

Nutritional Overview Menu + Ingredients														
Last Updated: July 2024														
Salads	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
BBQ Chicken Salad	512	<input type="checkbox"/>	<input type="checkbox"/>	520	242	28	4	0	70	1,260	38	10	20	22
Buffalo Chicken	514	<input type="checkbox"/>	<input checked="" type="checkbox"/>	555	305	34	10	0	105	1,736	32	10	11	31
Garden Cobb	517	<input type="checkbox"/>	<input type="checkbox"/>	745	506	56	15	0	215	1,019	36	16	15	22
Guacamole Greens	552	<input type="checkbox"/>	<input type="checkbox"/>	575	291	33	6	0	58	604	36	14	7	27
Hummus Crunch	514	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	405	141	17.5	2	0	0	1,096	42	10	10	14
Hummus Crunch (IND Only)	514	<input type="checkbox"/>	<input checked="" type="checkbox"/>	405	141	17.5	2	0	0	1,096	42	10	10	14
Kale Caesar	425	<input type="checkbox"/>	<input type="checkbox"/>	510	294	32	11	0	118	1,283	15	6	5	39
Kale Caesar (Steak)	447	<input type="checkbox"/>	<input type="checkbox"/>	720	486	54	16	0	110	1,659	21	7	6	39
Super Green Goddess	335	<input type="checkbox"/>	<input type="checkbox"/>	455	244	27.5	3	0	10	1,116	39	13	14	12
BOWLS	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Chicken Avocado Ranch	523	<input type="checkbox"/>	<input type="checkbox"/>	705	362	41	7	0	70	1,125	59	15	8	23
Chicken Pesto Parm	409	<input type="checkbox"/>	<input checked="" type="checkbox"/>	540	180	21	4	0	73	1,451	40	8	4	39
Crispy Rice Bowl	432	<input type="checkbox"/>	<input type="checkbox"/>	640	266	30	3	0	60	1,175	61	9	9	28
Fish Taco	490	<input type="checkbox"/>	<input type="checkbox"/>	835	435	49	10	0	60	1,280	62	16	15	36
Fish Taco (Steelhead)	490	<input type="checkbox"/>	<input type="checkbox"/>	745	372	42	7	0	65	1,070	58	16	11	36
Harvest Bowl	403	<input type="checkbox"/>	<input type="checkbox"/>	765	368	41	9	0	73	1,180	63	10	17	38
Shroomami	431	<input checked="" type="checkbox"/>	<input type="checkbox"/>	685	393	44	6	0	0	1,318	53	12	6	22
Steakhouse Chopped	482	<input type="checkbox"/>	<input checked="" type="checkbox"/>	815	501	57	14	0	85	1,723	40	8	5	35
PROTEIN PLATES	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Caramelized Garlic Steak	480	<input type="checkbox"/>	<input type="checkbox"/>	860	347	40	6	0	50	1,440	89	9	5	31
Hot Honey Chicken	525	<input type="checkbox"/>	<input checked="" type="checkbox"/>	835	350	39	5	0	120	2,190	75	11	15	43
Miso Glazed Salmon	544	<input type="checkbox"/>	<input checked="" type="checkbox"/>	930	433	48	10	0	60	1,632	88	12	19	35
Miso Glazed Steelhead	544	<input type="checkbox"/>	<input checked="" type="checkbox"/>	840	370	41	7	0	65	1,422	84	12	15	35
KIDS MEALS	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Little Harvest	223	<input type="checkbox"/>	<input type="checkbox"/>	425	240	26	3	0	58	764	25	3	9	23
Mini Mezze	185	<input type="checkbox"/>	<input type="checkbox"/>	275	95	11	2	0	58	444	19	1	0	26
Ranchy Chicken + Rice	272	<input type="checkbox"/>	<input type="checkbox"/>	540	268	30	7	0	93	1,244	35	2	0	31
SIDES	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Hummus + Focaccia	131	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	290	98	11	1	0	0	660	37	0	3	10
Roasted Sweet Potatoes + Green Goddess Ranch	179	<input type="checkbox"/>	<input type="checkbox"/>	340	204	22	2	0	10	800	31	4	4	5
Roasted Sweet Potatoes + Hot Honey Mustard	185	<input type="checkbox"/>	<input type="checkbox"/>	340	174	18	1	0	0	780	39	4	13	4
Rosemary Focaccia	94	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	230	63	7	1	0	0	530	34	0	2	8
Siete Green Goddess Ranch Potato Chips	42	<input checked="" type="checkbox"/>	<input type="checkbox"/>	220	117	13	2	0	0	220	23	3	0	3
Siete Sea Salt Potato Chips	42	<input checked="" type="checkbox"/>	<input type="checkbox"/>	210	90	10	2	0	0	180	27	2	0	3
DESSERT	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Crispy Rice Treat	40	<input type="checkbox"/>	<input type="checkbox"/>	190	90	10	5	0	15	80	23	0	6	2
Hu Cashews + Vanilla Bean Hunks	28	<input checked="" type="checkbox"/>	<input type="checkbox"/>	170	108	12	5	0	0	75	10	2	4	4
Hu Salty Dark Chocolate Bar	60	<input checked="" type="checkbox"/>	<input type="checkbox"/>	380	252	28	16	0	0	200	28	6	14	6
BEVERAGES	Serving Size (oz)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Ghia Le Spritz - Ginger (LA,SD,RSB Only)	8	<input checked="" type="checkbox"/>	<input type="checkbox"/>	50	0	0	0	0	0	10	12	0	8	0
Harney & Sons Organic Lemonade	16	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	0	0	0	0	0	0	20	0	20	0
Health-Ade Kombucha Passionfruit Tangerine	12	<input checked="" type="checkbox"/>	<input type="checkbox"/>	50	0	0	0	0	0	0	12	0	12	0
Health-Ade Kombucha Pink Lady	12	<input checked="" type="checkbox"/>	<input type="checkbox"/>	50	0	0	0	0	0	0	12	0	11	0
Honest Kids Apple Juice	6	<input checked="" type="checkbox"/>	<input type="checkbox"/>	35	0	0	0	0	0	15	9	0	8	0
Mother Kombucha Hopped Passion Fruit	12	<input checked="" type="checkbox"/>	<input type="checkbox"/>	30	0	0	0	0	0	25	7	0	6	0

Mother Kombucha The Trop	12	<input checked="" type="checkbox"/>	<input type="checkbox"/>	30	0	0	0	0	0	0	25	7	0	6	0
OLIPOP Lemon Lime Soda	12	<input checked="" type="checkbox"/>	<input type="checkbox"/>	50	0	0	0	0	0	0	25	16	9	4	0
OLIPOP Vintage Cola	12	<input checked="" type="checkbox"/>	<input type="checkbox"/>	35	0	0	0	0	0	0	25	16	9	2	0
Organic Hibiscus Berry Tea	16	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0	0
Organic Jasmine Green Tea	16	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0	0
Sparkling Water	16	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0	0
Spindrift Grapefruit	12	<input checked="" type="checkbox"/>	<input type="checkbox"/>	17	0	0	0	0	0	0	0	4	0	3	0
Spindrift Raspberry Lime	12	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	0	1	0	1	0
Still Water	16	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0	0
Tree Top Apple Juice	8	<input checked="" type="checkbox"/>	<input type="checkbox"/>	110	0	0	0	0	0	0	10	28	0	27	0

