

Taylor C. Wallace, PhD, CFS, FACN

Principal and CEO of the Think Healthy Group; coauthor of the first North American guideline and intake recommendation for flavan-3-ols



Taylor C. Wallace, PhD, CFS, FACN, is Principal and CEO of the Think Healthy Group, LLC and an Adjunct Assistant Professor in the Gerald J. and Dorothy R. Friedman School of Nutrition Science and Policy at Tufts University. His academic research interests are in the area of nutritional interventions to promote health and prevent the onset of chronic disease. Dr. Wallace has a PhD and an MS in Food Science and Nutrition from The Ohio State University and a BS in Food Science from the University of Kentucky. He operates the popular food and nutrition blog DrTaylorWallace.com, is a member of the Forbes Health Advisory Board, is a regular guest commentator in the mainstream media, and is regularly seen on NBC4 Washington and the Dr. Oz Show. He is a fellow of the American College of Nutrition and is the 2015 recipient of its Charles A. Regus Award for original research and innovation in the field of nutrition.

Dr. Wallace is also a Senior Fellow of the Center for Magnesium Education & Research. He serves as Editor-in-Chief of the Journal of the Dietary Supplements, Deputy Editor-in-Chief of the Journal of the American Nutrition Association, and Nutrition Section Editor of the Annals of Medicine. He has edited seven academic textbooks and authored over 95 peer-reviewed manuscripts and book chapters. Dr. Wallace also authored the consumer cookbook, Sizzling Science. The Huffington Post calls Dr. Taylor Wallace "the nation's premier food and nutrition guru."

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