Cocception Line Family Holiday Travel ACTIVITY KIT



Greetings from





Keep an eye on the world around you and mark each item you see! When you finish a row (across, down, or diagonal), shout "BINGO!" First one to call BINGO wins!

Let's Play Car...



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Family

Draw and Color Items for a Winter Trip

JJ is imagining items to wear in winter. Use the dotted lines to trace them all. Don't forget to color!

Scarf

Free Draw

Mitten

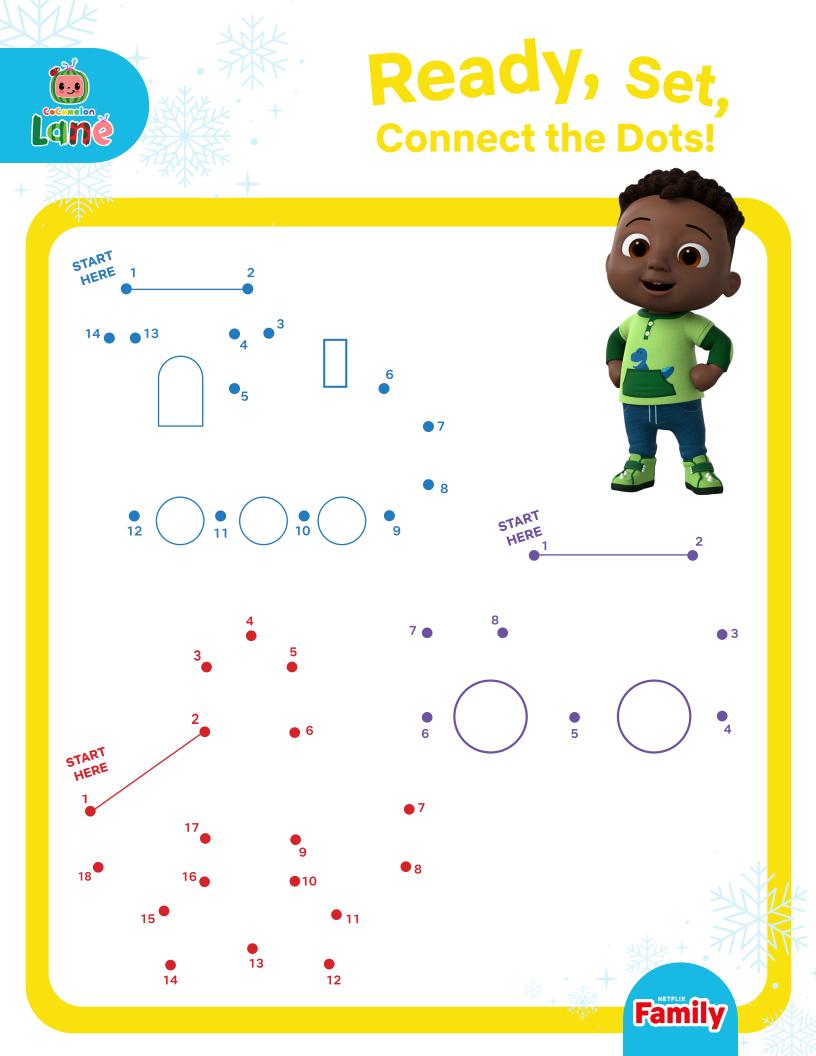
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Draw and color your dream winter hat!

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Brain Break

Every trip needs a rest stop. Let's brake for a brain break!



Ask an adult to help with this project.

Step 1

Imagine you are a balloon, filling up with air. Close your eyes and take a deep breath.

Step 2

Let the air out slowly.

Step 3

Repeat. Again, Imagine you are a balloon, filling up with air. Close your eyes and take a deep breath.

Step 4

And let the air out slowly.

Step 1

Close your eyes. Imagine a quiet place. Ready to go there?

Step 2

How should we get there? Imagine yourself flying a plane or driving a train or car. Or you could ride a bike or walk.

Step 3

Take a deep breath. In your mind, look around at your place. What would you **see**? What would you **smell**? What would you **hear**?

