Safety Checklist for Parents Helpful tips for parents of Snapchatters. Remind your teen to:

Only Connect with Family and Friends. Only invite and accept friend invitations from people they know in real life.

Carefully Pick a Username. Choose a username that doesn't include their age, birthdate, personal information or suggestive language. Your teen's username should never include personal information like age or birthdate.

Sign Up with a Real Age. Having an accurate birthdate is the only way your teen can benefit from our age-appropriate safety protections.

Double Check Location Sharing. Location-sharing on our Map is off by default for everyone. If your teen is going to turn it on, it should only be used with their trusted friends and family.

Talk to a Trusted Adult. When it comes to safety and well-being, there are no bad questions or conversations. Tell your teen to speak to a trusted adult if they have a concern.

Use In-App Reporting. Your teen should know that reports are confidential – and go directly to our 24/7 Trust & Safety team for review.

Think Before Sending. As with sharing anything online, it's important to be really careful about requesting or sending anyone – even a partner or close friend – private or sensitive images and information.

Join Snapchat's Family Center. Make sure you and your teen are signed up for our parental controls, Snapchat's Family Center, where you can see which friends your teens are talking to and set Content Controls.