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The Upswing Fund

for Adolescent
Mental Health



Our February newsletter features several exciting announcements from The Upswing Fund!

First, we would like to thank everyone for participating in our newsletter survey last month. Your feedback is central to how we will design our content moving forward. We heard that you want to keep newsletters at a monthly cadence and find the funding opportunities particularly helpful.

We would also like to take a moment to recognize [Black History Month](#). This year's theme of Black Health and Wellness is particularly resonant with our shared mission of closing mental health care equity gaps for youth of color and the journey towards healing from the wake of the COVID-19 pandemic.



**Now, more than ever,
the need for community
programs serving the
mental health and well-
being needs of
adolescents is critical.**

**Read the new report:
[Addressing the Adolescent Mental Health
Emergency](#)
bit.ly/UpswingReport**

New report release!

[Addressing the Adolescent Mental Health Emergency: Community Based Recommendations for Key Stakeholder Groups](#)

Informed by our grantee partners, we explore the barriers that community-based organizations face in providing accessible, culturally responsive mental health care and provide recommendations to take action to close gaps in care.

The report is broken into four themes:

- Funding for Community-Based Programs
- Building Community Partnerships
- Building and Sustaining a Mental Health Care Workforce
- Measuring the Mental Health & Wellbeing of Adolescents

Read more from the report (including quotes from our partners!) here:
bit.ly/UpswingReport

In 2021, The Upswing Fund helped

127,000+ adolescents

receive mental health care that would have

otherwise not received services



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Reflecting on all of our partners' work last year, we have also released a 2021 Impact Summary.

In 2021, Surge Capacity grant recipients served 364,367 youth of color and 110,674 LGBTQ+ youth. Our Systems Enabler grant recipients served 1,317,118 adolescents.

Read the full summary and six spotlights of grant recipient work here: bit.ly/Upswing2021

We're hiring for the next Director of The Upswing Fund!

Our founding Director, Solome Tibebu, has transitioned to our Advisory Committee, leaving big shoes to fill. We're thankful for her leadership and are excited to bring on a new leader!

About the role: The Director will have a clear vision for the role of the Fund in advancing impact for the field and will serve as a network builder among grantees and across the adolescent mental health ecosystem. This leader is responsible for strategic direction for and management of work including a grantmaking strategy; partnerships to attract funding and other resources for the Fund; and amplification of grantee voices for greater issue awareness; and day-to-day program implementation. Learn more about the role and [apply here!](#)



Last, but certainly not least, The Upswing Fund is happy to announce that we have awarded \$652,500 in second-year funding to nine community-based grant recipients! These grants will support critical work in providing mental health and well-being services to adolescents of color and LGBTQ+ youth. We are so excited to see what these incredible organizations do in 2022. Read more about the announcement [here](#).

- [Black Girls Smile](#) (Atlanta, GA)
- [Centro Sávilá](#) (Albuquerque, New Mexico)
- [Girls Write Now](#) (New York, NY)
- [Indiana Youth Group](#) (Indianapolis, IN)
- [Lead4Life Inc.](#) (Rockville, MD)
- [TransFamily Support Services](#) (San Diego, CA)
- [We Are Family](#) (North Charleston, SC)
- [Young Women Empowered](#) (Seattle, WA)
- [Zebra Coalition](#) (Orlando, FL)

This second year of funding is made possible through new donor commitments from [LINUS](#), [Pinterest](#), [Schultz Family Foundation](#), and other

donors.

Partner Spotlight

Our partner spotlight feature will return next month!

If you'd like to be featured in a future newsletter, please contact Sierra Fox-Woods (upswing@panoramaglobal.org).