Step 4

Ready to return? Imagine yourself traveling back by plane, train, car, bike, or walking.

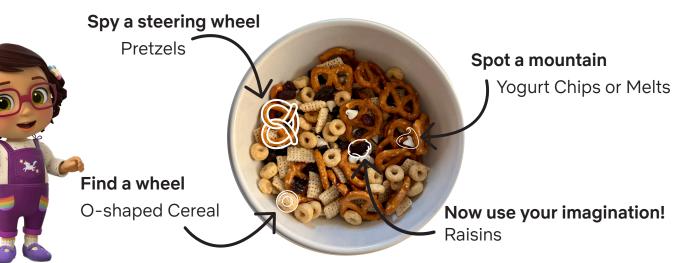
Exit 2

REST AREA

Step 5

Open your eyes. Welcome back!

JJ's Road Trip "Spot the Shapes" Trail Mix



Ask an adult to help with this project.

COCOA-melon Lane Snack Bar

INGREDIENTS

2 cups rolled oats (gluten-free ok)

1/4 cup room temperature honey (or maple syrup)

1/4 cup whole-wheat flour

1/2 cup room temperature sunflower seed butter (substitute peanut butter, if desired)

1 teaspoon vanilla extract

1/2 teaspoon cinnamon

1/8 teaspoon baking powder

⅓ teaspoon salt

1/4 cup applesauce

3 tablespoons cocoa nubs

INSTRUCTIONS

1. Preheat oven to 325 degrees

Make It, To Take It!

Healthy snacks that go the distance.

- 2. Line a baking sheet with parchment paper
- 3. Grind rolled oats in a blender or food processor to a coarse texture
- Combine rolled oats and all other ingredients in a mixing bowl until mixture is well-combined, sticky and turns into a dough-like texture
- 5. Spread evenly on baking sheet and smooth flat (1/4-1/2 inch thick)
- 6. Bake for 18-20 minutes
- 7. Cool completely, cut into squares
- 8. Pack for a trip take-along!

Travel Tip: These bars last a week at room temperature in an air tight container

k Even if the plan is to stay,



Ask an adult to help with this project.

A trip can be across the globe or in your own home or backyard. Check out these five activities and make your holiday staycation other-worldly!

Let's GO!





Visit a local bakery and try a sweet from another country.

Be a tourist in your own community. Explore your area in a new way. Visit a museum or local attraction as a family.



Check out a book from the library that takes place in a different country or tells of a different culture. Enjoy a family movie night and pick a movie that takes place somewhere far away.

Draw a picture in your passport after completing each activity!



A Travel Scavenger Hunt! Plant items in your house and/or yard that connect to travel spots and visit each place.

Where do you want to go next?!



A Trip with All the Feels

Traveling over the holidays can bring up a lot of feelings. Pick how you are feeling. Let's talk about it.

Ask an adult to help with this project.



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Episode Guide

Going on a holiday trip? Check out this CoComelon Lane Episode Guide and bring JJ and friends along on your travels!

How many episodes to download based on trip length?

Use this mini-guide to help you decide. Note: There are 9 episodes and they are each 21 minutes long.

- A short road trip (less than 3 hours) = 3-4 episodes
- A train ride (2-4 hours) = 4-5 episodes
- A cross country flight (4-5 hours) = 5-6 episodes

EPISODE 1

Named Emotions: Overwhelmed, Afraid of Messing Up, Scared

"JJ's Fire Truck Car Wash" JJ and his friends are visiting the fire station for the first time.

"Cody's Cake For Mommy" Cody is excited to help his Dad make a super special cake for his Mom's birthday.

"Nina's Wheels on the Bus"

Nina is riding the school bus for the first time!

EPISODE 2

Named Emotions: Frustrated, Disappointed, Worried

"JJ Plants a Seed"

JJ is going to his grandparents' farm and he's so excited to help them garden!

"Cece's First Haircut" Cece is getting her first haircut and doesn't know what to expect.