INGREDIENTS															
BASES	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Arugula	60	<input checked="" type="checkbox"/>	<input type="checkbox"/>	15	0	0	0	0	0	15	2	1	1	2	
Baby Spinach	53	<input checked="" type="checkbox"/>	<input type="checkbox"/>	15	0	0	0	0	0	40	2	1	0	1	
Chopped Romaine	140	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	0	0	0	0	0	8	3	2	1	1	
Herbed Quinoa	100	<input checked="" type="checkbox"/>	<input type="checkbox"/>	130	27	3	0	0	0	340	21	3	1	5	
Shredded Kale	70	<input checked="" type="checkbox"/>	<input type="checkbox"/>	35	6	1	0	0	0	25	6	3	2	3	
Spring Mix	70	<input checked="" type="checkbox"/>	<input type="checkbox"/>	15	0	0	0	0	0	0	0	0	0	0	
White Rice	95	<input checked="" type="checkbox"/>	<input type="checkbox"/>	120	9	1	0	0	0	130	27	1	0	2	
Wild Rice	95	<input checked="" type="checkbox"/>	<input type="checkbox"/>	155	18	2	0	0	0	150	31	2	0	3	
Bread	34	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	80	0	0	0	0	0	200	18	3	1	3	
Bread (IND Only)	34	<input type="checkbox"/>	<input checked="" type="checkbox"/>	80	0	0	0	0	0	200	18	3	1	3	
+1 TOPPINGS	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Apples	32	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	0	4	1	3	0	
Basil	7	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0	
Chickpeas	43	<input checked="" type="checkbox"/>	<input type="checkbox"/>	45	6	0.5	0	0	0	250	7	2	1	2	
Cilantro	5	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0	
Crispy Onions	6	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	40	23	3	2	0	0	30	3	0	0	0	
Crispy Rice	26	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	14	2	0	0	0	260	14	0	1	2	
Cucumbers	44	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	1	0	0	0	
Nori Sesame Seasoning	2	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	35	0	0	0	1	
Pickled Onions	38	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	257	5	0	4	0	
Raw Carrots	23	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	15	2	1	1	0	
Roasted Almonds	14	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	54	6	1	0	0	0	3	2	1	3	
Roasted Sweet Potatoes	39	<input checked="" type="checkbox"/>	<input type="checkbox"/>	65	9	1	0	0	0	301	13	2	7	1	
Shredded Cabbage	25	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	5	2	1	1	0	
Spicy Broccoli	33	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	9	1	0	0	0	120	3	1	1	1	
Tomatoes	46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	10	2	1	1	1	
Tortilla Chips	16	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	36	4	1	0	0	10	10	1	0	1	
Za'atar Breadcrumbs	15	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	65	18	2	0	0	0	201	9	1	0	3	
Za'atar Breadcrumbs (IND Only)	15	<input type="checkbox"/>	<input checked="" type="checkbox"/>	65	18	2	0	0	0	201	9	1	0	3	
PREMIUMS	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Blue Cheese	30	<input type="checkbox"/>	<input type="checkbox"/>	110	81	9	6	0	25	340	1	0	0	6	
Goat Cheese	34	<input type="checkbox"/>	<input type="checkbox"/>	90	63	7	5	0	15	160	0	0	0	7	
Hard Boiled Egg	50	<input type="checkbox"/>	<input type="checkbox"/>	70	45	5	2	0	190	70	1	0	1	7	
Hummus	47	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	41	5	1	0	0	180	7	0	0	4	
Parmesan Crisps	20	<input type="checkbox"/>	<input type="checkbox"/>	100	72	8	5	0	25	480	1	0	0	6	
Shaved Parmesan	17	<input type="checkbox"/>	<input type="checkbox"/>	65	38	4	3	0	15	156	0	0	0	6	
Veg Slaw	46	<input type="checkbox"/>	<input type="checkbox"/>	60	41	5	1	0	0	190	4	1	2	1	
SUPER PREMIUM INGREDIENTS	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Avocado	87	<input checked="" type="checkbox"/>	<input type="checkbox"/>	160	117	13	3	0	0	0	8	9	0	3	

Blackened Chicken	80	<input type="checkbox"/>	<input type="checkbox"/>	110	40	5	1	0	60	360	1	1	0	15
Caramelized Garlic Steak	100	<input type="checkbox"/>	<input type="checkbox"/>	320	210	24	5	0	50	630	7	1	1	21
Miso Glazed Salmon	132	<input type="checkbox"/>	<input type="checkbox"/>	290	135	15	4	0	60	680	13	0	11	24
Miso Glazed Steelhead	132	<input type="checkbox"/>	<input type="checkbox"/>	200	72	8	2	0	65	470	9	0	7	24
Roasted Chicken	78	<input type="checkbox"/>	<input type="checkbox"/>	110	18	2	0	0	58	254	1	0	0	21
Roasted Tofu	75	<input checked="" type="checkbox"/>	<input type="checkbox"/>	100	63	7	1	0	0	250	2	1	0	7
Warm Portobello Mix	65	<input checked="" type="checkbox"/>	<input type="checkbox"/>	110	72	8	1	0	0	498	6	3	0	5
Warm Roasted Sweet Potatoes	72	<input checked="" type="checkbox"/>	<input type="checkbox"/>	85	22	2	0	0	0	220	15	2	2	2

DRRESSINGS	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Balsamic Vinaigrette	41	<input type="checkbox"/>	<input type="checkbox"/>	210	200	22	3	0	0	290	5	0	4	0
Balsamic Vinegar	15	<input checked="" type="checkbox"/>	<input type="checkbox"/>	15	0	0	0	0	0	0	3	0	2	0
Caesar	39	<input type="checkbox"/>	<input type="checkbox"/>	160	160	17	3	0	20	350	1	0	1	1
Crushed Red Pepper	1	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0
Extra Virgin Olive Oil	15	<input checked="" type="checkbox"/>	<input type="checkbox"/>	130	126	14	2	0	0	0	0	0	0	0
Green Goddess Ranch	35	<input type="checkbox"/>	<input type="checkbox"/>	170	160	18	2	0	10	360	1	0	0	1
Honey BBQ Sauce	30	<input type="checkbox"/>	<input type="checkbox"/>	40	0	0	0	0	0	225	4	0	8	0
Hot Honey Mustard Sauce	41	<input type="checkbox"/>	<input type="checkbox"/>	170	130	14	1	0	0	350	9	0	9	0
Lemon Squeeze	15	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	1	0	0	0
Lime Cilantro Jalapeno Vinaigrette	37	<input checked="" type="checkbox"/>	<input type="checkbox"/>	140	120	14	2	0	0	60	4	0	0	0
Lime Squeeze	15	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	1	0	0	0
Miso Sesame Ginger	36	<input checked="" type="checkbox"/>	<input type="checkbox"/>	190	180	20	3	0	0	390	2	0	2	1
Pesto Vinaigrette	39	<input checked="" type="checkbox"/>	<input type="checkbox"/>	110	70	9	1	0	0	160	0	0	0	0
Red Wine Vinaigrette	39	<input checked="" type="checkbox"/>	<input type="checkbox"/>	180	170	19	2	0	0	430	2	0	2	0
Spicy Cashew	45	<input checked="" type="checkbox"/>	<input type="checkbox"/>	170	140	15	1	0	0	370	4	1	4	3
Sweetgreen Hot Sauce	28	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	170	2	1	1	1
Umami Seasoning	0	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	65	0	0	0	0

