

# PREFACE TO THE FOURTH EDITION

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Welcome to the Fourth Edition. This edition continues the tradition of publishing the book in paperback. Hopefully it keeps the costs down a bit. The Chapters are also revised to make them a bit more “user friendly,” and the book in general reflects some new scholarship on how people best learn complex subjects.

The book is up to date as of Summer 2025. Obviously, the political situation in Washington is somewhat fluid—to put it mildly—and regulatory changes might be coming that could affect this material. Or maybe not.

As with everything I do, this edition again benefited from the support of my spouse, Jennifer Hoyden. It also benefited from her knowledge about education and teaching. I value and appreciate every day with her.

Thank you also to the users of the first three editions—including both the faculty and the students—who pointed out its strengths and flaws. I look forward to hearing what can be improved in the fourth!

New York, New York  
Tuesday, June 10, 2025