

## 2022 Impact Summary

Since our founding shortly after the start of the COVID-19 pandemic, [The Upswing Fund for Adolescent Mental Health](#) has provided grants and resources to 92 organizations that served two million adolescents in 2021 alone.

In 2022, The Upswing Fund continued its commitment to adolescents of color and LGBTQ+ youth with additional grants and activities to increase our partners' capacity to provide mental health services to youth in innovative ways.

In the wake of the COVID-19 pandemic that uncovered and exacerbated mental health challenges across the board, we feel an increased sense of urgency to support vulnerable youth. The most recent [CDC Youth Risk Behavior Survey](#) confirms a continuing mental health crisis that includes "ongoing and extreme distress" among teens who identify as LGBTQ+. Our grantee partners' dedication and expertise give us hope that with increased investment, community-based organizations can continue empowering youth to prioritize their mental health and make meaningful connections that enable them to thrive.

Together, we have an opportunity to continue to build on this progress to help more marginalized youth access the mental health services they need.

If you're interested in contributing to the momentum this year, please contact us at [upswing@panoramaglobal.org](mailto:upswing@panoramaglobal.org)

## 2022 Grantmaking

With support from The Upswing Fund, community-based organizations across the country sustained their work and increased the number of mental health programs and initiatives for youth in their communities.

In 2022, The Upswing Fund provided grants to ten partner organizations that collectively enabled **28,489** individuals ages 10-25 across the country to access mental health services, including **803** young people who would not have been able to access services without Upswing's support.

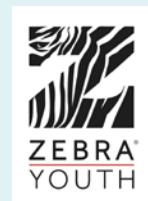
This includes **2,732** adolescents from rural backgrounds—a [group facing significant barriers](#) to care due to severe shortages of mental health professionals, negative stigma, and lack of awareness of existing resources.

Grant funding also contributed to **40** new staff hired across these grantee partners reflective of the populations they serve, including BIPOC, LGBTQ+, and those with lived mental health experience.



“ The Upswing Fund's financial support has been critical for allowing Young Women Empowered (Y-WE) to meet unmet mental health needs at a time when they are greater than ever before, and in establishing Y-WE as a safe, caring, responsive place to get critical mental health support. ”

– Young Women Empowered, Washington



“ The Upswing funding allowed us to grow our program, reaching many more youth than before. Prior to the funding, we had a waitlist for counseling that was often up to six months. We are currently providing services to the majority of youth who reach out, with an approximate one month wait. ”

– Zebra Youth, Florida

## Deepening Connections and Sharing Knowledge

The Upswing Fund also continued to help build connections across the field of adolescent mental health through efforts to gather and amplify our community's insights and recommendations for donors, policymakers, and other stakeholders; share resources for culturally responsive and affirming care; and host learning sessions with experts on a wide range of issues important to the mental health of BIPOC and LGBTQ+ youth.

15



**15 LEARNING SESSIONS** on topics ranging from advocacy and integrated care models to digital health tools and resources for navigating trauma. These [sessions](#) included interviews with Upswing Advisors and showcase sessions where grantee partners presented on culturally responsive resources and innovations with their peers.

25



**25 LGBTQ+ PARTNER ORGANIZATIONS** invited to convene at monthly affinity group meetings facilitated by The Upswing Fund. At a time where more than half (52%) of LGBTQ+ youth are experiencing poor mental health, these meetings provide community for organizations supporting this population to connect and share insights, trends, opportunities, and challenges. The Upswing Fund is working with leaders to identify where targeted capacity-building or training resources might help address pressing needs.

29



**29 RECOMMENDATIONS** from Upswing partners and advisors shared in the 2022 [Addressing the Adolescent Mental Health Emergency](#) report for funders, policymakers, and other mental health stakeholders seeking to address barriers to care for adolescents of color and LGBTQ+ youth.



Read the report:

**[Addressing the Adolescent Mental Health Emergency](#)**

1,489



**1,489 SUBSCRIBERS** to The Upswing Fund's bimonthly [newsletter](#) benefit from learning about resources to support culturally responsive and affirming care, funding opportunities, and profiles of programs and new initiatives.

## Mental Health Youth Action Forum

In May 2022, the MTV Entertainment Group, in coordination with the Biden-Harris Administration, hosted the first ever [Mental Health Youth Action Forum](#). The Upswing Fund joined 17 other leading mental health nonprofits to support a group of [30 youth mental health leaders](#) to drive culture from awareness to action on mental health through storytelling and media. Ahead of the event, Upswing staff mentored a group of incredible youth as they prepared to present ideas at a series of activities at the White House that featured First Lady Dr. Jill Biden, U.S. Surgeon General Dr. Vivek Murthy, and Selena Gomez.



“ As someone from my background, I could have never expected to be in The White House. I felt so fortunate to be able to serve my community and talk about the issues that matter to me around mental health. I am also especially grateful for the support of our partners and mentors, including The Upswing Fund, who worked tirelessly to ensure that we were on the right track. ”

– Justine Bautista  
Youth Mental Health Advocate and current intern at The Upswing Fund



## About The Upswing Fund

The Upswing Fund for Adolescent Mental Health is a collaborative fund seeded by [Pivotal Ventures](#), an investment and incubation company created by Melinda French Gates to advance social progress in the United States. Further support has been provided by [The Klarman Family Foundation](#) and other donors.

The Fund is advised by a renowned set of mental health experts with deep clinical and research expertise and early-career leaders, all with a passion to support youth and communities. The Fund is powered by [Panorama Global](#), a social impact nonprofit that empowers changemakers through radical collaboration.

To learn more about The Upswing Fund visit [TheUpswingFund.org](https://TheUpswingFund.org)  
For partnership opportunities reach out to [upswing@panoramaglobal.org](mailto:upswing@panoramaglobal.org)

## About Panorama Global

Panorama Global is a social impact nonprofit that empowers changemakers through radical collaboration. Our goal is to achieve maximum impact by partnering with visionary leaders to co-develop solutions to hard problems. We use our voice when it counts, and initiate projects when we see gaps that need to be filled.

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