## CORE MENU

### Bowls

	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>CHICKEN AVOCADO RANCH</b>	523	<input type="checkbox"/>	<input type="checkbox"/>	705	362	41	7	0	70	1,125	59	15	8	23
Blackened Chicken	80	<input type="checkbox"/>	<input type="checkbox"/>	110	40	5	1	0	60	360	1	1	0	15
Avocado	87	<input checked="" type="checkbox"/>	<input type="checkbox"/>	160	117	13	3	0	0	0	8	9	0	3
Pickled Onions	38	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	257	5	0	4	0
Apples	32	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	0	4	1	3	0
Tortilla Chips	16	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	36	4	1	0	0	10	10	1	0	1
White Rice	95	<input checked="" type="checkbox"/>	<input type="checkbox"/>	120	9	1	0	0	0	130	27	1	0	2
Chopped Romaine	140	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	0	0	0	0	0	8	3	2	1	1
Green Goddess Ranch	35	<input type="checkbox"/>	<input type="checkbox"/>	170	160	18	2	0	10	360	1	0	0	1
<b>CHICKEN PESTO PARM</b>	409	<input type="checkbox"/>	<input checked="" type="checkbox"/>	540	180	21	4	0	73	1,451	40	8	4	39
Roasted Chicken	78	<input type="checkbox"/>	<input type="checkbox"/>	110	18	2	0	0	58	254	1	0	0	21
Spicy Broccoli	33	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	9	1	0	0	0	120	3	1	1	1
Tomatoes	46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	10	2	1	1	1
Shaved Parmesan	17	<input type="checkbox"/>	<input type="checkbox"/>	65	38	4	3	0	15	156	0	0	0	6
Za'atar Breadcrumbs	15	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	65	18	2	0	0	0	201	9	1	0	3
Herbed Quinoa	100	<input checked="" type="checkbox"/>	<input type="checkbox"/>	130	27	3	0	0	0	340	21	3	1	5
Baby Spinach	53	<input checked="" type="checkbox"/>	<input type="checkbox"/>	15	0	0	0	0	0	40	2	1	0	1

Sweetgreen Hot Sauce	28	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	170	2	1	1	1
Pesto Vinaigrette	39	<input checked="" type="checkbox"/>	<input type="checkbox"/>	110	70	9	1	0	0	160	0	0	0	0
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
CHICKEN PESTO PARM (IND Only)	409	<input type="checkbox"/>	<input checked="" type="checkbox"/>	540	180	21	4	0	73	1,451	40	8	4	39
Roasted Chicken	78	<input type="checkbox"/>	<input type="checkbox"/>	110	18	2	0	0	58	254	1	0	0	21
Spicy Broccoli	33	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	9	1	0	0	0	120	3	1	1	1
Tomatoes	46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	10	2	1	1	1
Shaved Parmesan	17	<input type="checkbox"/>	<input type="checkbox"/>	65	38	4	3	0	15	156	0	0	0	6
Za'atar Breadcrumbs (IND Only)	15	<input type="checkbox"/>	<input checked="" type="checkbox"/>	65	18	2	0	0	0	201	9	1	0	3
Herbed Quinoa	100	<input checked="" type="checkbox"/>	<input type="checkbox"/>	130	27	3	0	0	0	340	21	3	1	5
Baby Spinach	53	<input checked="" type="checkbox"/>	<input type="checkbox"/>	15	0	0	0	0	0	40	2	1	0	1
Sweetgreen Hot Sauce	28	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	170	2	1	1	1
Pesto Vinaigrette	39	<input checked="" type="checkbox"/>	<input type="checkbox"/>	110	70	9	1	0	0	160	0	0	0	0
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
CRISPY RICE BOWL	432	<input type="checkbox"/>	<input type="checkbox"/>	640	266	30	3	0	60	1,175	61	9	9	28
Blackened Chicken	80	<input type="checkbox"/>	<input type="checkbox"/>	110	40	5	1	0	60	360	1	1	0	15
Raw Carrots	23	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	15	2	1	1	0
Shredded Cabbage	25	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	5	2	1	1	0
Cucumbers	44	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	1	0	0	0
Cilantro	5	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0
Roasted Almonds	14	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	54	6	1	0	0	0	3	2	1	3
Crispy Rice	26	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	14	2	0	0	0	260	14	0	1	2
Wild Rice	95	<input checked="" type="checkbox"/>	<input type="checkbox"/>	155	18	2	0	0	0	150	31	2	0	3
Arugula	60	<input checked="" type="checkbox"/>	<input type="checkbox"/>	15	0	0	0	0	0	15	2	1	1	2
Lime Squeeze	15	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	1	0	0	0
Spicy Cashew	45	<input checked="" type="checkbox"/>	<input type="checkbox"/>	170	140	15	1	0	0	370	4	1	4	3
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
HARVEST BOWL	403	<input type="checkbox"/>	<input type="checkbox"/>	765	368	41	9	0	73	1,180	63	10	17	38
Roasted Chicken	78	<input type="checkbox"/>	<input type="checkbox"/>	110	18	2	0	0	58	254	1	0	0	21
Roasted Sweet Potatoes	39	<input checked="" type="checkbox"/>	<input type="checkbox"/>	65	9	1	0	0	0	301	13	2	7	1
Apples	32	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	0	4	1	3	0
Goat Cheese	34	<input type="checkbox"/>	<input type="checkbox"/>	90	63	7	5	0	15	160	0	0	0	7
Roasted Almonds	14	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	54	6	1	0	0	0	3	2	1	3
Wild Rice	95	<input checked="" type="checkbox"/>	<input type="checkbox"/>	155	18	2	0	0	0	150	31	2	0	3
Shredded Kale	70	<input checked="" type="checkbox"/>	<input type="checkbox"/>	35	6	1	0	0	0	25	6	3	2	3
Balsamic Vinaigrette	41	<input type="checkbox"/>	<input type="checkbox"/>	210	200	22	3	0	0	290	5	0	4	0
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
SHROOMAMI	431	<input checked="" type="checkbox"/>	<input type="checkbox"/>	685	393	44	6	0	0	1,318	53	12	6	22
Roasted Tofu	75	<input checked="" type="checkbox"/>	<input type="checkbox"/>	100	63	7	1	0	0	250	2	1	0	7
Warm Portobello Mix	65	<input checked="" type="checkbox"/>	<input type="checkbox"/>	110	72	8	1	0	0	498	6	3	0	5