Funding Opportunities

Nationwide:

- [William G. McGowan Charitable Fund](#). This funding opportunity seeks to support non-profit organizations in the Denver metro area and Eagle County (CO), the Kansas City metro area (KS), the Rochester metro area and Yates county (NY), or Lackawanna and Luzerne counties (PA). Grants will be awarded in 3 focus areas: education, human services, and healthcare and medical research. **Deadline for Letters of Inquiry: March 1st.**
- [Goldman Sachs One Million Black Women: Black Women Impact Grants](#). Funded by the Goldman Sachs Foundation, Black Women Impact (BWI) Grants will support community-drive charitable non-profit organizations created by and for Black women and girls. 50 Black women-led organizations with an average annual operating budget between \$250,000 - \$1 million will receive general operating funding ranging from \$50,000 - \$250,000 over two years. **Initial Applications Due: March 11th.**
- [Whole Kids Foundation's Garden Grant Program](#). This grant opportunity seeks to provide K-12 public schools, charter schools, or non-profit organizations with funds to support a new or existing educational garden. The garden project should serve to help kids connect with growing their gardens as a food source, an educational experience, and a social-emotional activity. **Deadline: March 11th.**
- [50 States, 50 Grants Initiative \[It Gets Better Project\]](#). Support for school-based projects that uplift, connect, & empower LGBTQ+ youth

in all 50 states. This initiative will provide up to \$10,000 to one project in each of the 50 U.S. states. See website for eligibility, application details, and sample projects. **Deadline Extended: March 15th.**

- [Destination Tomorrow's TRANScend Community Impact Fund](#). This funding opportunity provides grants to grassroots organizations led by transgender and gender nonconforming (TGNC) people that provide serve trans communities, particularly Black and Brown individuals. There are two grant types: Community Collaborations (\$50,000) and General Operating (\$30,000). Please [read here](#) for eligibility criteria and further project details. **Deadline: March 18th at 5:00 PM ET.**

Northeast:

- [William T. Grant Foundation's Youth Service Improvement Grants](#). This grant opportunity provide grants of \$25,000 to non-profit organizations serving young people ages 5-25 in the five boroughs of New York City. Priority consideration will be given to organizations that are led by people of color or LGBTQ+ individuals or have programs tailored to LGBTQ+ youth or youth of Mexican descent. **Deadline: March 10th at 3 PM ET.**

Midwest:

- [2022 1st Quarter Deihl Community Grants](#) [Greater Manhattan Community Foundation]. Grants to support projects likely to have major impact on community efforts in the arts, basic human needs and youth, located in or impacting a large segment of the population. The geographic focus areas for these grants are Manhattan and Riley County, KS. Proposal should require awards exceeding \$10,000. **Deadline: March 11th.**

West:

- [New Mexico Children's Foundation 2022-2023 Grant Cycle](#). This funding opportunity seeks to support small, community-based non-profits serving New Mexico's children & families' physical, emotional, educational, and social development. Organizations with annual budgets under \$400,000 can apply [here](#). **Deadline: March 12th.**

- **(Resource Guide)** [National Council for Mental Wellbeing's Black Mental Health Matters Resource Guide](#). In honor of Black History Month, National Council has compiled a comprehensive mental health resource guide that spans online social media and website resources.
- **(Interactive Tool)** [Hopeful Futures Campaign's National and State School Mental Health Policy Report Card](#). The Hopeful Futures Campaign has worked to measure every state's progress on policies to support school mental health services for every child in school and compile them into informative summary report cards. They also provide recommendations for how one can take advocacy action to change their state's policies.
- **(Resource Guide)** [On Our Sleeve's "Children's Mental Health & the Workforce."](#) This interactive page raises awareness of how the children's mental health crisis impacts working parents. It highlights resources not only for parents and families, but also for employers seeking ways to support workers whose families experience mental health challenges.
- **(Article)** ["What Research Tells Us About Effective Advocacy Might Surprise You."](#) This article from Jeff Niederdeppe and Liana Winnett of the Robert Wood Johnson Foundation details the importance of storytelling as a tool to increase policy support through the lens of early childcare and education examples.
- **(Interactive Tool)** [The Children's Center Mobile Club](#). The Children's Center offers a text service to help connect parents with upcoming events, resources, activities, and programs that could help their kids. Sign up [here](#).

Upcoming Events

Times listed in event host's time zone

- **(Virtual Event) State of Emergency: You Are Not A Burden. A Conversation About Suicide in the Black Community. February 28th, 6:00 - 7:30 PM (ET).** [Register here](#).