"Cody's Long Car Ride"

Cody is excited to take a trip to his grandparents' house, but he's never been on a car ride this long before!

"Cece's Purr-fect Pal" Cece is visiting Cody's house and she's so excited to play with his cat, Pickles.

EPISODE 3

Named Emotions: Impatient, Worried, Sad

"JJ's Bear Dance" JJ is so excited to visit the Wild Animal Rescue Park and see real bears!

"Nina Meets The Garbage Truck"

Today is garbage day, and Nina can't wait to "meet" the garbage truck!

"Bella's Pajama Party" Bella is sleeping over at Cece's house for the first time!

EPISODE 4

Named Emotions: Worried, Sad, Scared

"JJ's Gotta Go"

JJ is excited to spend time with his brother, TomTom... but JJ really has to go to the bathroom!

Ask an adult to help

with this project.

"Nina's Nature Walk" Nina and her friends are going on a nature walk, and Nina can't wait to hug and snuggle all the animals!

"Cody Goes To The Dentist" Cody is excited about going to the dentist for his teeth cleaning today, but feels nervous.

EPISODE 5

Named Emotions: Frustrated, Disappointed

"JJ's Family Chore Games" JJ can't wait to help around the house for his very first "Family Chore Games."

"Cody's Kiddie Coaster" Cody is so excited to spend time with his Dad at the CoCo Fair today.

"Nina's New Shoes" Nina is excited to get new shoes today.

EPISODE 6

Named Emotions: Confused, Scared, Jealous

"JJ's Ready For Spaghetti" It's JJ's first time going to Nico's house for dinner, and he's excited because they're having... spaghetti!

"Cece's Water Dance"

Cece is excited for her first swimming lesson; she can't wait to swim and dance like a mermaid!

"Not Nico's Birthday Present"

Today is Cece's birthday party, and Nico is so excited to give her a present!

Episode Guide

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EPISODE 7

Named Emotions: Worried, Upset, Disappointed

"Bella's Bug Adventure" Bella's older brother, Luke, is taking her on a bug adventure after school.

"Cece's Family Game Night" Cece's having a family game night at her house!

"Nico's Flower For Papa" Nico's Papa Max hurt his leg, so Nico and his Dad Evan plan to do something to cheer him up.

EPISODE 8

Named Emotions: Frustrated, Unsure, Embarrassed

"Nina's Three-Legged Race" Nina is excited for the Field Day Races today.

"Say Cheese Nico" Nico and his Dads are taking a family picture to go on the wall, but Nico doesn't know what to wear!

"Nina Shares A Treat" It's Nina's turn on the snack chart, and she is excited to bring in empanadas for the whole class tomorrow!

EPISODE 9

Named Emotions: Shy, Overwhelmed, Confused

"JJ Is Mommy's Helper Hero" JJ can't wait to be his Mom's helper hero at the Farmer's Market today!

"Nina's Treasure Hunt" Nina's family is having a barbecue today, so she and her Abuela are going to the Farmer's Market to get her Abuela's most treasured snack... a fruit rainbow!

"Nico's Magic Words Field Trip" Today, JJ and his friends are going on a "Magic Words" Field Trip to Cody's Dad's cafe!

And for older siblings, check out these titles available for download on Netflix this holiday season along with so much more!

Unicorn Academy (Nov. 2)

When a dark force threatens to destroy Unicorn Island, a brave teen and her five schoolmates must rise up to protect their beloved magical academy.

Leo (Nov. 21)

Adam Sandler is a lizard named Leo in this coming-ofage musical comedy about the last year of elementary school as seen through the eyes of a class pet.

Family Switch (Nov. 30)

A family descends into chaos days before Christmas when a rare cosmic event causes the parents to swap bodies with their teenage kids.

Chicken Run: Dawn of the Nugget (Dec.15)

Having pulled off an escape from Tweedy's farm, Ginger has found a peaceful island sanctuary for the whole flock. But back on the mainland the whole of chicken-kind faces a new threat, and Ginger and her team decide to break in.