Cucumbers	44	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	1	0	0	0
Basil	7	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0
Shredded Cabbage	25	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	5	2	1	1	0
Roasted Almonds	14	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	54	6	1	0	0	0	3	2	1	3
Wild Rice	95	<input checked="" type="checkbox"/>	<input type="checkbox"/>	155	18	2	0	0	0	150	31	2	0	3
Shredded Kale	70	<input checked="" type="checkbox"/>	<input type="checkbox"/>	35	6	1	0	0	0	25	6	3	2	3
Miso Sesame Ginger	36	<input checked="" type="checkbox"/>	<input type="checkbox"/>	190	180	20	3	0	0	390	2	0	2	1
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
STEAKHOUSE CHOPPED	482	<input type="checkbox"/>	<input checked="" type="checkbox"/>	815	501	57	14	0	85	1,723	40	8	5	35
Caramelized Garlic Steak	100	<input type="checkbox"/>	<input type="checkbox"/>	320	210	24	5	0	50	630	7	1	1	21
Crispy Onions	6	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	40	23	3	2	0	0	30	3	0	0	0
Tomatoes	46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	10	2	1	1	1
Blue Cheese	30	<input type="checkbox"/>	<input type="checkbox"/>	110	81	9	6	0	25	340	1	0	0	6
Shredded Cabbage	25	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	5	2	1	1	0
Herbed Quinoa	100	<input checked="" type="checkbox"/>	<input type="checkbox"/>	130	27	3	0	0	0	340	21	3	1	5
Chopped Romaine	140	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	0	0	0	0	0	8	3	2	1	1
Green Goddess Ranch	35	<input type="checkbox"/>	<input type="checkbox"/>	170	160	18	2	0	10	360	1	0	0	1
Plates														
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
CARAMELIZED GARLIC STEAK	480	<input type="checkbox"/>	<input type="checkbox"/>	860	347	40	6	0	50	1,440	89	9	5	31
Caramelized Garlic Steak	100	<input type="checkbox"/>	<input type="checkbox"/>	320	210	24	5	0	50	630	7	1	1	21
Wild Rice	95	<input checked="" type="checkbox"/>	<input type="checkbox"/>	155	18	2	0	0	0	150	31	2	0	3
Wild Rice	95	<input checked="" type="checkbox"/>	<input type="checkbox"/>	155	18	2	0	0	0	150	31	2	0	3
Spicy Broccoli	33	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	9	1	0	0	0	120	3	1	1	1
Warm Roasted Sweet Potatoes	72	<input checked="" type="checkbox"/>	<input type="checkbox"/>	85	22	2	0	0	0	220	15	2	2	2
Tomatoes	46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	10	2	1	1	1
Pesto Vinaigrette	39	<input checked="" type="checkbox"/>	<input type="checkbox"/>	110	70	9	1	0	0	160	0	0	0	0
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
HOT HONEY CHICKEN	525	<input type="checkbox"/>	<input checked="" type="checkbox"/>	835	350	39	5	0	120	2,190	75	11	15	43
Blackened Chicken	80	<input type="checkbox"/>	<input type="checkbox"/>	110	40	5	1	0	60	360	1	1	0	15
Blackened Chicken	80	<input type="checkbox"/>	<input type="checkbox"/>	110	40	5	1	0	60	360	1	1	0	15
Warm Roasted Sweet Potatoes	72	<input checked="" type="checkbox"/>	<input type="checkbox"/>	85	22	2	0	0	0	220	15	2	2	2
Veg Slaw	46	<input type="checkbox"/>	<input type="checkbox"/>	60	41	5	1	0	0	190	4	1	2	1
Crispy Onions	6	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	40	23	3	2	0	0	30	3	0	0	0
Herbed Quinoa	100	<input checked="" type="checkbox"/>	<input type="checkbox"/>	130	27	3	0	0	0	340	21	3	1	5
Herbed Quinoa	100	<input checked="" type="checkbox"/>	<input type="checkbox"/>	130	27	3	0	0	0	340	21	3	1	5
Hot Honey Mustard Sauce	41	<input type="checkbox"/>	<input type="checkbox"/>	170	130	14	1	0	0	350	9	0	9	0
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
MISO GLAZED SALMON	544	<input type="checkbox"/>	<input checked="" type="checkbox"/>	930	433	48	10	0	60	1,632	88	12	19	35
Miso Glazed Salmon	132	<input type="checkbox"/>	<input type="checkbox"/>	290	135	15	4	0	60	680	13	0	11	24
Avocado	87	<input checked="" type="checkbox"/>	<input type="checkbox"/>	160	117	13	3	0	0	0	8	9	0	3

Cucumbers	44	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	1	0	0	0
Pickled Onions	38	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	257	5	0	4	0
Crispy Onions	6	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	40	23	3	2	0	0	30	3	0	0	0
White Rice	95	<input checked="" type="checkbox"/>	<input type="checkbox"/>	120	9	1	0	0	0	130	27	1	0	2
White Rice	95	<input checked="" type="checkbox"/>	<input type="checkbox"/>	120	9	1	0	0	0	130	27	1	0	2
Nori Sesame Seasoning	2	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	35	0	0	0	1
Spicy Cashew	45	<input checked="" type="checkbox"/>	<input type="checkbox"/>	170	140	15	1	0	0	370	4	1	4	3
MISO GLAZED STEELHEAD (SEA ONLY)														
Miso Glazed Steelhead	132	<input type="checkbox"/>	<input type="checkbox"/>	200	72	8	2	0	65	470	9	0	7	24
Avocado	87	<input checked="" type="checkbox"/>	<input type="checkbox"/>	160	117	13	3	0	0	0	8	9	0	3
Cucumbers	44	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	1	0	0	0
Pickled Onions	38	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	257	5	0	4	0
Crispy Onions	6	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	40	23	3	2	0	0	30	3	0	0	0
White Rice	95	<input checked="" type="checkbox"/>	<input type="checkbox"/>	120	9	1	0	0	0	130	27	1	0	2
White Rice	95	<input checked="" type="checkbox"/>	<input type="checkbox"/>	120	9	1	0	0	0	130	27	1	0	2
Nori Sesame Seasoning	2	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	35	0	0	0	1
Spicy Cashew	45	<input checked="" type="checkbox"/>	<input type="checkbox"/>	170	140	15	1	0	0	370	4	1	4	3
Salads														
BBQ CHICKEN SALAD														
BBQ Chicken Salad	512	<input type="checkbox"/>	<input type="checkbox"/>	520	242	28	4	0	70	1,260	38	10	20	22
Blackened Chicken	80	<input type="checkbox"/>	<input type="checkbox"/>	110	40	5	1	0	60	360	1	1	0	15
Shredded Cabbage	25	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	5	2	1	1	0
Pickled Onions	38	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	257	5	0	4	0
Tomatoes	46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	10	2	1	1	1
Apples	32	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	0	4	1	3	0
Tortilla Chips	16	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	36	4	1	0	0	10	10	1	0	1
Chopped Romaine	140	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	0	0	0	0	0	8	3	2	1	1
Shredded Kale	70	<input checked="" type="checkbox"/>	<input type="checkbox"/>	35	6	1	0	0	0	25	6	3	2	3
Honey BBQ Sauce	30	<input type="checkbox"/>	<input type="checkbox"/>	40	0	0	0	0	0	225	4	0	8	0
Green Goddess Ranch	35	<input type="checkbox"/>	<input type="checkbox"/>	170	160	18	2	0	10	360	1	0	0	1
GUACAMOLE GREENS														
Guacamole Greens	552	<input type="checkbox"/>	<input type="checkbox"/>	575	291	33	6	0	58	604	36	14	7	27
Roasted Chicken	78	<input type="checkbox"/>	<input type="checkbox"/>	110	18	2	0	0	58	254	1	0	0	21
Avocado	87	<input checked="" type="checkbox"/>	<input type="checkbox"/>	160	117	13	3	0	0	0	8	9	0	3
Tomatoes	46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	10	2	1	1	1
Pickled Onions	38	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	257	5	0	4	0
Shredded Cabbage	25	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	5	2	1	1	0
Tortilla Chips	16	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	36	4	1	0	0	10	10	1	0	1
Spring Mix	70	<input checked="" type="checkbox"/>	<input type="checkbox"/>	15	0	0	0	0	0	0	0	0	0	0
Chopped Romaine	140	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	0	0	0	0	0	8	3	2	1	1

