

2021 Impact Summary

The Upswing Fund for Adolescent Mental Health is a collaborative fund that provides timely resources to organizations that focus on the mental health and well-being of adolescents who are of color and/or LGBTQ+ in the United States—populations that face urgent needs during the pandemic but too often lack access to the care they need.

In its first year, The Upswing Fund provided:

Surge Capacity Grants

General operating support to direct- service organizations providing mental health care and well-being services to adolescents who are of color and/or LGBTQ+.



Surge Capacity grants served:

364,367 youth of color **110,674** LGBTQ+ youth

Systems Enabler Grants

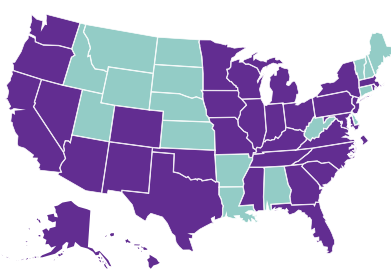
Project support for innovative approaches in adolescent mental health services that make more resilient systems to enable access to care.



Systems Enabler grants served:

1,317,118 unique adolescents

\$11.18 million in grant awards distributed to **92 organizations** across **33 states and Washington, D.C.**



1,870,957 adolescents received mental health and well-being care



127,000+ adolescents received mental health care that would have otherwise not received services



63 organizations hired staff reflective of the youth they served



509 new staff hired



From decreasing wait times to creating new programs and resources, Upswing partners have made incredible progress this past year. Read on for highlights from six partners.



Surge Capacity Grants

BUILD

HOPE · LIVES · FUTURES

Chicago, IL

Launched its Mobile Mental Health program bringing mental



health services, education, and referrals for basic needs to underserved communities across Chicago's West Side. With it, clinicians and case workers continue to serve some of Chicago's hardest-to-reach neighborhoods, while also flexibly responding to crisis situations and local needs.

INDIAN HEALTH CARE

RESOURCE CENTER OF TULSA

Tulsa, OK

Cleared a 60+ person waiting list of Native youth seeking behavioral and mental health services; nearly 1/3 of new youth served were LGBTQ2S+.



oasis

YOUTH. COMMUNITY. ACTION.

Nashville, TN

Provided ~2,800 hours of free clinical counseling services to 132 marginalized



Photo credit: Abby Whisenant

adolescents and their families. Of clients engaged in counseling through Oasis's shelter, 98% safely reunited with their parents and caregivers.



Systems Enabler Grants

AAKOMA

Arlington, VA

BIPOC Youth + Families: Community Leadership Over Teen Mental Illness Stigma

Focus: Stigma Reduction

Trained over 225 people in culturally competent suicide prevention for Black youth. Documented a 60% increase in BIPOC youth seeking virtual therapy, as well as a 150% increase in stigma reduction and treatment engagement outreach events for BIPOC youth and communities.



Photo credit: Clark Bailey Media

active minds



Washington, DC

Your Voice is Your Power: Empowering the Next Generation of BIPOC & LGBTQ Mental Health Advocates in School, State, & Federal Policy

Focus: Workforce Development

Launched the Mental Health Advocacy Academy and expanded its Your Voice Is Your Power program, engaging over 115 BIPOC and LGBTQ+ young adults to develop coalitions to advocate for school- and community-based mental health policy changes.



FAMILY ACCEPTANCE PROJECT

...building healthy futures for youth

San Francisco, CA

Building Healthy Futures for Youth

Focus: Stigma Reduction

Launched the first ever [online platform](#) for LGBTQ+ youth, their families, and caregivers, rich with culturally and linguistically inclusive resources.



Artwork by Sam Kirk

To learn more about The Upswing Fund visit TheUpswingFund.org.
For partnership opportunities reach out to upswing@panoramaglobal.org.