- Hosted by AAKOMA Project, this virtual conversation with Dr. Alfiee Breland-Noble and a team of advocates, survivors, experts, and friends will feature tools, resources, and solutions to help raise consciousness and empower people to change the system.
- **(Presentation) The Shaping of Our Children's Brains: Population Neuroscience in the Generation R and Adolescent Brain Cognitive Development Longitudinal Studies with Dr. Henning Temeier. March 2nd, 10:00 AM (ET). [Register here.](#)**
 - This March's Child Mental Health Forum hosted by Judge Baker Children's Center will focus on how environmental adversities shape brain development through the lens of two large prospective longitudinal studies.
- **(Documentary Discussion) "Ernie and Joe: Crisis Cops": A view inside a police mental health unit. March 8th, 7:00 PM (ET). [Register here.](#)**
 - Hosted by NAMI, this discussion on the HBO documentary "Ernie and Joe: Crisis Cops" from the filmmaker and individuals ft. in the film serves to kick off NAMI's "Help Not Handcuffs: A Day in the Life" series. Registrants will receive a code to view the full-length film that will be accessible for 7 days following the event.
- **(Virtual Workshop) Inside Look: An Overview of Silver Lining Mentoring and the Institute. March 10th, 12:00-12:45 PM (ET). [Register here.](#)**
 - This discussion with Silver Lining Mentoring will explore how they cultivate skills in mentors of foster youth in the greater Boston area, as well as methods for strengthening mentoring

Partners in the News

Inseparable's Hopeful Futures Campaign releases National and State School Mental Health Report Cards



Inseparable's Hopeful Future Campaign recently launched an interactive tool with school mental health "report cards" by state. These report cards provide a snapshot of information regarding the gap in youth access to school mental health services, availability of school mental health professionals, school-family-community partnerships, funding supports, mental health education, and more. The site also provides actionable recommendations for how individuals can advocate for better school mental health supports in their state.

Read more and find your state's school mental health report card here: hopefulfutures.us/

Youth Forward advocates to maintain California cannabis tax revenue for youth-serving programs



In 2016, California passed Proposition 64 which directed tax revenue generated from cannabis cultivation and sales in the state towards youth programs, child care support, substance use treatment, and larger social services serving youth and families in low-income areas. **In light of a recent legislative proposal to deliver tax relief to cannabis producers, [152 children's advocacy groups, including Youth Forward, prepared and signed a letter in opposition of the bill.](#)**

Youth Forward also hosted a virtual panel comprised of childcare and health advocates to speak on the importance of maintaining state cannabis tax revenue as a means of bolstering and funding youth-serving programs that have been on the front-lines of mental health and social services for youth and families in under-resourced areas, particularly during the strain of the COVID-19 pandemic. Learn more about Youth Forward's work [here](#).

The Jed Foundation and The Trevor Project among 20 organizations endorsing Youth Mental Health and Suicide Prevention Act

More than 20 Organizations Endorse Rosen's Bipartisan Student Mental Health Bill

- Clark County School District
- Washoe County School District
- Lyon County School District
- The Jed Foundation
- Education Development Center
- American Psychological Association
- American Foundation for Suicide Prevention
- International OCD Foundation
- Anxiety and Depression Assoc. of America (ADAA)
- National Association of State Mental Health Program Directors
- National Alliance to Advance Adolescent Health
- Suicide Awareness Voices of Education (SAVE)
- National Association for Behavioral Intervention and Threat Assessment (NABITA)
- The Children's Hospital Association
- Zero Suicide Institute
- American Association for Psychoanalysis in Clinical Social Work
- The National League for Nursing
- The National Association of Pediatric Nurse Practitioners
- Global Alliance for Behavioral Health and Social Justice
- American Federation of Teachers
- National Alliance on Mental Illness (NAMI)
- AFSCME

Last week, U.S. Senators Jacky Rosen (D-NV) and Lisa Murkowski (R-AK) introduced the Youth Mental Health and Suicide Prevention Act to address the national mental health crisis among K-12 students. The bill seeks to authorize the Substance Abuse and Mental Health Services Administration (SAMHSA) to provide direct funding to K-12 school districts specifically to support mental health and suicide prevention efforts on the ground. This week, more than 20 organizations across the fields of education and mental health officially endorsed the bill, including JED and The Trevor Project.

Read more about the bipartisan bill and its supporters [here](#).

If you would like to be considered to be featured in our monthly newsletter or have exciting news and/or accomplishments to share, please reach out to Sierra at upswing@panoramaglobal.org.

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