Lime Squeeze	15	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	1	0	0	0
Lime Cilantro Jalapeno Vinaigrette	37	<input checked="" type="checkbox"/>	<input type="checkbox"/>	140	120	14	2	0	0	60	4	0	0	0
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
HUMMUS CRUNCH	514	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	405	141	17.5	2	0	0	1,096	42	10	10	14
Hummus	47	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	41	5	1	0	0	180	7	0	0	4
Chickpeas	43	<input checked="" type="checkbox"/>	<input type="checkbox"/>	45	6	0.5	0	0	0	250	7	2	1	2
Tomatoes	46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	10	2	1	1	1
Cucumbers	44	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	1	0	0	0
Shredded Cabbage	25	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	5	2	1	1	0
Pickled Onions	38	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	257	5	0	4	0
Basil	7	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0
Za'atar Breadcrumbs	15	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	65	18	2	0	0	0	201	9	1	0	3
Chopped Romaine	140	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	0	0	0	0	0	8	3	2	1	1
Shredded Kale	70	<input checked="" type="checkbox"/>	<input type="checkbox"/>	35	6	1	0	0	0	25	6	3	2	3
Pesto Vinaigrette	39	<input checked="" type="checkbox"/>	<input type="checkbox"/>	110	70	9	1	0	0	160	0	0	0	0
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
HUMMUS CRUNCH (IND Only)	514	<input type="checkbox"/>	<input checked="" type="checkbox"/>	405	141	17.5	2	0	0	1,096	42	10	10	14
Hummus	47	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	41	5	1	0	0	180	7	0	0	4
Chickpeas	43	<input checked="" type="checkbox"/>	<input type="checkbox"/>	45	6	0.5	0	0	0	250	7	2	1	2
Tomatoes	46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	10	2	1	1	1
Cucumbers	44	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	1	0	0	0
Shredded Cabbage	25	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	5	2	1	1	0
Pickled Onions	38	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	257	5	0	4	0
Basil	7	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0
Za'atar Breadcrumbs (IND Only)	15	<input type="checkbox"/>	<input checked="" type="checkbox"/>	65	18	2	0	0	0	201	9	1	0	3
Chopped Romaine	140	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	0	0	0	0	0	8	3	2	1	1
Shredded Kale	70	<input checked="" type="checkbox"/>	<input type="checkbox"/>	35	6	1	0	0	0	25	6	3	2	3
Pesto Vinaigrette	39	<input checked="" type="checkbox"/>	<input type="checkbox"/>	110	70	9	1	0	0	160	0	0	0	0
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
KALE CAESAR (CHICKEN)	425	<input type="checkbox"/>	<input type="checkbox"/>	510	294	32	11	0	118	1,283	15	6	5	39
Roasted Chicken	78	<input type="checkbox"/>	<input type="checkbox"/>	110	18	2	0	0	58	254	1	0	0	21
Tomatoes	46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	10	2	1	1	1
Parmesan Crisps	20	<input type="checkbox"/>	<input type="checkbox"/>	100	72	8	5	0	25	480	1	0	0	6
Shaved Parmesan	17	<input type="checkbox"/>	<input type="checkbox"/>	65	38	4	3	0	15	156	0	0	0	6
Shredded Kale	70	<input checked="" type="checkbox"/>	<input type="checkbox"/>	35	6	1	0	0	0	25	6	3	2	3
Chopped Romaine	140	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	0	0	0	0	0	8	3	2	1	1
Lime Squeeze	15	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	1	0	0	0
Caesar	39	<input type="checkbox"/>	<input type="checkbox"/>	160	160	17	3	0	20	350	1	0	1	1
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
KALE CAESAR (STEAK)	447	<input type="checkbox"/>	<input type="checkbox"/>	720	486	54	16	0	110	1,659	21	7	6	39
Caramelized Garlic Steak	100	<input type="checkbox"/>	<input type="checkbox"/>	320	210	24	5	0	50	630	7	1	1	21

Tomatoes	46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	10	2	1	1	1
Parmesan Crisps	20	<input type="checkbox"/>	<input type="checkbox"/>	100	72	8	5	0	25	480	1	0	0	6
Shaved Parmesan	17	<input type="checkbox"/>	<input type="checkbox"/>	65	38	4	3	0	15	156	0	0	0	6
Shredded Kale	70	<input checked="" type="checkbox"/>	<input type="checkbox"/>	35	6	1	0	0	0	25	6	3	2	3
Chopped Romaine	140	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	0	0	0	0	0	8	3	2	1	1
Lime Squeeze	15	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	1	0	0	0
Caesar	39	<input type="checkbox"/>	<input type="checkbox"/>	160	160	17	3	0	20	350	1	0	1	1

### Kids

	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
LITTLE HARVEST	223	<input type="checkbox"/>	<input type="checkbox"/>	425	240	26	3	0	58	764	25	3	9	23
Roasted Chicken	78	<input type="checkbox"/>	<input type="checkbox"/>	110	18	2	0	0	58	254	1	0	0	21
Warm Roasted Sweet Potatoes	72	<input checked="" type="checkbox"/>	<input type="checkbox"/>	85	22	2	0	0	0	220	15	2	2	2
Apples	32	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	0	4	1	3	0
Balsamic Vinaigrette	41	<input type="checkbox"/>	<input type="checkbox"/>	210	200	22	3	0	0	290	5	0	4	0
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
MINI MEZZE	185	<input type="checkbox"/>	<input type="checkbox"/>	275	95	11	2	0	58	444	19	1	0	26
Roasted Chicken	78	<input type="checkbox"/>	<input type="checkbox"/>	110	18	2	0	0	58	254	1	0	0	21
Cucumbers	44	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	1	0	0	0
Hummus	47	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	41	5	1	0	0	180	7	0	0	4
Tortilla Chips	16	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	36	4	1	0	0	10	10	1	0	1
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
RANCHY CHICKEN + RICE	272	<input type="checkbox"/>	<input type="checkbox"/>	540	268	30	7	0	93	1,244	35	2	0	31
Roasted Chicken	78	<input type="checkbox"/>	<input type="checkbox"/>	110	18	2	0	0	58	254	1	0	0	21
Cucumbers	44	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5	0	0	0	0	0	0	1	0	0	0
Parmesan Crisps	20	<input type="checkbox"/>	<input type="checkbox"/>	100	72	8	5	0	25	480	1	0	0	6
Wild Rice	95	<input checked="" type="checkbox"/>	<input type="checkbox"/>	155	18	2	0	0	0	150	31	2	0	3
Green Goddess Ranch	35	<input type="checkbox"/>	<input type="checkbox"/>	170	160	18	2	0	10	360	1	0	0	1

### Sides

	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
HUMMUS + FOCACCIA	131	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	290	98	11	1	0	0	660	37	0	3	10
Rosemary Focaccia Breadsticks	84	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	210	57	6	0	0	0	480	30	0	3	6
Hummus	47	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	41	5	1	0	0	180	7	0	0	4
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
ROSEMARY FOCACCIA	94	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	230	63	7	1	0	0	530	34	0	2	8
Rosemary Focaccia	94	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	230	63	7	1	0	0	530	34	0	2	8
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
ROASTED SWEET POTATOES + GREEN GODDESS RANCH	179	<input type="checkbox"/>	<input type="checkbox"/>	340	204	22	2	0	10	800	31	4	4	5
Warm Roasted Sweet Potatoes	72	<input checked="" type="checkbox"/>	<input type="checkbox"/>	85	22	2	0	0	0	220	15	2	2	2
Green Goddess Ranch	35	<input type="checkbox"/>	<input type="checkbox"/>	170	160	18	2	0	10	360	1	0	0	1
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)

