Orange & Date:  Flour, dates, dextrose, light brown sugar, coconut oil, orange juice, salt, vanilla extract, orange zest, cinnamon, natural flavor, baking soda, sunflower lecithinContains: wheat and coconut

Ginger Bread Bar:  flour, light brown sugar, molasses, coconut oil, cinnamon, salt, ground ginger, nutmeg, natural flavors, baking powderContains: wheat and coconut

Oatmeal Cranberry:  oatmeal, flour, cranberries, light brown sugar, dextrose, coconut oil, molasses, pistachios, salt, baking soda, natural flavors, cinnamon,  sunflower lecithinContains: wheat, coconut, and nuts

Double Chocolate with Peppermint Topping:  chocolate chips, flour, dextrose, light brown sugar, coconut oil, cocoa powder, salt, baking soda, sunflower lecithin, crushed peppermint

Contains: wheat, coconut, and soy