOUCATChallenge: Share your experience on Facebook or Instagram.

Surf the internet together and search for the best image of Jesus Christ. Discuss about what the different images of Jesus are expressing. Ask one another which images you could best pray before. You do not have to agree on only one, as there might be several “best images” ... or maybe none that are able to fully depict our true Lord.

Do you accept this challenge?