<b>ROASTED SWEET POTATOES + HOT HONEY MUSTARD</b>	185	<input type="checkbox"/>	<input type="checkbox"/>	340	174	18	1	0	0	790	39	4	13	4
Warm Roasted Sweet Potatoes	72	<input checked="" type="checkbox"/>	<input type="checkbox"/>	85	22	2	0	0	0	220	15	2	2	2
Hot Honey Mustard Sauce	41	<input type="checkbox"/>	<input type="checkbox"/>	170	130	14	1	0	0	350	9	0	9	0

**CORE MENU - ONLINE EXCLUSIVES**

	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>BUFFALO CHICKEN</b>	514	<input type="checkbox"/>	<input checked="" type="checkbox"/>	555	305	34	10	0	105	1,736	32	10	11	31
Blackened Chicken	80	<input type="checkbox"/>	<input type="checkbox"/>	110	40	5	1	0	60	360	1	1	0	15
Pickled Onions	38	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	257	5	0	4	0
Tomatoes	46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	10	2	1	1	1
Raw Carrots	23	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	15	2	1	1	0
Cilantro	5	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0
Blue Cheese	30	<input type="checkbox"/>	<input type="checkbox"/>	110	81	9	6	0	25	340	1	0	0	6
Za'atar Breadcrumbs	15	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	65	18	2	0	0	0	201	9	1	0	3
Shredded Kale	70	<input checked="" type="checkbox"/>	<input type="checkbox"/>	35	6	1	0	0	0	25	6	3	2	3
Chopped Romaine	140	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	0	0	0	0	0	8	3	2	1	1
Sweetgreen Hot Sauce	28	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	170	2	1	1	1
Caesar	39	<input type="checkbox"/>	<input type="checkbox"/>	160	160	17	3	0	20	350	1	0	1	1
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>BUFFALO CHICKEN (IND Only)</b>	514	<input type="checkbox"/>	<input checked="" type="checkbox"/>	555	305	34	10	0	105	1,736	32	10	11	31
Blackened Chicken	80	<input type="checkbox"/>	<input type="checkbox"/>	110	40	5	1	0	60	360	1	1	0	15
Pickled Onions	38	<input checked="" type="checkbox"/>	<input type="checkbox"/>	20	0	0	0	0	0	257	5	0	4	0
Tomatoes	46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	10	2	1	1	1
Raw Carrots	23	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	15	2	1	1	0
Cilantro	5	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0
Blue Cheese	30	<input type="checkbox"/>	<input type="checkbox"/>	110	81	9	6	0	25	340	1	0	0	6
Za'atar Breadcrumbs (IND Only)	15	<input type="checkbox"/>	<input checked="" type="checkbox"/>	65	18	2	0	0	0	201	9	1	0	3
Shredded Kale	70	<input checked="" type="checkbox"/>	<input type="checkbox"/>	35	6	1	0	0	0	25	6	3	2	3
Chopped Romaine	140	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	0	0	0	0	0	8	3	2	1	1
Sweetgreen Hot Sauce	28	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	170	2	1	1	1
Caesar	39	<input type="checkbox"/>	<input type="checkbox"/>	160	160	17	3	0	20	350	1	0	1	1
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>FISH TACO</b>	490	<input type="checkbox"/>	<input type="checkbox"/>	835	435	49	10	0	60	1,280	62	16	15	36
Miso Glazed Salmon	132	<input type="checkbox"/>	<input type="checkbox"/>	290	135	15	4	0	60	680	13	0	11	24
Avocado	87	<input checked="" type="checkbox"/>	<input type="checkbox"/>	160	117	13	3	0	0	0	8	9	0	3
Shredded Cabbage	25	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	5	2	1	1	0
Cilantro	5	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0
Tortilla Chips	16	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	36	4	1	0	0	10	10	1	0	1
Herbed Quinoa	100	<input checked="" type="checkbox"/>	<input type="checkbox"/>	130	27	3	0	0	0	340	21	3	1	5
Arugula	60	<input checked="" type="checkbox"/>	<input type="checkbox"/>	15	0	0	0	0	0	15	2	1	1	2

Sweetgreen Hot Sauce	28	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	170	2	1	1	1
Lime Cilantro Jalapeno Vinaigrette	37	<input checked="" type="checkbox"/>	<input type="checkbox"/>	140	120	14	2	0	0	60	4	0	0	0
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
FISH TACO (STEELHEAD - SEA ONLY)	490	<input type="checkbox"/>	<input type="checkbox"/>	745	372	42	7	0	65	1,070	58	16	11	36
Miso Glazed Steelhead	132	<input type="checkbox"/>	<input type="checkbox"/>	200	72	8	2	0	65	470	9	0	7	24
Avocado	87	<input checked="" type="checkbox"/>	<input type="checkbox"/>	160	117	13	3	0	0	0	8	9	0	3
Shredded Cabbage	25	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	5	2	1	1	0
Cilantro	5	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0
Tortilla Chips	16	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	36	4	1	0	0	10	10	1	0	1
Herbed Quinoa	100	<input checked="" type="checkbox"/>	<input type="checkbox"/>	130	27	3	0	0	0	340	21	3	1	5
Arugula	60	<input checked="" type="checkbox"/>	<input type="checkbox"/>	15	0	0	0	0	0	15	2	1	1	2
Sweetgreen Hot Sauce	28	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	170	2	1	1	1
Lime Cilantro Jalapeno Vinaigrette	37	<input checked="" type="checkbox"/>	<input type="checkbox"/>	140	120	14	2	0	0	60	4	0	0	0
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
GARDEN COBB	517	<input type="checkbox"/>	<input type="checkbox"/>	745	506	56	15	0	215	1,019	36	16	15	22
Avocado	87	<input checked="" type="checkbox"/>	<input type="checkbox"/>	160	117	13	3	0	0	0	8	9	0	3
Hard Boiled Egg	50	<input type="checkbox"/>	<input type="checkbox"/>	70	45	5	2	0	190	70	1	0	1	7
Roasted Sweet Potatoes	39	<input checked="" type="checkbox"/>	<input type="checkbox"/>	65	9	1	0	0	0	301	13	2	7	1
Tomatoes	46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	10	2	1	1	1
Blue Cheese	30	<input type="checkbox"/>	<input type="checkbox"/>	110	81	9	6	0	25	340	1	0	0	6
Roasted Almonds	14	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	54	6	1	0	0	0	3	2	1	3
Spring Mix	70	<input checked="" type="checkbox"/>	<input type="checkbox"/>	15	0	0	0	0	0	0	0	0	0	0
Chopped Romaine	140	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	0	0	0	0	0	8	3	2	1	1
Balsamic Vinaigrette	41	<input type="checkbox"/>	<input type="checkbox"/>	210	200	22	3	0	0	290	5	0	4	0
	Serving Size (g)	Vegan?	Contains Gluten?	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
SUPER GREEN GODDESS	335	<input type="checkbox"/>	<input type="checkbox"/>	455	244	27.5	3	0	10	1,116	39	13	14	12
Chickpeas	43	<input checked="" type="checkbox"/>	<input type="checkbox"/>	45	6	0.5	0	0	0	250	7	2	1	2
Roasted Sweet Potatoes	39	<input checked="" type="checkbox"/>	<input type="checkbox"/>	65	9	1	0	0	0	301	13	2	7	1
Raw Carrots	23	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	15	2	1	1	0
Spicy Broccoli	33	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25	9	1	0	0	0	120	3	1	1	1
Shredded Cabbage	25	<input checked="" type="checkbox"/>	<input type="checkbox"/>	10	0	0	0	0	0	5	2	1	1	0
Roasted Almonds	14	<input checked="" type="checkbox"/>	<input type="checkbox"/>	80	54	6	1	0	0	0	3	2	1	3
Baby Spinach	53	<input checked="" type="checkbox"/>	<input type="checkbox"/>	15	0	0	0	0	0	40	2	1	0	1
Shredded Kale	70	<input checked="" type="checkbox"/>	<input type="checkbox"/>	35	6	1	0	0	0	25	6	3	2	3
Green Goddess Ranch	35	<input type="checkbox"/>	<input type="checkbox"/>	170	160	18	2	0	10	360	1	0	0	1

## Allergens

SALADS	Dairy	Eggs	Fish	Shellfish	Wheat	Peanuts	Tree Nuts	Soy	Sesame	
BBQ Chicken Salad	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Buffalo Chicken	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Garden Cobb	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Guacamole Greens	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Hummus Crunch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Kale Caesar	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Kale Caesar (Steak)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Super Green Goddess	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
BOWLS	Dairy	Eggs	Fish	Shellfish	Wheat	Peanuts	Tree Nuts	Soy	Sesame	
Chicken Avocado Ranch	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Chicken Pesto Parm	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Crispy Rice Bowl	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
Fish Taco (Steelhead)	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Fish Taco	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Harvest Bowl	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Shroomami	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Steakhouse Chopped	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
PROTEIN PLATES	Dairy	Eggs	Fish	Shellfish	Wheat	Peanuts	Tree Nuts	Soy	Sesame	
Caramelized Garlic Steak	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hot Honey Chicken	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Miso Glazed Salmon	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Miso Glazed Steelhead	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
KIDS MEALS	Dairy	Eggs	Fish	Shellfish	Wheat	Peanuts	Tree Nuts	Soy	Sesame	
Little Harvest	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Mini Mezze	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Ranchy Chicken + Rice	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
SIDES	Dairy	Eggs	Fish	Shellfish	Wheat	Peanuts	Tree Nuts	Soy	Sesame	Ingredients
Hummus + Focaccia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
Roasted Sweet Potatoes + Green Goddess Ranch	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Roasted Sweet Potatoes + Hot Honey Mustard	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Rosemary Focaccia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
SG x Siete: Green Goddess Ranch Potato Chips	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Potatoes Avocado Oil Seasoning Blend (Onion Powder, Poblano Powder, Sea Salt, Date Sugar, Garlic Powder, Chive Powder, Lemon Juice Powder [Tapioca, Maltodextrin, Lemon Juice, Lemon Oil]) Nutritional Yeast Black Pepper Citric Acid Dill Sumac Distilled White Vinegar Powder (Tapioca Solids Distilled White Vinegar)
Siete Sea Salt Potato Chips	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Potatoes Avocado Oil Sea Salt
DESSERT	Dairy	Eggs	Fish	Shellfish	Wheat	Peanuts	Tree Nuts	Soy	Sesame	Ingredients
Crispy Rice Treat	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Brown Rice Honey Butter (Cream, Salt) Coconut Sugar Roasted Sunflower Seeds Coconut Oil Quinoa Puffed Millet Dates Vanilla Extract Salt Sunflower Oil Sunflower Lecithin
Hu Cashews + Vanilla Bean Hunks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Organic Cashew Organic Cacao Unrefined Organic Coconut Sugar Organic Fair-Trade Cocoa Butter Sea Salt Vanilla Bean



Spicy Broccoli	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Broccoli Extra Virgin Olive Oil Umami Seasoning Crushed Red Pepper
Spicy Broccoli (NYM/DMV/PHL)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Broccoli Kale Stems Extra Virgin Olive Oil Umami Seasoning Crushed Red Pepper
Tomatoes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Tortilla Chips	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Organic Yellow Corn Canola Oil Sea Salt  May contain one or more of the following: Lime Safflower Oil Sunflower Oil Soybean Oil Cottonseed Oil Rice Bran
Za'atar Breadcrumbs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Whole Wheat Bread Focaccia Bread Extra Virgin Olive Oil Umami Seasoning Oregano Thyme Sesame Seeds Sumac Hyssop Salt Soybean Oil Citric Acid
Pickled Onions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Roasted Sweet Potatoes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>PREMIUMS</b>	<b>Dairy</b>	<b>Eggs</b>	<b>Fish</b>	<b>Shellfish</b>	<b>Wheat</b>	<b>Peanuts</b>	<b>Tree Nuts</b>	<b>Soy</b>	<b>Sesame</b>	<b>Ingredients</b>
Blue Cheese	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Goat Cheese	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hard Boiled Egg	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hummus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Chickpeas Tahini Lemon Juice Garlic Extra Virgin Olive Oil Canola Oil Natural Flavors Dried Roasted Garlic Citric Acid Spices Salt Pepper
Parmesan Crisps	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pasteurized Skim Cow's Milk Cheese Cultures Rennet Salt Cracked Black Pepper
Shaved Parmesan	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Veg Slaw	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cabbage Carrots Mayonnaise Hot Honey Mustard Sauce Lime Juice Apple Cider Vinegar Dijon Mustard Umami Seasoning Dried Parsley
<b>SUPER PREMIUMS</b>	<b>Dairy</b>	<b>Eggs</b>	<b>Fish</b>	<b>Shellfish</b>	<b>Wheat</b>	<b>Peanuts</b>	<b>Tree Nuts</b>	<b>Soy</b>	<b>Sesame</b>	<b>Ingredients</b>
Avocado	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Blackened Chicken	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chicken Leg/Thigh Balsamic Vinegar Blackened Seasoning Avocado Oil

<b>Caramelized Garlic Steak</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Steak Dried Parsley Extra Virgin Olive Oil Kosher Salt Nutritional Yeast Granulated Garlic Granulated Onion
<b>Miso Glazed Salmon</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Salmon Tamari Maple Syrup Miso Paste Blackened Seasoning
<b>Miso Glazed Steelhead</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Steelhead Tamari Maple Syrup Miso Paste Blackened Seasoning
<b>Roasted Chicken</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chicken Tenders Umami Seasoning Avocado Oil
<b>Roasted Tofu</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Tofu Extra Virgin Olive Oil Blackening Seasoning
<b>Warm Portobello Mix</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Portobello Mushrooms Button Mushrooms Extra Virgin Olive Oil Umami Seasoning
<b>Warm Roasted Sweet Potatoes</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sweet Potatoes Umami Seasoning Extra Virgin Olive Oil
<b>DRESSINGS</b>	<b>Dairy</b>	<b>Eggs</b>	<b>Fish</b>	<b>Shellfish</b>	<b>Wheat</b>	<b>Peanuts</b>	<b>Tree Nuts</b>	<b>Soy</b>	<b>Sesame</b>	<b>Ingredients</b>
<b>Balsamic Vinaigrette</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sunflower Oil Balsamic Vinegar Honey Dijon Mustard Salt Cracked Black Pepper
<b>Balsamic Vinegar</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Caesar</b>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Yogurt Water Lemon Juice Anchovies Parmesan Cheese Egg Yolk Apple Cider Vinegar Citrus Flour Distilled Vinegar Rosemary Extract Garlic Salt Mustard Flour Black Pepper
<b>Crushed Red Pepper</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Extra Virgin Olive Oil</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Green Goddess Ranch</b>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mayonnaise Plain Yogurt Dill Red Onion Basil Cilantro Spinach Lemon Juice White Wine Vinegar Sweetgreen Hot Sauce Salt Garlic Cracked Black Pepper

<b>Honey BBQ Sauce</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tomato Concentrate Date Syrup Water Honey Yellow Mustard Distilled Vinegar Natural Hickory Smoke Salt Caramel Color Apple Juice Concentrate Onion Powder Garlic Powder Allspice Paprika Black Pepper Lime Juice Concentrate Tamarind Concentrate Organic Ketchup Blend Cayenne Pepper
<b>Hot Honey Mustard Sauce</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sunflower Oil Apple Cider Vinegar Honey Dijon Mustard Umami Seasoning Crushed Red Pepper
<b>Lemon Squeeze</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Lime Cilantro Jalapeno Vinaigrette</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sunflower Oil Lime Juice White Wine Vinegar Cilantro Jalapeno Umami Seasoning Garlic Cumin
<b>Lime Squeeze</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Miso Sesame Ginger</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Sunflower Oil White Miso Paste Rice Vinegar Tamari Ginger Garlic Maple Syrup Water Umami Seasoning Sesame Oil Crushed Red Pepper
<b>Pesto Vinaigrette</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sunflower Oil Extra Virgin Olive Oil Apple Cider Vinegar Basil Garlic Umami Seasoning
<b>Red Wine Vinaigrette</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Red Wine Vinegar Dijon Mustard Maple Syrup Lemon Juice Salt Cracked Black Pepper Extra Virgin Olive Oil Avocado Oil
<b>Spicy Cashew</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Cashews Sunflower Oil Maple Syrup Lime Juice Water Rice Vinegar Cilantro Garlic Sesame Oil Ginger Umami Seasoning Crushed Red Pepper

<b>Sweetgreen Hot Sauce</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Water Jalapeño Peppers Red Chili Peppers Onion Apple Cider Vinegar Red Bell Pepper Carrots Tomato Paste Garlic Nutritional Yeast Sea Salt Dried Garlic Dried Onions Chipotle Powder Ascorbic Acid
<b>Umami Seasoning</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Granulated Onion Granulated Garlic Paprika Cumin Powder Cayenne Powder Nutritional Yeast Kosher Salt
<b>BEVERAGES</b>	<b>Dairy</b>	<b>Eggs</b>	<b>Fish</b>	<b>Shellfish</b>	<b>Wheat</b>	<b>Peanuts</b>	<b>Tree Nuts</b>	<b>Soy</b>	<b>Sesame</b>	<b>Ingredients</b>
<b>Harney &amp; Sons Organic Lemonade</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Triple Filtered Water Organic Maple Syrup Organic Lemon Juice Concentrate Organic Lemon Flavor
<b>Honest Kids Apple Juice</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Filtered Water Organic Apple Juice From Concentrate Natural Flavor Vitamin C (Ascorbic Acid) Organic Natural Flavor Citric Acid (Provides Tartness)
<b>Tree Top Apple Juice</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Organic Apple Juice From Concentrate (Water; Concentrated Organic Apple Juice)
<b>Health-Ade Kombucha Passionfruit Tangerine</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Organic Kombucha (Filtered Water, Acids from Fermentation (acetic*, lactic, gluconic, tartaric), Cane Sugar*, Live Kombucha Cultures, Black Tea*, Green Tea*, Carbonation) Cold-pressed Passion Fruit Juice* Cold-pressed Tangerine Juice* Cold-pressed Orange Juice* Live Active Cultures (bacillus Coagulans Mtcc 5856)  *Certified Org
<b>Health-Ade Kombucha Pink Lady</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Organic Kombucha (Filtered Water, Acids from Fermentation (acetic*, Lactic, Gluconic, Tartaric), Cane Sugar*, Live Kombucha Cultures, Black Tea*, Green Tea*, Carbonation) Apple Juice Concentrate* Apple Essence* Live Active Cultures (bacillus Coagulans Mtcc 5856)  *Certified Organic
<b>Mother Kombucha Hopped Passion Fruit</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Organic Raw Kombucha (Kombucha Culture Filtered Water Organic Cane Sugar Organic Fair Trade Green Tea) Organic Hops Organic Hibiscus Organic Amla Organic Passionfruit Flavor Extract.
<b>Mother Kombucha The Trop</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Organic Raw Kombucha (Kombucha Culture Filtered Water Organic Cane Sugar Organic Fair Trade Green Tea) Organic Pineapple Organic Saw Palmetto Organic Pineapple Flavor Extract And Organic Coconut Flavor Extract



## BREAD INGREDIENTS

### ATL, TEXAS, DENVER, FLORIDA (V)

WATER  
WHEAT FLOUR  
NIACIN  
REDUCED IRON  
THIAMINE MONONITRATE  
RIBOFLAVIN  
FOLIC ACID  
WHOLE WHEAT FLOUR  
SEA SALT

### PHL (V)

WATER  
WHOLE WHEAT FLOUR  
WHITE FLOUR  
MALTED BARLEY FLOUR  
YEAST

### DET (V)

WHEAT FLOUR  
WATER  
ORGANIC WHEAT FLOUR  
MALTED BARLEY FLOUR  
SEA SALT  
WHOLE WHEAT FLOUR

### IND

WHOLE WHEAT FLOUR  
ENRICHED FLOUR  
WATER  
SUNFLOWER SEEDS  
HONEY  
SOYBEAN OIL  
SALT  
YEAST  
RYE FLOUR  
ASCORBIC ACID

### CHI (V)

ORGANIC WHOLE WHEAT FLOUR  
SEA SALT  
LEVAIN  
WATER

### SD (V)

ORGANIC WHEAT FLOUR  
FILTERED WATER  
ORGANIC WHOLE WHEAT FLOUR  
NATURAL LEAVEN  
SEA SALT

### NCAL (V)

UNBLEACHED WHEAT FLOUR  
MALTED BARLEY FLOUR  
FILTERED WATER  
WHOLE WHEAT FLOUR  
SEA SALT

### LA (V)

ORGANIC WHEAT FLOUR  
FILTERED WATER  
SEA SALT

### MSP (V)

WHOLE WHEAT BREAD FLOUR  
WHOLE GRAIN WHEAT FLOUR  
RYE FLOUR  
FILTERED WATER  
SEA SALT  
MALTED BARLEY FLOUR

### DMV (V)

WHEAT FLOUR  
MALTED BARLEY FLOUR  
FILTERED WATER  
LEVAIN  
BUCKWHEAT FLOUR  
RYE FLOUR  
SALT

### NYC (V)

WHOLE WHEAT FLOUR  
WHITE FLOUR  
WATER  
SALT  
NATURAL STARTER  
WHEAT BRAN

### BOS (V)

ORGANIC WHOLE WHEAT FLOUR  
MALTED BARLEY FLOUR  
FILTERED WATER  
NATURAL WHOLE WHEAT STARTER  
SEA SALT

## FOCACCIA INGREDIENTS

### ATL, TEXAS, DENVER, FLORIDA (V)

WHEAT FLOUR  
NIACIN  
REDUCED IRON  
THIAMINE MONONITRATE  
RIBOFLAVIN  
FOLIC ACID  
WATER  
OLIVE OIL  
SEA SALT  
ENZYMES  
YEAST  
ROSEMARY  
KOSHER SALT

### FOCACCIA (ALL OTHER MARKETS) (V)

WHOLE WHEAT FLOUR  
WHEAT FLOUR  
EXTRA VIRGIN OLIVE OIL  
YEAST  
SEA SALT  
ROSEMARY